

Summer Boarding Courses Sports Academies

Campus Canford Hours 3 hours x 2 days per week

Age 11-16 Days Wednesday & Thursday

Dates 29th June - 3rd August Level Beginner +

Our specialist Sports Academies give students the opportunity to explore a wide range of sports and outdoor activities at our impressive Canford centre with it's extensive sports facilities. It provides students with the chance to develop their skills, confidence, and teamwork while enjoying a truly international summer experience at our impressive Canford campus with extensive sports facilities.

Each academy combines expert coaching with personal growth, ensuring every participant leaves inspired, motivated, and ready to take their game to the next level.

Find Out More



Scan Me

Land & Wave Academy



Group Size Small groups

Fee £250

Objectives

- Develop practical outdoor and water skills, including paddleboarding, coasteering, and bushcraft
- Build confidence and resilience through new challenges.
- Improve physical fitness, balance, and coordination.
- Work effectively in teams and communicate clearly.
- Understand safety and respect for the environment.
- Foster independence and problem-solving in hands-on situations.

Tennis Academy



Group Size 10 Students

Fee £295

Objectives

- Refine tennis techniques including strokes, serve, and volleys.
- Build confidence and mental resilience during practice and matches.
- Improve agility, strength, and endurance.
- Collaborate and communicate effectively in doubles and group sessions.
- Understand sportsmanship, effort, and respect for opponents.
- Foster independence and strategic thinking in match play.

Football Academy

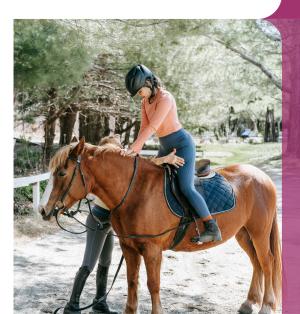


Group Size 10 Students Fee £195

Objectives

- Develop core football skills, including passing, shooting, and dribblina.
- Build confidence and resilience through match challenges.
- · Improve physical fitness, speed, and coordination.
- Work effectively in teams and communicate on and off the pitch.
- · Understand fair play, discipline, and respect for others.
- Foster independence and decision-making in game situations.

Horseriding Academy



Group Size Small groups

Objectives

 Develop riding skills, balance, and control at different gaits.

Fee £395

- Build confidence and responsibility when handling horses.
- Improve coordination, core strength, and posture.
- Work effectively in teams during lessons and stable duties.
- Understand horse care, safety, and environmental responsibility.
- Foster independence and problem-solving in hands-on riding activities.