



# WELCOME PACK RESIDENCE / CAMPUS



ANTIBES / CANNES



Juniors 8 - 17 y.o

## TABLE OF CONTENTS

**1 - What to pack in your child's suitcase**

**2 - First steps in France: arrival!**

**3 - On the ground organisation**

- Reception on the day of arrival
- First day at school
- Lessons
- Meals
- Animation programs
- Shuttles (summer campus)
- Room access
- Access to the pool
- Outings
- Rules of the school
- Services

**4 - How to get to school?**

**5 - Residence and campus addresses**

**6 - Map of the city**

- Antibes
- Cannes



## 1 - WHAT TO PACK IN YOUR CHILD'S SUITCASE:

### CLOTHES

- Shorts / skirts
- T-shirts
- Underwear
- Light pyjamas
- Trousers (jean style)
- Dresses
- Sweater for the evening
- Socks
- Pair of sandals (flip flops, crocks...)
- 1 light jacket (in case of rain)
- Walking Shoes

### VARIOUS

- Pocket money (around 80-100 € per week)
- ID picture
- **Padlock with key**
- Water flask
- Cell phone / charger (optional)
- Adaptor for French plug
- Avoid precious objects: jewelry, electronic games etc.

### JUST IN CASE

- Medicaments if needed (in origin boxes with prescription)

### PERSONAL ITEMS

- Soap, shampoo (attention to aircrafts allowance)
- Toothbrush, toothpaste
- **1 Towel**
- Shower flip flops
- Deodorant, tissues
- Lenses / Glasses
- Hairbrush
- Hair gel, mousse, rubber or elastic head band
- Mosquito repellent
- Sun cream (high protection)
- Laundry bag

### FOR SPORT

- Sneakers
- 1 beach towel
- Swimsuit
- Sunglasses
- Cap
- Sports pants / Shorts (jogging)

### FOR SCHOOL

- Pencil case, pens
- Notebook
- Backpack



## 2 - FIRST STEPS IN FRANCE: ARRIVAL!

### IMPORTANT NOTES

It is compulsory that you provide us no later than the 4 weeks before your child's arrival, the details of his arrival (time, flight number or train number, where he is arriving, Unaccompanied Minor "UM" service).

### WHERE TO ARRIVE DEPENDING ON THE STAY?

Destination	Arrival train station	Arrival airport
Antibes	Antibes train station	Nice Côte d'Azur Airport
Cannes	Cannes train station	Nice Côte d'Azur Airport

### RECEPTION UPON ARRIVAL

#### AIRPORT:

**A shared transfer is organized to the campus.** Upon his/her arrival in Nice International airport, your child will be met by our representative who will be wearing a **yellow CIA T-shirt**. We are offering several shared transfers during the day (approximately 2 in the morning and 3 in the afternoon). That means that before being transferred to the campus, **your child may have to wait, the time to gather students arriving via other incoming flights** (2 hours maximum). Your child will be supervised by a member of our staff during any waiting time spent at the airport.

#### TRAIN STATION:

A member of our staff will be present at the exit of the train station to welcome your child and ensure his/her transfer to the campus/residences.

### NOTES

If your child experiences any difficulties upon arrival, please ask him/her to go to the information desk at "Arrivals" or "Departures" and ask to contact us on this emergency number: **(33) (0)4 92 90 71 70**

### IF YOUR CHILD IS TRAVELLING AS AN UNACCOMPANIED MINOR ("UM" SERVICE):

Your child will be picked up from the air hostess by one of our managers. We will let you know the name at the reservation. It is essential that you provide that name to the airline in order for your child to be handed over to our team.

### NOTES

We will not be able to guarantee the presence of our manager on the ground if you haven't subscribed to the "UM" service pick up 2 weeks before your child's arrival. Please make sure to complete the "UM" file and pay the service to the airline for your child's return journey.



### 3 - ON SITE ORGANISATION

#### RECEPTION THE DAY OF ARRIVAL:

On their arrival at school/campus, the students will be welcomed by our animation team that will provide them with a welcome pack including:

- The program for the weekly activities
- Their student card with the emergency number available 24/7
- A coloured bracelet depending on their activity group
- Our school rules (that they must sign)

Then our animation team will accompany them to their rooms. Finally, a guided visit of the campus as well as a welcome evening will allow them to discover the place and the other students.

#### FIRST DAY AT SCHOOL:

7:15am	7:30 - 8:15am	8:30am	9:30am	12:00pm	13:30pm
Wake up by the animation team	Breakfast	Meet up with the animators in the main playground or shuttle for school	French test	Lunch	Visit of Antibes / Cannes

#### NOTES

The school location is indicated on the confirmation you received before your child's arrival.

