



Welcome to Exsportise Summer Schools

Family run business since 1988

At Exsportise, we believe in the power of combining language learning with world-class coaching and inspiring experiences. Our unique summer school environment helps students aged 9-17 grow in confidence, improve their English and pursue their passions - all in one place.

ACTIVE ENGLISH LANGUAGE: ONE PROGRAMME, TWO PATHWAYS

Our English Language programme, Exsportise Active English, offers one course with two clear pathways to suit each learner:

- Foundation Level for students building their fluency and confidence
- **Step-Up Level** for students ready to apply English to both academic and real-world settings

Taught through authentic task-based lessons, both pathways focus on real communication and the 21st-century skills students need for future success.

MUSIC

Students also take part in their Music led by professional coaches and expert tutors. These sessions support technical development and provide a unique and inspiring context in which to learn and apply English.

EXSPORTISE LEARNING PHILOSOPHY: REAL-WORLD ENGLISH. REAL-WORLD SPORT. PERSONALISED FOR EVERY LEARNER.

Active Pro-Life MUSIC + SKILLS

Our programmes

Classroom-based English Language

ENGLISH LANGUAGE + MUSIC

For students who want to study English in class and train in Music.

What is included:

- 15 hours of classroom-based English lessons per week
- 15 hours of training in one Sport per week

Ideal for:

Students who want structured English lessons to improve fluency and to step-up to real world, everyday English through collaboration, presentation, communication and critical thinking projects, as well as improving their chosen sport.

No Classroom English

MUSIC

+ ONE OTHER SPORT

For students who just want to concentrate on Music.

What is included:

- 30 hours per week in one sport
- Some classroom-style workshops to elevate both performance and personal development

Ideal for:

Students with a strong passion and focus on a single sport and have a good level of English.





4.5 out of 5 rating for student satisfaction













Exsportise offers fully residential courses at four venues in the UK.

All offer comfortable accommodation, on-site sports and language facilities, extensive recreational space and healthy and nutritious meals.



Seaford College offers inspiring summer programmes in the heart of the Sussex countryside with high-quality facilities.

English Plus: Arsenal Football, Dance, Golf, Hockey, Music, Tennis



















5

Learn English



One Programme, Two Pathways. Dynamic, active English designed for every learner – from building fluency to stepping up to real-world communication.

Rather than separating students into completely different courses, we offer one programme with two pathways:

One programme - two pathways

English Foundation Pathway

For Level: A1-C1

For students who are still developing core fluency and confidence. They focus on building functional English, practical grammar and everyday communication, supported by project work and real-life language use.

Focus Areas:

- Fluency for everyday and social contexts
- Functional language for teamwork
- Grammar and vocabulary in action
- Group projects with clear language support
- Teacher-led lessons

YOUR LANGUAGE ADVENTURE AWAITS!

Step-Up English Pathway

For Level: B2-C2

Suitable for mature students who already use English confidently and want to develop the skills needed for real-world academic, professional and leadership settings.

Focus Areas:

Real English for seminars, presentations and debates.

- Advanced language drawn from current global issues and careers
- Critical thinking and confident, persuasive communication
- Projects inspired by real industries (e.g. media, business, law, technology)
- Student-led discussions and tasks shaped by class interests

Lessons use only authentic, up-todate materials - no textbooks, no simplification - to reflect how English is used in life beyond the classroom.



Explore the world with the Exsportise Active English Language Programme



1:14

MAXIMUM CLASS SIZE

Determining Students' Level

HOW IT WORKS IN PRACTICE

All students join the Exsportise English Programme.

- On arrival, students are placed into the appropriate Pathway based on their level, maturity and speaking confidence.
- Both Pathways follow the same active, project-based approach - just at different levels of complexity and challenge.
- If ready, students can move up during their stay.
- At the end of the course, all students take part in a final project showcase and receive a personal learning portfolio.
- Exsportise teachers monitor student progress throughout the course. Upon completion of the programme, students receive an end-of-course certificate and an academic report.

WHY THIS WORKS SO WELL

- Unified programme with internal pathways.
- Keeps the course inclusive and flexible, especially for international groups with mixed abilities.
- Allows for clear progression within a single branded programme.
- Creates a shared experience with appropriate challenge for all learners.
- Students can move between pathways.



ENGLISH BEYOND THE CLASSROOM

At Exsportise, English becomes an integral part of students' daily life. Practising English during Sports activities and other recreational activities gives students the perfect opportunity to fully immerse themselves in the language.



