



WEEKLY WORKSHOP ON LEADERSHIP

A workshop to build confidence and learn practical skills for future career. We will discover inspiring leaders, enhance critical thinking, and strengthen the ability to analyse the information effectively with exciting activities leading to a debate presentation.

WEDNESDAY EXCURSION

Brussels - visit European institutions and Magritte exhibition – Belgium



Brussels is a vibrant and cosmopolitan city with rich history, diverse culture, and a dash of modern flair! Brussels is home to the headquarters of the European Union so we will visit the [Parlamentarium](#) with its interactive floor map which takes visitors on a virtual tour around Europe. Then we will explore the [European Parliament Hemicycle](#), where Members of the European Parliament gather to hold the largest and most important debates. What a better way to link our workshops on Leadership than and gain insights into the workings of this influential institution! We will carry on by visiting [Experience Europe](#) which is a new exhibition where we can find out about the [European Commission](#).

Art enthusiasts will be thrilled to discover our next stop: [Magritte Museum](#) showcasing the works of surrealist artist René Magritte.

Brussels is a city steeped in history, with medieval architecture and the iconic [Grand Place](#), a UNESCO World Heritage site, which is a breathtaking square to see. We will enjoy some Culinary Delights such as world-famous Belgian chocolates, savour crispy waffles, and relish the freshly made fries. Eventually we will wander through the [Galeries Royales St Hubert](#) a beautiful shopping arcade dated back to the 19th century with prestigious boutiques and stroll along Rue Neuve for some great shopping.

SATURDAY EXCURSION

Hasselt - city sightseeing + Sparkx - Sports Theme Park – Belgium



Hasselt is a [Belgian city](#) in the [Flemish Region](#) and known for its former branding as the "Capital of Taste", owing to its local distilleries of the plant [Jenever](#) and its shortcrust biscuit [speculaas](#) (baked with spices originated from the area). The city has a wealth of cultural heritage waiting to be discovered through a city game we will do to unveil its heroes, old streets, cathedral, street arts and ending our visit by shopping in well-known brands shops and quirky local addresses.

[Sparkx](#) is a sports theme park where we can experience sports at every level with the help of technology: it creates an accessible and exciting sports environment, where the technology allows to adjust the difficulty of attractions to our different ages and levels.

We can experience more than 50 different sports in one place, spread across 36 attractions.

A place for a lot of fun and adrenaline!

SUNDAY EXCURSION

Walibi - Theme Park – Belgium



Walibi is the ideal theme park to visit with friends from all over the world. The park has attractions for all ages with a safe zone for the youngest and thrilled seekers area with sensational attractions. We will face the high speeds, put our hands in the air, feel the wind in our hair and enjoy the famous Radja River and the crazy Calamity Mine!





WEEKLY WORKSHOP ON DEBATING AND SPEAKING IN PUBLIC

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WEDNESDAY EXCURSION

Bruges – arts festival, guided tour and city cruise – Belgium



Bruges is a UNESCO World Heritage city as it boasts an authentic medieval city with its famous brick Gothic buildings, canals that have linked for centuries the city to the sea and the birthplace of the Flemish Primitives artists such as Jan Van Eyck. Our tour of the city will guide us through a fascinating trail to discover the charming streets of the city, its architectural highlights, and a cruise along the canals for breathtaking views and unique experience. We will be so lucky to witness this year the Bruges Triennial 2024 arts festival showing contemporary artworks on the streets under the theme of “Spaces of Possibility”!

Of course, we will end our tour with some great shopping.

SATURDAY EXCURSION

Durbuy – city sightseeing + Adventure Valley Theme Park – Belgium



Durbuy is known to be the smallest city in the world and is a town of romantic charm with its castle perched on a rocky promontory and at its foot lies a small stone town, preserved by time.

We will spend some lovely time strolling through the charming streets to find some nice boutiques, ice cream, chocolates and waffles stands, before we head towards the theme park.

Adventure Valley is a theme park situated right in the centre of Durbuy with indoor and outdoor activities from tree climbing, zip lines, an indoor action temple called Fast Tag, tubing slide, 3D labyrinth and more. A day full of challenging games in a beautiful nature!

