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JUNIOR COURSES

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SCHOOL GROUPS



Olivier Ihonéz

IMMERSION IN FRANCE

What better way to motivate and inspire your students throughout the year!

inlingua La Rochelle offers a school programme specially adapted for groups. We regularly receive groups from all over the world such as Austria, Australia, Spain, Italy, Tunisia, Ukraine, and even as far as Vietnam.



Scan this code to see our School Groups Brochure online

Classes

Classes in small groups are focused around oral communication and enable students to progress faster. Lessons are generally in the mornings but may be organised in the afternoons to reduce the cost.

Activities

Activities are either organised by the accompanying adult from the group, or under the supervision of the team at **inlingua**.

Accommodation

Accommodation can either be organised in host families, at the youth hostel right next to the school, or in a 2/3 star hotel.

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Get in touch with us to ask for our special School Groups brochure or download it from our website.

JUNIOR FRENCH COURSE

Join us for our Junior morning French class, where students embark on an enriching journey into the world of the French language and culture. Through the **inlingua** method, they'll have the opportunity to explore all aspects of this rich heritage, making the most of their immersive experience



📅 16/06 - 22/08

✓ From 8 years-old

✓ 1 week minimum

✓ 15 hours per week

✓ Max. 10 per group

⚠️ Dates for beginners:

07/07 | 21/07 | 04/08



Scan here to see a sample programme online



Classes

Our aim is for our students to learn French in a natural way and work on speaking and writing skills through lively and interactive activities.

We emphasize the importance of speaking in real-life situations and working on conversational fluidity.

Parents also participating in our courses have frequently told us their child had got a real taste for the French language after their stay with **inlingua**.

Groups

Through our online level placement test and an oral test with a teacher on the first morning, our teachers will make sure that the students participate in classes appropriate for their level to ensure optimal progress with their French.

Beginners

Our Junior Courses are designed for students who have already studied French at school. It is possible for beginners to sign up, but this must be done on one of our specific dates for beginners.

Class projects

Each week the students work on a class project allowing them to use all they have learned in a real-life situation, for example: setting up a travel blog to talk about their time in La Rochelle, activities that can be done here, giving advice to future travellers.

Students often create their own short films, or write stories in the classic French "bande dessinée" style.

Programme

Monday: 10:00 to 1:15

Tuesday to friday: from 9:00 to 12:15

PRICE PER WEEK AND PER PERSON

PROGRAMME	1 WEEK	2 WEEKS	4-8 WEEKS
Junior French Course 15h	332 €	314 €	298 €

ENROLMENT FEE: 80 €

FULL-DAY COURSES



- ✓ From 13 years-old
- ✓ 3 Programmes Available
- ✓ 1 week minimum
- ✓ 15 hours per week
- ✓ Max. 10 per group
- ✓ Optional Meals (70€/week)

Lunch : Monday to Friday

Dinner : Tuesdays & Thursdays

COURSE DATES

- ✓ **Dates for Multiactivity**
16/06 - 22/08
- ✓ **Dates for Sailing/Windsurfing**
30/06 - 22/08
- ✓ **Dates for Sea, Surf, & Wind**
07/07 - 08/08
- ⚠ **Dates for beginners:**
07/07 | 21/07 | 04/08

Course Details

Classes

Monday

10:00 to 1:15

Tuesday to Friday

9:00 to 12:15

Afternoon Activities

Monday - Friday

2PM to 6PM

Transport to and from the activity is included in the course

Evening activities

Tuesdays & Thursdays

Transport from and to accommodation is not included for evening activities

Saturday Excursions

A day trip to a local town or island is included in the price.

Multiactivity

We offer a wide range of exciting and enjoyable activities to our students

For more information see p.22

Sailing & Windsurfing

The sailing club is less than a 1km from **inlingua**. Each week, students can choose between sailing and windsurfing (*this choice has to be made at the time of booking*).

All the equipment is provided on site, and the activity is supervised by professional sailors.

For more information see p.23

Sea, Surf, & Wind

Our Sea, Surf, & Wind course offers students the opportunity to discover the thrilling sensations of watersports in La Rochelle and the surrounding area.

