

SAILING/WINDSURFING

RESIDENCE ACCOMMODATION



General Information

Our summer camp enables our junior students to improve their skills in French quickly while having fun thanks to our partnership with La Rochelle Nautique.

Every afternoon students experience the rush of La Rochelle's most famous sports - sailing and windsurfing.

Students go out in groups to practice manoeuvres, exercises, and even a bit of racing on board the club's catamarans.

Students are put into pairs for the sessions, and take it in turn to be in charge of different parts of the boat while sailing.

Those doing windsurfing go in smaller groups to make sure each student gets the help and guidance they need.

Excursions

inlingua organises a full-day excursion every Saturday for the Junior group, this excursion is part of your course. The details of the trip will be on display at the school every week - make sure you check the meeting times on the timetable so you are not late - if the group is taking a train or a bus, they will not be able to wait for you.

Timetable

On the first morning, students are asked to come to the school at 8:30. This is so we may organise a quick interview with new students to check that each person is placed into the correct group.

Students following the 15-hour Junior French Course will have classes every morning from 9:00 to 12:15, except on Mondays when lessons are from 10:00 to 1:15.

Lunch is from 12:15 to 1:45, then it is time to head to the sailing club for the afternoon sessions.

The sailing and windsurfing lessons are from 2 until 6 every afternoon.

After activities you will all go back to the residence together to have a shower and prepare for dinner. Dinner is normally had at one of the restaurants around Les Minimes, but is occasionally replaced by a meal at the school with the other students.

Course Curriculum

Once you have done this test, you can check your learning programme based on your results. [Click here to see your learning syllabus online.](#)

Sample Timetable

	LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE	
MATIN	8:30 Présentation de l'école et test avec un professeur					EXCURSION	Jour de repos	
	9:00 - 10:30 Cours de français		9:00 - 10:30 Cours de français		9:00 - 10:30 Cours de français			
	10:00 - 11:30 Cours de français							
	Pause (15 minutes)							
	11:45 - 13:15 Cours de français		10:45 - 12:15 Cours de français		10:45 - 12:15 Cours de français		à l'île de Ré N'oublies pas d'apporter : -Crème solaire - Serviette	Profites pour découvrir La Rochelle et ses alentours en famille
MIDI	Pause Déjeuner							
APRÈS-MIDI	14:00 - 18:00 Sailing / Windsurfing		14:00 - 18:00 Sailing / Windsurfing		14:00 - 18:00 Sailing / Windsurfing			
SOIR	Dîner en ville	Soirée Jeux & Barbecue à l'école	Repas aux Minimes	Soirée sur la plage	Soirée fajitas à la résidence			

Curfews

Students staying at the residence are not authorised to go out unsupervised in the evening. If the students wish to go into town, an outing with the group leader will be organised. Students will be allowed to walk around on their own, but must check in with the group leader regularly at a given meeting point.

Online Level Test

The Online Placement Test must be completed at least 15 days before your arrival in order for us to be able to organise the course effectively.

The test takes about 20 minutes and we will receive the results immediately afterwards.



Click here to do the Online Level Placement Test now !

Check List

Dont forget to bring :

Swimming trunks/costume & a towel

Suncream/sunglasses

Closed shoes that can get wet/dirty
You cannot sail barefoot or in flip-flops

CHANGING COURSES

We cannot guarantee spaces on the windsurfing/sailing course after the student has started at the school. If a students wishes to change courses, we will call the club to find out if there is still space.