SUNDAY EXCURSION

Bobbejaalnd – Theme park – Belgium



Bobbejaalnd is an amusement park in Belgium with more than 40 attractions spread out in unique theme areas: from dragons and dark forces to cowboys and swirling whitewater rapids! We will discover Mystery Bay, Desperado City, Land of Legends and even the brand new attraction: the World of Dinos!



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WEEKLY WORKSHOP ON DEVELOPING A CORPORATE SOCIAL RESPONSIBILITY PROJECT: SUSTAINABLE FUTURES

A workshop to discuss how companies and societies are being responsible and caring for the world by developing initiatives which address environmental issues. We will brainstorm about the main terms used in CSR and its practical implementation in global known companies, and eventually we will set up our own sustainable project.

WEDNESDAY EXCURSION

Cologne – the Cathedral, a Pop Art exhibition and the Chocolate Museum – Germany



Cologne (Köln) is a vibrant and historical city in Germany which hosts one of the tallest Cathedral in the world, iconic landmark, and UNESCO Heritage site. Nearby there is the well-known Ludwig Museum with its unique Pop Art exhibition showing works of Picasso, Warhol and Lichtenstein. We will then be delighted to indulge ourselves into the delicious world of the Chocolate Museum, learning about the production of chocolate, from the cocoa bean to the finished bar, and taste some selected chocolates. We will still have time to stroll through the historic centre of Cologne (Altstadt) featuring charming narrow streets, medieval buildings, lively squares, and it's a great place for shopping!

SATURDAY EXCURSION

Bastogne War Museum and Euro Space Center – Belgium



The Bastogne War Museum is an iconic location from World War II which history to life thanks to a journey through the Battle of Bulges. With state-of-the-art multimedia displays, interactive exhibits and engaging story telling we will gain an understanding of the hardships and heroism of the soldiers. The Bastogne War Museum creates an educational and emotionally impactful experience.

Euro Space Center is a science museum and educational tourist attraction, devoted to space science and astronautics. This is the only space-themed park in Europe. We will have an exciting interplanetary adventure, training like if we were real astronauts! A day in the life of a Spaceman trying 10 different activities such as moon walk, free fall slide, space rotor, micro-gravity unit, etc.

SUNDAY EXCURSION

Phantasialand - Theme Park – Germany



A day at **Phantasialand** - one of the largest Theme Parks in Europe - is an exhilarating adventure filled with thrills and excitement. There are attractions for everyone whether you are 9 years old or 17! The park is divided in different Theme Worlds such as Adventurous Africa, Colourful Mexico, the Legendary village, or Berlin in the 1920's: with a visit to the Mystery Castle, a refreshing splash at the Chiapas water slides or experiencing the adrenalin-pumping rides like Taron, Black Mamba or a thrilling Winja's Fear & Force high speed ride. We will leave Phantasialand with unforgettable memories, a sense of adventure, and a smile that lasts long!





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WEDNESDAY EXCURSION

Luxembourg – the European Quarter, City Museum and walk through the city centre



Renowned for its financial prowess and its international character, **Luxembourg city** is a charming and picturesque European capital that blends modernity with its rich historical heritage such as its UNESCO listed old town. Our visit will start by the European Quarter where The Court of Justice of the European Union will reveal itself through a guided tour of its modern building and an introduction to its fundamental legal works in the EU. Thanks to a short journey on the fast tramway, we will reach the city centre and walk towards the iconic Grand Ducal Palace. At the City Museum, an exhibition on “Humans and their food” will entertain us before we head towards the Pfaffenthal Panoramic Elevator with a stunning panoramic view of the city. Wandering through the medieval streets of the old town, we will reach the shopping area with a visit to Galeries Lafayette, and we will end by taking a break in the beautiful City Park.

SATURDAY EXCURSION

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WEEKLY WORKSHOP ON MULTICULTURALISM AND GLOBAL AWARENESS

A workshop to explore the global relevance and impact on societies of people raised and living in different languages, religions and cultures. Thanks to discussions, cultural quizzes, charades and trivia challenges, we will gain a better understanding, recognition and acceptance of the differences in others through their interactions, celebrations and cuisines.