For more information see p.24-25

PRICE PER WEEK AND PER PERSON (WITHOUT ACCOMMODATION)

PROGRAMME	1 WEEK	2-3 WEEKS	4-8 WEEKS
French + Multiactivity	646 €	610 €	580 €
French + Sailing or Windsurfing	710 €	680 €	660 €
French + Sea, Surf, & Wind	989 €	960 €	940 €
Additional 5 hours One-to-One	378 €	378 €	378 €
ENROLMENT FEE: 80 € ADDITIONAL COST FOR MEALS : 70 € /WEEK			

JUNIOR COURSES

CAMP – MULTIACTIVITY

Experience an unforgettable summer with our Multiactivity program! Dive into the world of French language and culture during morning classes, and in the afternoons, explore a diverse range of enjoyable activities, making the most of your summer holiday.



 **15/06 - 23/08**

- ✓ From 13 years-old
- ✓ 1 week minimum
- ✓ 15 hours per week
- ✓ Max. 10 per group
- ✓ Homestay included
- ✓ Possibility of booking different programmes each week

 **Dates for beginners:**

07/07 | 27/07 | 04/08



Scan here to see a sample programme online

Course Details

Classes

Monday
10:00 to 1:15
Tuesday to Friday
9:00 to 12:15

(Lunch is supervised by a staff member)

Afternoon Activities

Monday - Friday
1:30PM to 5:30PM

Transport to and from the activity is included in the course

Evening activities

Tuesdays & Thursdays (transport home included with the school minibuses)

Saturday Excursions

A full-day excursion to nearby towns and islands.

Full-board accommodation

Homestay accommodation with all meals is included in the cost of the camp.

For more information see p.27

Transport

All students on our Junior Summer Camps receive a bus card or a bicycle for their time in La Rochelle (subject to availability).

Optional Extras

One-to-One Classes

Students on the Multiactivity course can choose to add 5 hours of One-to-One classes each week.

These classes take place during the first activity of the afternoon and students then join the rest of the group either for the end of the activity, or for the following one.

Airport Transfers

We can organise for pick ups and drop offs in Bordeaux and Nantes airports with a member of staff.

For more information see p.33

Residence Accommodation

During July & August, students can choose to stay at the residence next to the school

For more information see p.27

PRICE PER WEEK AND PER PERSON

(FULL-BOARD HOMESTAY ACCOMMODATION AND ACTIVITIES INCLUDED)

PROGRAMME	1 WEEK	2-3 WEEKS	4-8 WEEKS
French + Multiactivity	988 €	960 €	940 €
5 additional hours of One-to-One	365 €	365 €	365 €
ENROLMENT FEE: 80 € / ADDITIONAL FEE FOR STUDENT RESIDENCE OR SPECIAL DIET (PAGE 27)			

SAILING / WINDSURFING



📅 29/06 - 23/08

The sailing club La Rochelle Nautique is located less than 1km from **inlingua** and 200 meters from our student residence. Watersports take place from Monday to Friday between 1:30pm and 4:30pm.

This course is a great opportunity for our students to meet young French people who are members of the club or other teenagers on holiday.

Around 75 students come to sail every week, 95% of whom are French, so it's a great opportunity to meet people and practice the language.



Scan here to see a sample programme online

Sailing Course

The sailing course takes place in catamarans where students are 2 per boat. When possible, each student is teamed up with a French teenager for them to get the best out of their immersive experience.

Students have lunch at the school with everyone else before leaving to go to the club around 1:15pm. The sailing classes then start at 1:30pm.

Students prepare the boats and go sailing with their instructor for 3 hours every afternoon.

It is possible to choose different programmes on different weeks upon booking. However, programmes may not be changed during the course.

Windsurfing Course

Discover the joys of zipping across the water with our windsurfing course offering 3 hours of classes every afternoon (Mon-Fri).

There are different groups according to the participants' levels so don't worry if you're a complete beginner!

The windsurfing classes are quite physically demanding so think about maybe combining this programme with a week of sailing or multiactivity.

It is not possible to change to a different course mid-week and we cannot guarantee a place in a different programme to those confirmed at the time of inscription. This depends on availability at the sailing club.



