











CANNES ESSENTIAL ACTIVITY PROGRAM

12-15 years old












	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.00am	 <div>Arrivals & Free time</div>	 Wake up					 <div>Aquasplash</div>
8.00am		Breakfast					
9.00–12.20am		French test for new arrivals or standard course Standard course 					
12.30am		Lunch					
2.00–5.30pm Main activity/excursions		Visit of Cannes 	Sailing afternoon 	Free time or workshop	Visit of Monaco 	Sports afternoon	
5.30–6.30pm Optional activity		Volleyball	Circus	Dance	Basketball	Water games	
7.00pm	Dinner						
8.30–10.00pm	Welcome evening	 BBQ	Casino evening	Incredible talent	Cabaret 	Disco evening	Olympics evening
10.30pm	 Curfew						



CENTRE
INTERNATIONAL
D'ANTIBES

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7.00am		 Wake up					
8.00am		Breakfast					
9.00–12.20am		Standard course 					
12.30am		Lunch					
2.00–5.30pm Main activity/excursions		Visit of Cannes or free time 	Tree climbing	Free time 	Sailing afternoon	Sports afternoon 	
5.30–6.30pm Optional activity		Waiter's race	Football tennis	Role games	Sports tournament	Dodgeball	
7.00pm		Dinner					
8.30–10.00pm	Welcome evening	BBQ 	Treasure evening	Karaoke 	Cabaret 	Pool party	
10.30pm	 Curfew						