WEDNESDAY EXCURSION

Brussels - visit European institutions and Magritte exhibition OR visit the Atomium and the Museum of Illusion – Belgium

Brussels is a vibrant and cosmopolitan city with rich history, diverse culture, and a dash of modern flair!

As part of the first group of students, we will arrive in **Brussel's European Quarter**, home to the headquarters of the European Union so we will visit the Parliamentarium with its interactive floor map which takes visitors on a virtual tour around Europe. Then we will explore the European Parliament Hemicycle where Members of the European Parliament gather to hold the largest and most important debates. What a better way to link our workshops on Leadership than and gain insights into the workings of this influential institution! We will carry on by visiting Experience Europe which is a new exhibition where we can find out about the European Commission.

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As part of the second group of students, we will go straight to the well-known international symbol of Brussels: the Atomium which was built during the EXPO 58 and nowadays is home of science and technology exhibitions. The futuristic design of the building makes a great spot for cool photos and its interactive displays, multimedia installations and hands-on activities will spark our curiosity. The park nearby will provide green space for our lunch and hanging out before we go onto our next visit.

We will head towards the fascinating world of optical illusions at the Museum of Illusions located in the centre of Brussels. A mind-blowing exhibition awaits, showing us how our brains can be tricked by visual stimuli, learning about topics such as depth perception, visual processing, and cognitive biases. We will pose in forced perspective rooms or infinity mirrors corridors to take memorable and shareable images.

As part of any of the two groups, we will set in Brussel's medieval architecture through its iconic Grand Place, a UNESCO World Heritage site, which is a breathtaking square to see. We will enjoy some Culinary Delights such as world-famous Belgian chocolates, savour crispy waffles, and relish the freshly made fries. Eventually we will wander through the Galeries Royales St Hubert a beautiful shopping arcade dated back to the 19th century with prestigious boutiques and stroll along Rue Neuve for some great shopping.

SATURDAY EXCURSION

Aachen - city sightseeing – Germany

Aachen is a German city located near the borders of Belgium and the Netherlands, with a very rich and multicultural history as it has influence from 3 different countries therefore a melting pot of cultures! We will start by a guided tour of the city so that we can better apprehend its large heritage with the Cathedral, walking through narrow and medieval streets, along water canals and towards Elisenbrunnen, a historic fountain and spa house. Then we will visit the Cathedral a UNESCO World Heritage Site and one of the most important landmarks in the city: it has a stunning architecture, intricate artwork, and historical significance which dates back to the time of Charlemagne.

Next the Charlemagne Centre will help us delve into the history of Charlemagne, the legendary ruler who made Aachen his principal residence. Interactive exhibits and multimedia displays bring Charlemagne's legacy to life, providing insights into his reign and the Carolingian Empire.

We will head towards the bustling Market Square for lunch, where we can sample local delicacies such as Aachener Printen (a type of gingerbread). From there we can carry on the exploration of this romantic city, wandering through the Old Town, admiring the picturesque architecture, browsing boutiques and stopping for ice cream.

SUNDAY EXCURSION

Efteling - Theme Park – The Netherlands

Efteling is a fantasy-themed amusement park in the Netherlands, where the attractions reflect elements from ancient myths and legends, fairy tales, fables, and folklore. It is the largest theme park in the Netherlands and one of the oldest in the world! The World of Wonders reveals exciting rollercoasters such as Baron 1898 and Python, Fairy Tale Forest enchanting attractions, River Rapid and Dark Rides.



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Hasselt - city sightseeing + Sparkx - Sports Theme Park – Belgium



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SATURDAY EXCURSION

Lille - 2024 Olympic city - visit of old town and Olympic village – France



Lille, nestled in the Hauts-de-France region of northern France, is a vibrant metropolis with historical charm through elegant Flemish architecture, cobblestone streets, and bustling squares in the Old Town and modern dynamism with a strategic location as a crossroads of European trade and commerce. Lille will host 2024 Olympic Games organising basketball and handball competitions at the Stade Pierre Mauroy and receiving athletes from all over the world at the Olympium, the Olympic Village. It will be so excited to visit the city while Olympics events will take place!

