

**JUNIOR
2026**

 **CENTRE
INTERNATIONAL
D'ANTIBES**



ANTIBES SAILING 12-17 y.o.

“ Improve your French and join our certified sailing academy on the picturesque French Riviera, a beautiful setting to learn to sail! **”**

All-inclusive program from Sunday to Saturday including

- French courses
- Accommodation (campus)
- Full board
- Sailing lessons
- Transfers
- Security and supervision



From 28 June to 22 August 2026

1435€ / WEEK



All-inclusive
Program



Course



Full Board



International
Campus



Sailing
Lessons



Beach

DESTINATION : ANTIBES



With 300 days of sunshine throughout the year and 25 kilometres of sand beaches, Antibes is an exceptional destination on the French Riviera. Junior students will experience an unforgettable summer in a dynamic classroom atmosphere combined with discovery, animation, and supervision by our camp leaders.





FRENCH COURSE

Our qualified professors offer an approach to teaching that awakens and develops the child's interest in the French language thanks to active pedagogy.

CLASS STRUCTURE

Standard Course - All levels

- **20 morning lessons** of 45 minutes per week, including daily conservational workshop
- **Monday to Friday** (except the first Monday of their stay which is dedicated to the placement test)
- **15 students maximum** in a class

The 3 hours of daily **standard classes** are distributed as follows:

2 hours of classical work: oral and written comprehension, written and oral expression as well as grammar, pronunciation and French civilization.

1 hour of oral activities for a different way of learning with oral linguistic games designed to facilitate learning.

WHERE DO CLASSES TAKE PLACE?

Students take courses on **Campus Horticole**.





FULL BOARD ACCOMMODATION

CAMPUS HORTICOLE

On the east side of Antibes in a quiet area and surrounded by a large garden:

- **On site:** classrooms, accommodation, a large self-service restaurant, a mobile swimming pool, and outdoor sports grounds.
- **Full Board:** breakfast, lunch and dinner (buffet style). Packed lunch at weekends.
- **Accommodation in a shared room (up to 4 students per room)**
- **Common facilities** situated on each floor (showers, sinks and toilets).

NOTES

- **On campus:**
 - **Disposable bed linen is provided** and changed weekly.
 - **A shuttle bus** is provided from the campus to the beaches and the center of Antibes.
 - **Room access is restricted** (schedule posted on site) for safety and security reasons and also to ease cleaning operations.
- **Towels** are **not provided** in campus.
- **Rooms are completely cleaned once a week.** A quick clean-up takes place during the week.
- **Students are responsible for their rooms** and must keep them clean and tidy.



WEEKLY ACTIVITY PROGRAM

On their arrival, the students receive a welcome pack including a weekly program of activities

SAILING PLUS

Students will have 3 hours of sailing per day from Monday to Friday at the sailing club of Antibes, member of the French Federation of Sailing.

1 FULL-DAY EXCURSION/ACTIVITY AT THE WEEKEND (only available for stays of more than 1 week)

One full day excursion/activity at the weekend such as :

- Excursion to Nice
- Aquasplash or Marineland
- Excursion to Monaco
- Fragonard museum in Grasse + top tree climbing











EVENING ENTERTAINMENT

A «barbecue» on Mondays and each evening themed meal, disco party, games, shows, etc.

NOTES

- All levels are accepted, even complete beginners.
- After the activities/excursions, students from 13 years old can have some **free time** to enjoy the city or the beach by themselves.
- At the weekend, from 2 weeks stay , all the students will participate in a full day excursion/ activity, on Saturday or on Sunday, according to the activity program. From 13 years old, the second day of the weekend will be free.

EXAMPLE OF WEEKLY ACTIVITY PROGRAM

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|----------------|--------------|----------|---------------|--|
| 7.00am |   |  Wake up | | | | |  |
| 8.00am | | Breakfast | | | | | |
| 9.00-12.20am | | French test for new arrivals or standard course Standard course  | | | | | |
| 12.30am | | Lunch | | | | | |
| 2.00-5.30pm Main activity/excursions | | Intensive Sailing  | | | | | |
| 5.30-6.30pm Optional activity | Pool or beach with our activity leaders or Free time  | | | | | | |
| 7.00pm | Dinner | | | | | | |
| 8.30-10.00pm | Welcome evening |  BBQ | Casino evening | Film evening | Cabaret | Disco evening | Olympics evening |
| 10.30pm |  Curfew  | | | | | | |

✧ Note: this document is a sample of activity program, it may be subject to change due to operational reasons or according to weather forecast.





“KIOSK” ACTIVITIES

We organize extra activities (Kiosk) that provide students with additional fun:

NOTE

in most cases a minimum of participants is required to organize the activity and the prices are subject to change.

| | |
|--------------------|-----|
| Banana Boat | 20€ |
| Laser Game | 20€ |
| Antibes Land | 5€ |
| Escape Game | 25€ |
| Aquasplash | 35€ |
| Snorkeling | 35€ |
| Paintball | 35€ |

TRANSFERS

Arrival and departure transfers are included at weekends from/to Nice Airport and Antibes Railway station
Extra cost for transfers on weekdays.

SECURITY AND SUPERVISION

Security 24/7. Students are supervised by our camp leaders who are on the premises round the clock and ready to help and give information.

CURFEW RULES

Accommodation in campus

12 years old students are not authorized to leave the campus or go out unaccompanied.

13 - 15 years old: ALL students have AUTOMATIC permission to go out unaccompanied until 7.30pm maximum. NO AUTHORISATION to go out unaccompanied after 7.30 pm.

16 - 17 years old: ALL students have AUTOMATIC permission to leave the school unaccompanied until 7.30pm maximum. FOR THE EVENING, the parents can choose to give evening permission as below:

Option 1: NO evening permission unaccompanied from 7:30 pm

Option 2: EVENING PERMISSION as follows: Monday - Thursday till 10:00 pm* / Fridays, Saturdays, and days prior to a bank holiday till midnight or 1.00am, depending on the dates** - Sundays till 7.30 pm

* Except on Mondays until 11:00pm for the barbecue party organized on the campus.

** Out of summer: till midnight (00:00) maximum / Summer (21/06 to 22/08) : till 01:00 am maximum.



DATES & PRICES 2026

Arrival Sunday → Departure Saturday

| DATES | 28 June - 22 August 2026 |
|---|-------------------------------------|
| ALL-INCLUSIVE PROGRAM (price / week / student) | |
| 1435€ | |
| SUPPLEMENTS (price / week / person) | |
| Extra day full board multiple room | 150€ |
| Extra transfer during the week | 80€ (airport) / 25€ (train station) |
| Gluten-free meals | 160€ |
| Extra cost for a one-week course | 60€ |

NOTES

No lessons are held on French national holidays.

Lessons are not refunded but replaced by a full-day excursion/activity.

Public holidays in 2026: 14.07



MAP OF THE CITY

ANTIBES

