



Packing List

Winter Camps



1. Important

- o Health insurance card or health insurance contract (copy sufficient)
- o ID or Passport
- o Own medicines

3. Language Classes

- o Stationery
- o Notebook
- o Dictionary
- o If you want, you can bring your own material, notes, books etc.



5. Hygiene

- o Shampoo
- o Toothbrush & toothpaste
- o Body wash
- o Towel
- o Masks



2. Clothes and shoes

- o Comfortable clothes for indoors
- o Slippers
- o Underwear
- o Socks
- o Warm clothes for going out
- o Cap, gloves, scarf
- o Sweater and coat
- o Plastic bags for dirty laundry
- o Snow shoes



4. Ski equipment

- o Ski socks
- o Ski suit (pants and jacket)
- o Ski underwear
- o Waterproof gloves
- o Goggles
- o Optional: carapace



If not rented:

- o Ski / snowboard
- o Ski / snowboard boots
- o Ski poles
- o Ski helmet



6. Sport and leisure

- o Swimwear, bikini, bathing suit
- o Facial sunscreen
- o One water bottle
- o Lip pomade



7. Other items

- o Pocket money (about 50 francs per week for drinks, snacks, souvenirs etc.)