We will start with a guided tour of the Old Town (Vieux Lille), visiting landmarks like La Vieille Bourse, the Grand Place, and the Notre-Dame de la Treille Cathedral. Learn about the city's rich history, architecture, and cultural heritage. We will then enjoy a picnic at the Parc de la Citadelle, a vast green space offering opportunities for relaxation and outdoor activities. Time to head off to the Olympic Village on the outskirts of Lille where we will embark on a vibrant visit of the site where the main sports facilities are and participate of local events.

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WEDNESDAY EXCURSION

Antwerp – city sightseeing, shopping and visit of Chocolate Nation – Belgium



Antwerp is a city situated in the Flemish region of Belgium of captivating contrast where historic buildings blends with contemporary vibrancy. It is renowned as the diamond capital of the world; its stunning architecture and ornate guildhalls are testament to its rich mercantile past dotting the skyline alongside sleek modern structures.

We will start by the visit of the impressive Antwerp Central Station, one of the most beautiful train stations in the world and perfect to snap some photos. Then we will walk towards the Chocolate Nation, an amazing experience museum where we will indulge ourselves in the history of cocoa as well as tasting 10 different flavours of chocolate.

After a picnic in the city centre, we will carry on our exploration: the Old Town will unveil the most beautiful sites such as the Grote Markt , Town Hall, Vlaeykensgang as the oldest street in the city, the UNESCO World Heritage Cathedral of our Lady. We will then spend the rest of the afternoon shopping at Antwerp's famous shopping streets, such as Meir and De Keyserlei, where a mix of international brands and local shops can be found.

SATURDAY EXCURSION

Maastricht – city sightseeing, shopping and visit of Museum of Illusion – The Netherlands



Maastricht is a picturesque city in the Netherlands with a rich history dating back to Roman times and vibrant culture with world-class museums and lively arts scene.

Our visit will start by the Maastricht Underground , a network of tunnels and caves beneath the city: exploring the mysterious passages, learning about their origins and historical significance, including their use as shelters during World War II. Close to the Fortress, a nice spot for some unique photos, we will have our picnic.

Afterwards we will walk towards the Museum of Illusions, an enthralling experience blending optical illusions, interactive exhibits, and mind-bending displays such as holograms, infinity rooms, and mirror mazes, each designed to intrigue and delight. This will prove to provide an insight into the psychology and neuroscience of perception, making the experience both entertaining and intellectually stimulating.

Our day will end by a walking tour of the Old Town and shopping in Binnenstad and Stokstraat neighbourhoods.

SUNDAY EXCURSION

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WEDNESDAY EXCURSION

Ghent- arts festival, guided tour and city cruise - Belgium



Ghent, a Belgium city situated in the Flemish region, is a captivating blend of medieval charm, winding river canals and thriving arts community.

When arriving in the historic city centre, we will explore iconic landmarks such as the Castle of the Counts, St. Bavo's Cathedral, and the Belfry of Ghent, learning about its medieval past and the role it played in trade and commerce during the Middle Ages. It will then be time to enjoy a picnic along the riverbank of Lys, before we embark on a relaxing boat cruise through the heart of the city, enjoying picturesque views of the city skyline, historic bridges, and waterfront landmarks while learning about the importance of waterways in Ghent's history and economy.

Ghent is renowned for its vibrant street art scene, so we will have a tour of the city's graffiti hotspots, such as Werregarenstraat, also known as Graffiti Street. We will have the opportunity to appreciate the creativity of local and international street artists while learning about the cultural significance of graffiti in urban environments.

Then we will end our visit by some time for shopping in the lively streets of the city centre.