Students can choose to do different courses on different weeks
(e.g. 1 week Multiactivity, 1 week Sailing, and 1 week Windsurfing)

This must be organised at the time of booking.

PRICE PER WEEK AND PER PERSON (FULL-BOARD HOMESTAY ACCOMMODATION AND ACTIVITIES INCLUDED)

PROGRAMME	1 WEEK	2-3 WEEKS	4-8 WEEKS
French + Sailing	1 080 €	1 050 €	1 010 €
French + Windsurfing	1 080 €	1 050 €	1 010 €
ENROLMENT FEE: 80 € / ADDITIONAL FEE FOR STUDENT RESIDENCE OR SPECIAL DIET (PAGE 27)			

SEA, SURF, & WIND

Come and discover our premium programme - Sea, Surf, & Wind. A course which will enable the more adventurous of our students to discover some of the best watersports available in the area around La Rochelle from Surfing, sand yachting, & wakeboarding, to skating, sailing and much, more!



 **06/06 - 09/08**

- ✓ From 13 years-old
- ✓ 1 week minimum
- ✓ 15 hours per week
- ✓ Max. 10 per group
- ✓ Homestay included
- ✓ Possibility of booking different programmes each week

 **Dates for beginners:**

07/07 | 27/07 | 04/08



Scan here to see a sample programme online



Course Details

Classes

Monday
10:00 to 1:15
Tuesday to Friday
9:00 to 12:15

(Lunch is supervised by a staff member)

Afternoon Activities

Monday - Friday
2PM to 6PM

Transport to and from the activity is included in the course

Evening activities

Tuesdays & Thursdays (transport home included with the school minibuses)

Saturday Excursions

A full-day excursion to nearby towns and islands is included in the price.

Full-board accommodation

Homestay accommodation with all meals is included in the cost of the camp.

For more information see p.27

Activities

Thanks to partnerships with local sports structures, our students can take part in a wide range of new activities such as:

Surfing Lessons

With a surf instructor offering classes wherever the waves are that day. The instructor picks up the students and drives them to the best spot of the day to guarantee good learning conditions.

On days where conditions do not allow for surfing classes (rough seas, etc.), the activity is replaced another sports activity (e.g. skateboarding etc.).

Sand Yachting

Our partnership with a local club in La Faute sur Mer allows students to immerse themselves in this unique activity for extended 3-hour trips along the picturesque beach.

As students glide across the sands in 3-wheeled boats, they're treated to not only an adrenaline-packed adventure but also a chance to appreciate the beauty of the coastal scenery.

PRICE PER WEEK AND PER PERSON

(FULL-BOARD HOMESTAY ACCOMMODATION AND ACTIVITIES INCLUDED)

PROGRAMME	1 WEEK	2-3 WEEKS	4-8 WEEKS
Sea, Surf, & Wind	1 320 €	1 250 €	1 250 €

ENROLMENT FEE: 80 € / ADDITIONAL FEE FOR STUDENT RESIDENCE OR SPECIAL DIET (PAGE 27)



Wakeboard / Waterskiing

We take our students to Aiguillon sur Mer for waterski, kneeboard, and wakeboard sessions guided by their instructors. After a few sessions there are even ramps available for the more adventurous students!

Students also have access to two obstacle courses to tackle on the water, but be careful not to fall off!

Sailing

With the **inlingua** group leaders, our students go to our partner clubs offering sailing classes. Teamed up in twos on boats, they discover the joys of cruising around the bay of La Rochelle while learning the basics of sailing.

Sailing classes can depend on the tides and will take place when the conditions allow for this.

Stand-up Paddle

Our students go off on adventures with paddleboards. They start by going down a peaceful canal in La Rochelle before taking to the sea once they have mastered the basics.

We organise courses for the students to go through and team races. Sometimes we rent a XXL paddleboard allowing for fun team-building exercises with all the students on the same board.

Sample programme *(the programme changes each week depending on the weather and tides)*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	French Classes					Excursion to the 'île de Ré
Afternoon	Surfing Classes	Underwater Photography & Drone Flying Course	Tree-top Zipwires	Sand Yachting	Moutnain Kiteboarding	
Evening	At home or at the residence	Barbecue at the school	At home or at the residence	Party on the beach with Group Leaders	At home or at the residence	

Waterski, Wakeboard, Kneeboard, Skateboarding, Zipwires, Sand Yachting, Surfing, Climbing, Slackline, Trampoline, And much more!

