

Step-Up English Language +

Horse Riding

Sample Week

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:30	Wake up						
08:00	Breakfast						
09:00	Meeting						

09:15	New students ARRIVAL DAY Students can arrive between 09:00 and 17:00, but preferably in the afternoon as there are no planned activities. Continuing students ALL DAY EXCURSION London Walking tour to see some of the famous sites such as Big Ben, Houses of Parliament, Buckingham Palace, Leicester Square, Piccadilly Circus, Trafalgar Square, and Covent Garden.	Groom & Tack Up					Departing students
09:30		Horse Riding Lesson (Horses are matched to the rider)					
Some riding sessions will be longer		Assessment Ride (Skills test)	Flatwork Lesson	Hack (Countryside)	Dressage	Pole work & Jump Competition	
10:30		Stable Management					
		Yard and Equipment Safety	Grooming and Rugs	Dentistry, Worming and First Aid	Stable and Field Care	Feeding and Nutrition	
11:30		Horse Management					
Depart 12:30		Equine Behaviour and Safe Handling	Riding Fit	Horse Anatomy (in English)	Horse Identification (Breeds)	Horse Health	
12:45		Lunch	Lunch	Lunch	Lunch	Lunch	
14:00		Meeting	Meeting	Meeting	Meeting	Meeting	
14:15		Functional Language and Exploration Question					
		Future Ready Mindset	Human Insights & Leadership	Strategic Communication	Global Change: Sustainability & Innovation	Digital Transformation	
15:05 (break)		Learning and Innovation					
15:15		Explore entrepreneurial success and reliability.	Analyse an inspiring speech and write your own.	Construct evidence-based persuasive arguments.	Examine different stakeholders in global change.	Research future technologies and formulate predictions.	
11:05 (Break)		Ideas in Action					
16:15		Conversation Workshop with a focus on active listening.	Public Speaking Workshop with a focus on social influence.	Topical Debate with a focus on strategic communication.	Team Presentation & written article with a focus on systems.	Business Exposition (Pitch) showcasing a future vision.	
17:05 (Break)		Applied Skills: Reflection and Conclusions					
17:15		Spectrum of understanding.	Peer-correction.	Highlighting key factors.	Question-led summation.	Open-feedback.	

17:45	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:15	Welcome Event	Meeting	Meeting	Meeting	Meeting	Meeting	Meeting
19:30	Entertainment: House Party	Entertainment: Icebreakers	Entertainment: Bramball	Entertainment: Choice Evening	Entertainment: Race Night	Entertainment: Awards Festival	Entertainment: Relaxed Games
21:30	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting
From 22:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out



Foundation English Language +

Horse Riding

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14:15		Functional Language: Language in Context					
		Exploring the Camp	Talking About the Past	Living in the City: First Impressions	Getting Started with Music	Navigating the City	
15:05 (break)		Real-life Communication through Skills-driven Learning					
15:15		Hobbies and Interests - focusing on active listening and opinion exchange.	Present Simple and Continuous: Daily Life - expressing routines and current activities.	Vocabulary Boost: Extreme Adjectives - enhancing expressive conversations.	Predicting the Future of Music - discussing personal preferences and developing opinions.	Video Diary: A Day in the Life - using descriptive storytelling and communication skills.	
11:05 (Break)	Ideas in Action (Collaborative Projects)						
16:15	Tech-Free Zones and Personal Choices - reflecting on use and routines.	Favourite Things - Using comparisons and explaining reasons of likes and dislikes.	City vs Country - developing analytical thinking.	Technology and Music - discussing future tech and impact on society.	Reflection and Language Awareness - noticing effective language choices.		
17:05 (Break)	Language Cup: Language in Action						
17:15	Unravel : using problem solving skills.	Riddles : building speed of responses.	Short Expressive Presentations (Public speaking).	Team Debate : Logical reasoning & active listening.	Live Sports Commentary : clear narration & diction.		

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