SATURDAY EXCURSION

Luxembourg – the European Quarter, City Museum and walk through the city centre



Renowned for its financial prowess and its international character, **Luxembourg city** is a charming and picturesque European capital that blends modernity with its rich historical heritage such as its UNESCO listed old town. Our visit will start by the European Quarter where The Court of Justice of the European Union will reveal itself through a guided tour of its modern building and an introduction to its fundamental legal works in the EU. Thanks to a short journey on the fast tramway, we will reach the city centre and walk towards the iconic Grand Ducal Palace. At the City Museum, an exhibition on "Humans and their food" will entertain us before we head towards the Pfaffenthal Panoramic Elevator with a stunning panoramic view of the city. Wandering through the medieval streets of the old town, we will reach the shopping area with a visit to Galeries Lafayette, and we will end by taking a break in the beautiful City Park

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WEDNESDAY EXCURSION

Geneva – visit of Philip Patek Museum, cruise on the lake and shopping



Geneva is such an international and cosmopolitan city in Switzerland, and it offers a blend of educational and entertaining activities.

Our tour will start by a visit at Philip Patek Museum, the well-known watchmaker, combining history, art, and technology. The Museum's architecture and interior design often reflect the timeless elegance associated with Philippe Patek watches.

Through our city walk we will discover this modern city situated in a beautiful landscape: between mountains and the lake. The weather being nice, we will sit by the lake shore to enjoy a picnic while we embark on a cruise to enjoy breathtaking views and the history behind the city.

Geneva is a great place to shop where trendy galleries and high-end international designers have their boutiques: there will be something for everyone's tastes!

SATURDAY EXCURSION

Mountain hike and night in the Chalet in altitude



Imagine embarking on a thrilling mountain hike, surrounded by breathtaking scenery and exhilarating trails, culminating in a cozy night spent in a Chalet nestled high in the mountains.

The journey begins with a ride in the cable car and the trail starts with a gentle ascent through lush forests, then across rocky slopes and alpine meadows with colourful wildflowers. All around there is a panoramic view of the valley, snow-capped peaks and crystal-clear mountain lakes to admire.

Eventually we will reach our destination: a rustic charm and cozy Chalet which offers a welcome rest from the walk, where we will set up a campfire with home-made food, games, music and songs to end beautifully our day before a well-deserved night sleep.

SUNDAY EXCURSION

Expedition to Glacier 3000, visit of the city of Monthey and shopping



By combining hands-on activities, adventure, and educational opportunities, a visit to **Glacier 3000** in the Alps will provide us with a memorable and enriching experience.

We will start the visit by an educational session at the Visitor Centre, where we will learn about the formation and the effects of climate change on glaciers. Next, we will take a stroll on the Peak Walk, a suspension bridge that spans the gap between two mountain peaks, where we can enjoy panoramic views of the surrounding Alps. After our lunch with a spectacular view, we will head to the Alpine Coaster, a thrilling toboggan ride that winds its way down the mountainside.

On our way back home, we will stop in the city of Monthey where there are plenty of opportunities for shopping.





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WEDNESDAY EXCURSION

Vevey and Montreux: visits of Charlie Chaplin Museum, Montreux Jazz Festival and shopping



By combining the exploration of **Vevey**'s cultural attractions with a visit to Chaplin's World, we will enjoy an educational and fun-filled day that celebrates both Swiss heritage and the magic of cinema. The Charlie Chaplin's Museum is located in the former house of the actor and filmmaker and offers a fascinating glimpse into his life and work. The interactive exhibition includes recreated film sets from his most famous movies and the visit of his studio will transport us behind-the-scenes.

In Vevey we will then take a stroll along the charming historical town and promenade of Lake Geneva towards the city of Montreux.

The world-renowned **Montreux Jazz Festival**, held annually in July, welcomes international music stars from eclectic music genres such as jazz, hip-hop, R&B, Latin, Soul, etc. The Lake shores are transformed into a village where music performances, jam session and dance shows cohabit with food trucks, arts&crafts stands. We will have the opportunity to immerse ourselves in the vibrant atmosphere of the festival.

SATURDAY EXCURSION

Survival Team Challenge (I-Lanta) and night at the Chalet in altitude



The survival team challenge will combine adventure, teamwork, and survival skills training in the mountain's wilderness. We will have an exciting and educational experience in the great outdoors, where we will test our orienteering skills, working together, start a fire, build a shelter, learn first-aid gestures in case of a medical emergency, and more.

By the end of the day the best team will win a prize before we will all head towards the rustic charm and cozy Chalet in altitude. We will set up a campfire with home-made food, games, music and songs to end beautifully our day before a well-deserved night sleep.