JUNIOR CRUISE



With our partners at La Rochelle Nautique, **inlingua** offers you a "live-in" activity on board one of their yachts. With a professional French skipper, set off for an unforgettable adventure on the sea with sailing swimming, cooking on board, fishing and more! Learn the joys of sailing in a holiday atmosphere. Life at sea is a dream come true!

✓ 14/07 - 18/07

✓ 28/07 - 01/08

✓ 11/08 - 15/08

✓ From 14 years-old

✓ 1 week minimum of French classes before the cruise

✓ 5 days of sailing

✓ Accommodation on board

⚠ Minimum A1 level

Course Details

Departure

Monday 9AM

Arrival

Friday 5PM

Accommodation

On Board

Students receive full-board accommodation on the boat. Meals are either had on board or at a restaurant in a port where they are staying for the night.

Weekend before and after the cruise

Full board accommodation is included the weekend before the cruise and the Friday evening when the boat gets back to La Rochelle. Departures are on the Saturday.

Those staying at the residence may be moved to stay with a host family the night before and the night after the cruise depending on availability at the residence during that week.

Living on the boat

A 30-foot yacht, (9.5m) which brings together comfort and speed.

5 students and a skipper share the living quarters:

- 2/3 private cabins
- Kitchen
- Living area
- Bathroom
- Toilet

Different types of navigation will be addressed:

- Cruising
- Port manoeuvres
- Trimming the sails
- Plotting a course on a chart
- Racing strategies.

The navigation zone includes:

- The bay of La Rochelle
- Ile de Ré
- Ile d'Aix
- Ile d'Oléron
- Trips right up to Brittany or even down to the Gironde.

PRICE PER WEEK AND PER PERSON

PROGRAMME	1 WEEK
Junior Cruise	920 €
ENROLMENT FEE: 80 €	

ACCOMMODATION JUNIOR CAMPS



HOMESTAY

25/06 - 23/08

✓ Included in Camp prices

Discover the French way of life through an authentic experience of French living. Our host families are individually selected for their friendliness and security. We regularly meet with them in order to create a true relationship based on trust.

Our hosts live on average 30 minutes from the school either by bike or by bus (max. 45'). Students can choose between a bicycle or a bus card for their time in La Rochelle (depending on availability of bicycles).

The cost of homestay accommodation is included in the package price of Junior Camps. A pick up and drop of service is also included for arrivals in La Rochelle - either the host or someone from the school will take care of this.

Meals

- Breakfast : Provided at home by hosts
- Lunch : Provided at the school
- Dinner : Provided at home except on evenings where activities are organised with the school

Going Out

Students staying with a host family have curfews for going out in the evening. If these curfews are not respected, the school reserves the right to revoke their going out privileges.

STUDENT RESIDENCE

29/06 - 23/08

✓ From 14 years-old

Additional cost for residence accommodation

We also offer accommodation in a residence only a short walk from the school (600m). All the junior rooms are grouped together on the same floor where our group leaders live on site taking care of activities, meals, and the safety of the group.

- Each room has two beds, toilets and a shower.
- Common area downstairs with drinks and snacks
- Large swimming pool with a terrace outside
- Rooftop terrace with a 360° view of the port and the ocean

A laundry service is included with a partner near the residence, and bedding is changed regularly.

Meals

- Breakfast : Provided at the residence
- Lunch : Provided at the school
- Dinner : In one of our several partner restaurants or at the residence

Going Out

Students staying at the residence do not have permission to go out unsupervised, as they are under the school's responsibility at all times

PRICE PER WEEK AND PER PERSON

SERVICE	1 WEEK
Additional fee - Junior Summer Residence	360 €
Additional fee - Special Diet (<i>vegetarian or vegan</i>)	50 €
Extra night - Homestay	38 €
Extra night - Résidence	90 €

* Students following a gluten free diet may not choose the Residence option - this is only compatible with homestay