

# ENGLISH + OUTDOOR ADVENTURE

## JUNIORS & SENIORS

WEEKS 1 & 2 - SEDBERGH CAMPUS  
WEEKS 3 TO 5 - CASTERTON CAMPUS

Our stunning location between the Lake District National Park and the Yorkshire Dales allows us to take full advantage of the wealth of outdoor pursuits on offer. Our team of expert instructors offer a number of exciting activities that can include, but are not limited to\*:

- Abseiling
- Bushcraft
- Caving
- Fell Walking
- Ghyll Scrambling
- Kayaking/Canoeing
- Orienteering
- Rafting
- Rock Climbing



*\*Please be aware that pupil safety is paramount. We reserve the right to make changes to our programme due to any unforeseen circumstances. Where inclement weather precludes us from taking part in a planned activity, an alternative will always be available.*

*Please note, places are limited and available on a first come first served basis.*



