



# Packing List

## Summer Camps



### 1. Important

- o Health insurance card or health insurance contract (copy sufficient)
- o ID or Passport
- o Own medicines

### 2. Language Classes

- o Stationery
- o Notebook
- o Dictionary
- o If you want, you can bring your own material, notes, books etc.



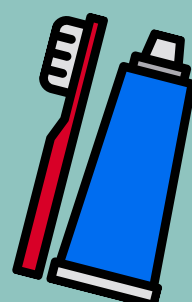
### 3. Clothes and shoes

- o Comfortable clothes
- o Slippers
- o Underwear
- o Shorts and T-shirts
- o Sweater
- o Warm jacket, socks and shoes (evenings can still get chilly in summer!)
- o Raincoat
- o Plastic bags for dirty laundry



### 4. Hygiene

- o Shampoo
- o Toothbrush & toothpaste
- o Body wash
- o Towel



### 5. Sport and leisure

- o Bathing suit
- o Sunscreen
- o One water bottle
- o Sportswear and shoes
- o Waterproof trekking
- o Small backpack for hiking



### 6. Other items

- o Pocket money (about 50 francs per week for drinks, snacks, souvenirs etc.)