



50+ PROGRAM

“ A unique experience for senior students: exclusive program within a small community of 50+ students wishing to improve their French while discovering the culture, gastronomy and landscapes of the Côte d’Azur! ”

FRENCH COURSE

20 morning lessons
From Monday to Friday

+

ACTIVITY PROGRAM

4 afternoons
50+ activities and excursions

+

ACCOMMODATION

Centrally located studios,
Very close to the beaches



From 1 week - 36 sessions per year

FROM **710€** / WEEK

50+



Exclusive
Program



French
Course



Accommodation



50+ Activities
& excursions



FRENCH LANGUAGE AND LEISURE PACKAGE FOR SENIORS



EXCLUSIVE ACTIVITY PROGRAM

An exclusive package for our senior students including 4 afternoons of activities and excursions each week, such as:

- Initiation to pétanque
- Tasting of local products
- Visit of Monaco
- Visit of Grasse and Fragonard perfume museum
- Visit of Saint Paul de Vence and Maeght art museum, etc.
- Please note that activities and excursions involve walking. Good physical condition is therefore recommended.

WHY PARTICIPATE IN OUR PROGRAM

- Join a unique **French language and leisure package** in Antibes, especially designed for our 50+ students.
- Breakfast included from Monday to Friday.
- Meet students from all over the world with a **shared interest** in culture, gastronomy and French.
- Speak French outside the classroom by communicating in French the group leader and the group in a dynamic social setting during the activities & excursions.
- All participants will be **accommodated in a calm residential area of Antibes** within a **walking distance to the lively town centres and beaches** of Antibes & Juan les Pins.





EXAMPLE OF SCHEDULE

4 afternoons of activities/excursions per week

WEEK 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Shuttle from the residence to school					
	French standard courses					
	Break					
	VISIT OF ANTIBES	GRASSE + FRAGONARD	PROVENÇAL FOOD TASTING	VISIT OF CANNES	PICASSO MUSEUM + PETANQUE	

WEEK 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Shuttle from the residence to school					
	French standard courses					
	Break					
	VISIT OF ANTIBES	VISIT OF ST PAUL DE VENCE	VISIT OF NICE + MASSENA MUSEUM	VISIT OF MONACO	CHATEAU DE CREMAT	

NOTES

- This timetable is given as a reference showing a sample of activity program, it may be subject to change due to operational reasons or according to weather forecast.
- Please note that activities and excursions involve walking. Good physical condition is therefore recommended.





FRENCH COURSE

STANDARD COURSE

Lessons are taught through an interactive teaching method developed by the Centre International Antibes. Students will take part in a host of interactive and didactic activities in speaking and writing. With the use of various teaching aids students will actively participate in dynamic exercises involving real life situations and role-playing. The French courses will be mixed with other adults, depending on the French level.

CLASS STRUCTURE

- **20 lessons** of 45 minutes per week
- **From Monday to Friday**
- **From 9:00 a.m. to 12:20 p.m.** (15-20 min break)
- **12 students maximum** in a class

WHERE DO CLASSES TAKE PLACE?

Lessons take place at the **Chateau School** or at the **Port School**.

NOTES

- Special arrival dates apply for absolute beginners: 01.02 - 01.03 - 29.03 - 19.04 - 03.05 - 17.05 - 31.05 - 02.08 - 30.08 - 13.09 - 11.10 - 01.11
- The French courses will be mixed with other adults, depending on the French level.
- No lessons are held on French national holidays : 06.04 - 01.05 - 14.05 - 25.05 - 14.07 - 11.11
- Lessons are neither refunded nor replaced but the missed activity/excursion is moved to an available afternoon.





ACCOMMODATION

Students are accommodated in our comfortable **Residence Aragon***.

Our ideally situated residence offers recently renovated studios in an inviting and friendly atmosphere. The private modern en suite bathrooms and fully equipped kitchenette will provide additional comfort during your stay as it will make you feel just like at home.

HIGHLIGHTS

■ RESIDENCE ARAGON

Located in a quiet area between Antibes and Juan-les-Pins :

- **10 minute walking distance** from the beaches and the center of Juan-les-Pins and Antibes.
- **On site** : lounge area and large terrace.
- **Accommodation in studios** with private bathroom, air-conditioning and kitchenette.
- **FREE SHUTTLE FROM RESIDENCE TO SCHOOL IN THE MORNING**

NOTES

- Bed sheets are provided.
- **Towels are not provided.**
- * According to availability, we can also offer a studio in our **residence Castel Arabel** or in our **residence Astor**.

DESTINATION: ANTIBES



With 300 days of sunshine throughout the year and 25 kilometers of sandy beaches, Antibes is an exceptional destination on the French Riviera, between Cannes and Nice.

Learning French in Antibes allows you to enjoy the sunshine, the sea, and also to discover numerous picturesque attractions of the region.



DATES & PRICES 2026

Arrival Sunday → **Departure Saturday**

50+ Package

Courses + accommodation + activity program
From 1 week

	Low season 04.01 ▶ 07.03 01.11 ▶ 19.12	Medium season 08.03 ▶ 06.06 27.09 ▶ 31.10	High season 07.06 ▶ 27.06 02.08 ▶ 26.09
Courses 20 lessons + single room	900 €	1040 €	1180 €
Courses 20 lessons + double room (shared) ¹	710 €	780 €	850 €

¹ No double occupancy except if they know each other and book together.

*Note:

Prices are per week.

Programs are available from 1 week.

Extra cost for a 1-week stay: 30 €.

ARRIVAL DATES 2026

Arrival dates low season :

01.02 - 08.02 - 15.02 - 22.02 - 01.03 - 01.11 - 08.11

Arrival dates middle season :

08.03 - 15.03 - 22.03 - 29.03 - 05.04 - 12.04 - 19.04 - 26.04 - 03.05 - 10.05 - 17.05 - 24.05 - 31.05 - 27.09 - 04.10 - 11.10 - 18.10 - 25.10

Arrival dates high season :

07.06 - 14.06 - 21.06 - 02.08 - 09.08 - 16.08 - 23.08 - 30.08 - 06.09 - 13.09 - 20.09

Special arrival dates for complete beginners :

01.02 - 01.03 - 29.03 - 19.04 - 03.05 - 17.05 - 31.05 - 02.08 - 30.08 - 13.09 - 11.10 - 01.11

NOTES

- Special arrival dates apply for absolute beginners: 01.02 - 01.03 - 29.03 - 19.04 - 03.05 - 17.05 - 31.05 - 02.08 - 30.08 - 13.09 - 11.10 - 01.11
- The French courses will be mixed with other adults, depending on the French level.
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- Check the adult program schedule 2026 [here](#).



MAP OF THE CITY

ANTIBES