My son is having the best time.
And he's shocked that he's loving the
English classes there. He says they're

PARENT OF 15 YEAR OLD STUDENT FROM KUWAIT

so much fun and interactive."



THE LANGUAGE CUP WINNERS







Exsportise Music aims to give all its players of all levels, from beginner to advanced, the opportunity to train in a totally professional and detailed programme.

> At Exsportise, we offer highquality coaching designed to support every student's development — whether they are already experienced or just starting out.

> All sessions are led by professional head coaches and qualified instructors, ensuring expert guidance, personal attention and a fun, challenging experience for everyone.



Available at:



MUSIC

Students choosing Music must have at least one year of regular participation in their chosen activity.

This ensures students are placed in a suitable training environment and can get the most out of the experience.

On arrival, all students complete a skills assessment to determine their current level and ensure the group is matched, so they are challenged and supported at the right level.

The programme has been carefully developed using first-hand experience and detailed knowledge gained from extensive consultation and work with some of Europe's top academy and current tour coaches.





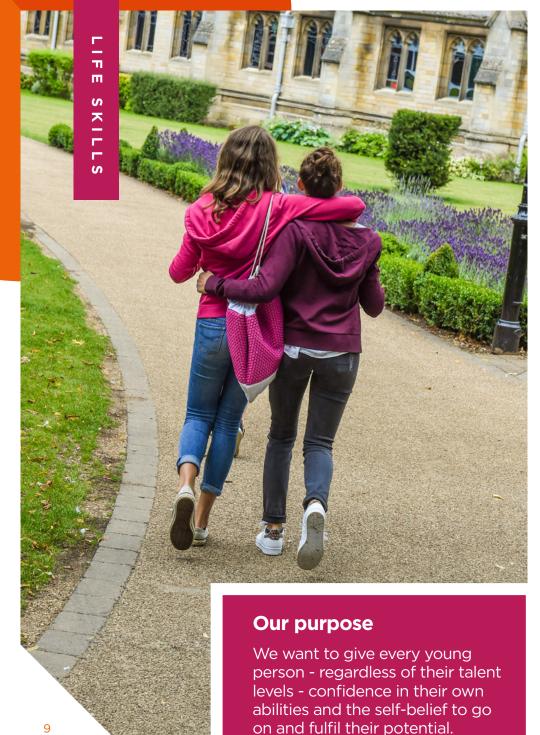




As someone with a lifelong love of sport and a powerful belief in education, I am passionate about combining them to help young people: to connect with others; to increase their self-awareness; to build confidence in their own abilities; and to grow their self-belief so they can go on and become the best version of themselves.







Life on Campus

Team Orange is what makes Exsportise camps so special for students and staff together.

All our staff - teachers, coaches, house parents, welfare, course assistants and head office - are very carefully chosen for their authenticity, resilience, teamwork and overall sense of care and responsibility.

Being on Team Orange is why so many of our staff come back again and again to work with us and provide an amazing experience for our students. Team Orange is unique to Exsportise. It's how, and why, the magic happens on our summer camps.



Being on **TEAM ORANGE** means we:

- are givers not takers
- allow people to make mistakes, without fear, and learn from them
- are team players
- are kind, caring and respectful
- encourage and explore
- challenge and coach, constructively
- lead by example
- go "the extra mile"







Our Electronic Device Policy: At Exsportise, we use the term "phubbing" to describe the action of ignoring the people around you and instead paying more attention to your phone. We actively encourage students to Connect for Real when socialising with their peers and friends, without needing their phones.

At Exsportise, student welfare is our number one priority!

24/7 Medical and Welfare Support: With the industry leading Staff to Student ratio (1:4), we treat students as individuals and personalise our care. Each camp has onsite Medical Officers, House Parents and a designated Welfare Manager with a wealth of experience providing constant supervision and support.

Accommodation: Students are accommodated in separate areas for boys and girls and usually share their bedrooms with two or three students of similar ages. Each house is managed by a dedicated House Parent, ensuring safety, well-being, and happiness throughout their stay.

Student voice: As well as anonymous suggestion boxes and on-going open dialogue, every week students have the chance to share their feedback and give suggestions to enhance their stay.







Overall on-site staff to student ratio

1:4

ŶŶŶ



House Parents and Welfare Manager oversee STUDENT WELL-BEING



Staff live on-site



On-site medical officers



All staff police checked



All staff child protection trained

A Typical Day on Camp*

* Typical day timetable timings may vary per camp. Monday to Friday.