SUNDAY EXCURSION

Aquatic Theme Park: Aquapark at Port Valais



Aquapark at Port Valais is an amazing theme parc located in a beautiful landscape with breathtaking views of the valley and the Alpine Lake.

We will spend a non-stop fun, excitement, and relaxation day, making it an unforgettable summer outing in the heart of the mountains. We will enjoy some adrenaline-pumping rides, such as high-speed water slides, twisting tubes and after the excitement, we can take a leisurely float down the lazy river enjoying the scenic views of the surrounding Alps or head to the wave pool for some splashing fun.





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WEDNESDAY EXCURSION

Lausanne: visits of Olympic Museum, Inventions Exhibition and shopping



Lausanne, a picturesque city known for its beautiful architecture, vibrant culture, and stunning lake views. We will start by walking in the charming Old Town, where highlights may include Lausanne Cathedral, Place de la Palud, and the Old Academy. We will take a leisurely stroll along the Ouchy Promenade, a scenic lakeside promenade offering panoramic views of Lake Geneva and the Alps.

We will head towards the [Olympic Museum](#) located in the heart of Lausanne's Olympic Park. The museum showcases the history, spirit, and values of the Olympic Games through interactive exhibits, multimedia displays, and memorabilia.

To end our tour in Lausanne, we will discover an amazing exhibition centre dedicated to [Inventions](#): a space for scientific, technical and cultural education through interactive workshops.

SATURDAY EXCURSION

Mountain hike with "Discover Plants" workshop and night at the Chalet in altitude



This mountain hike will develop a greater appreciation for the natural world, a better understanding of local plants and their many uses.

Through an introduction to the local flora, we will learn about the common plant species and share practical knowledge about medicinal herbs and aromatic herbs used for cooking. At the end of the hike, we will taste a variety of snacks and herbal teas including herbal-infused cookies, trail mix with dried fruits and nuts, savoury treats seasoned with wild herbs and spices and chamomile, mint, lemon balm, or elderflower teas.

Eventually we will reach our destination: a rustic charm and cozy Chalet which offers a welcome rest from the walk, where we will set up a campfire with home-made food, games, music and songs to end beautifully our day before a well-deserved night sleep.

SUNDAY EXCURSION

Xstream Trampoline and Surf Park, visit of the city of Monthey and shopping



A day spent at [Xstream Trampoline and Surf Park](#) near Monthey, Switzerland offers an unforgettable blend of high-flying trampoline action and exhilarating surf experiences. The park has a variety of trampoline zones, including freestyle jump areas, dodgeball courts, and foam pits. It also features a cutting-edge surf simulator that replicates the thrill of riding ocean waves, where we can take test our balance and agility on the surfboard, learning how to carve, turn, and ride.

On our way back home, we will stop in the city of Monthey where there are plenty of opportunities for shopping.





WEEKLY WORKSHOP ON MULTICULTURALISM AND GLOBAL AWARENESS

A workshop to explore the global relevance and impact on societies of people raised and living in different languages, religions and cultures. Thanks to discussions, cultural quizzes, charades and trivia challenges, we will gain a better understanding, recognition and acceptance of the differences in others through their interactions, celebrations and cuisines.

WEDNESDAY EXCURSION

Gruyères: visits of the city, cheese factory, Maison Cailler (chocolate) and shopping



The visit to the city of **Gruyères** with the cheese factory and the Maison Cailler chocolate factory will awaken our curiosity about Swiss culinary culture and history.

The charming medieval town of Gruyères, nestled in the Swiss countryside, is made of narrow alleyways, medieval architecture, and cultural landmarks, including the iconic Gruyères Castle perched atop a hilltop. We will then visit to a local cheese factory to witness the traditional cheese-making process from milk processing to cheese aging and we will enjoy a cheese tasting session of Gruyère, Emmental, and Vacherin Fribourgeois.

We will then embark on an immersive chocolate experience at Maison Caille, learning the process from cocoa bean to chocolate bar and we will conclude the tour with a chocolate tasting session. Before departing, we will take some time to purchase our favourite chocolates and souvenirs to take home.