09:00 Camp

07:45

Breakfast



09:15-12:45 Music or English



13:00 Lunch



14:00 Camp Meeting



14:15-17:45 Sport or English PM Session



18:00 Dinner



Entertainment

19:30

Meeting &

21:00-21:30

In Houses

From 21:30
Bedtime



Social time & Excursions

Prepare for a fantastic line-up of diverse evening activities and events catering for everyone's interests.

From dance-offs and friendly Dodgeball competitions to showcasing your talent at "Exsportise Has Got Talent", every evening is filled with laughter and excitement.

Embrace Cultural Diversity: Students immerse themselves in the wonders of International Night, where we celebrate different cultures with international music, dances and cuisines. It's a chance for students to make friends from all over the world and expand their cultural horizons.

Thrills and Excitement: Students join in the excitement of Race Night or discover adventure with their peers through an exciting Scavenger Hunt, solving clues and challenges as they explore the camp.

Showcase of Creativity: Students are captivated by the extraordinary talents of our Music and Dance students as they put on a dazzling showcase that will leave them with a sense of pride and achievement.

The Clubhouse – Students' Social Haven: During free time, students can visit the Clubhouse – a vibrant indoor and outdoor space where students can unwind, socialise and chat with friends in a relaxed atmosphere.

Students staying for more than one week will be offered two full-day excursions.



Recreational Trips

(SATURDAYS)

The Saturday trip is more recreational and offers students the chance to relax and enjoy their new friendships.

- Or visit a local theme park
- Or visit a nearby city like Brighton, Oxford, Cambridge and Portsmouth





Cultural Excursions

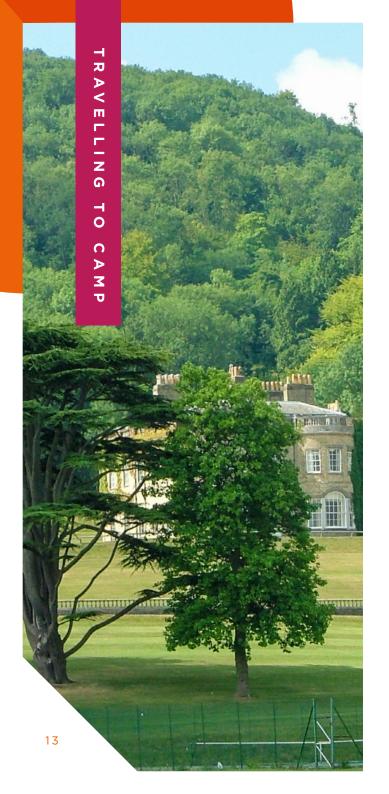
(SUNDAYS)

Our Sunday excursion consists of a London walking tour where students can experience historical British culture, natural attractions and famous landmarks.

Students have some free time during the day to take a leisurely walk around the city centre, go to a café or go shopping.

All excursions are fully supervised by Exsportise staff. Packed lunches will be provided on the day of the excursion.





Travelling to Exsportise

We understand that when it comes to children's travel, safety and convenience are of the utmost importance.

At Exsportise, we share parents' concerns and have taken extensive measures to ensure that our students' journey to camp is smooth, secure and worry-free.

ACCOMPANIED TRANSFER SERVICE

We offer a dedicated accompanied transfer service for students arriving at, and departing from, main London airports and the Eurostar train station. Our friendly representatives, easily identifiable in bright orange Exsportise tops, greet the students at the International Arrivals Halls.

Standard transfer: Recommended transfer times



Arrival at airport/Eurostar terminal: Sundays between 09.00 - 15.00



Departure from airport/Eurostar terminal: Saturdays between 12.00 - 17.00

Students can arrive outside these times if required but may have slightly longer waiting times (supervised).

Self-arrivals: For parents wishing to bring their child.



Self-arrival at Exsportise venue: Sundays between 15.00 - 17.00



Self-departure from Exsportise venue: Saturdays between 09.00 - 11.00



SEAFORD

- → London Gatwick (55km)
- → London Heathrow (75km)
- Eurostar St Pancras (95km)





All quotes are from the weekly feedback at each school.

Firstly this is my first time in England, being here is such a pleasure for me. I'd love to come back to this summer camp because all the activities that are being planned are so engaging and funny and you can learn a lot from your lessons."

LARA FROM ITALY, AGED 12

The campus is beautiful, the food is excellent and the teachers are nice."

STUDENT FROM FRANCE, AGED 14

I have made lots of new friends and I have increased my level of English which is great for my next school year."

STUDENT FROM SPAIN, AGED 14

Because I met a lot of friends, I learnt English a lot and because all of the staff were really kind."

LOUISE FROM FRANCE, AGED 14