#### LESSONS:

#### IMPORTANT NOTES

**Class attendance is compulsory!**

Lists of students by class and level are displayed on Tuesday morning (school hall).

**No courses on public holidays, lessons are replaced by full day excursion.**

#### MEALS:

	Residence (outside of summer)	Campus (summer)
Breakfast	School	Campus restaurant
Lunch	School	Campus restaurant
Dinner	Residence	Campus restaurant
Week-end lunch	Packet lunch provided by the school	Packet lunch provided by the school



#### ANIMATION PROGRAM:

The activity program is adapted to the age of the student (8-11 years and 12-17 years)..

In addition to the activities included, the animation team suggests «kiosk» activities: additional paying activities (Go Karting, Bowling, Laser quest,etc...) for 13 -17 years old. **You must complete the parent permission form to allow your child to participate.**

#### SHUTTLES (SUMMER CAMPUS):

**The school organises daily shuttle buses to allow the students (13-17 y.o.) to travel from the campus to the city centre and the beaches.**

Depending on the distance from the campus, the frequency of the shuttles changes but we organise them to ensure that the students can make the most of their free time.

- **During the day:** between 1:00pm and 7:00pm from Monday to Friday and from 9am to 7pm on Saturday and Sunday.
- **During the evening :** between 8:30 pm and 10:00 pm from Monday to Thursday and between 8:30 pm to 1:00 am on Friday, Saturday and the eve of public holidays.

#### NOTES

Specific schedules are displayed on the campus.

#### ROOM ACCESS:

Access to the rooms depends on the schedule posted on the campus. In general, rooms are closed:

##### FROM MONDAY TO FRIDAY

- From 8:45am to 12:00pm: during French lessons
- From 2:00 pm to 5:00 pm: during the activities/excursions

##### ON SATURDAY

- From 9:30 am to 5:00 pm: during full day excursion / free day

##### ON SUNDAY

- From 9:30 am to 3:00 pm: during full day excursion / free day

##### EACH EVENING

- From 8:45 pm to 10:15 pm: during the evenings

**During closing times, students are not permitted to go to their rooms.**

#### ACCESS TO THE POOL:

Pool use is subject to the schedule on display on campus/residence, and is used under supervision.



### OUTINGS:

All outings are strictly controlled by our animators and covered by parental permission.

**The conditions of the permission to leave depend on the age of the child.**

**NO EXCEPTION WILL BE MADE.**

#### 8 - 12 YEARS:

Outings only under supervision. Accompanied excursions and thematic events are proposed by our teams.

#### 13 - 15 YEARS OLD:

ALL students have AUTOMATIC permission to go out unaccompanied until 7.30pm.

**NO UNACCOMPANIED GOING OUT PERMISSION** after 7.30 pm.

#### 16 - 17 YEARS OLD:

ALL students have AUTOMATIC permission to go out unaccompanied until 7.30pm.

FOR THE EVENING, the parents will choose one of the below options:

OPTION 1:

- NO UNACCOMPANIED GOING OUT PERMISSION after 7.30 pm

OPTION 2:

- From Monday to Thursday until 10:00 pm
- Friday and Saturday nights as well as the eve of public holidays until 1am.
- Sundays until 7.30pm.

### RULES OF THE SCHOOL:

Your child must respect the rules of the school.

■ We reserve the right **to take the necessary steps, going from a warning to different sanctions, towards the student who does not respect the rules.**

■ Any consumption of **alcohol or drugs** is prohibited as per French law. **Smoking is strictly prohibited** on the premises and particularly in your room.

### IMPORTANT NOTES

- **Not respecting the rules regarding drugs, alcohol, violence, tobacco, theft, verbal or physical aggression, might lead to expulsion.**
- **In case of expulsion, parents will be informed and have 24h after the incident to provide the new departure details.**



## SERVICES

### MAILS:

In order for your child to receive mail, it is important to respect the following template:

*Mr./Miss (Student surname and name)*

*Centre International d'Antibes*

*Full postal address of the Residence or Office (for summer campus only) - see addresses on page 9.*

### PRECIOUS OBJECTS:

**It is recommended to check that your child does not have any valuable belongings on him/her.**

The head of the school can keep sealed for the entire length of the trip passports or travel tickets on simple demand. In no way does the school accept cash, checks or any other type of payment method.

**The school is not responsible for any eventual theft amongst students.**

### HOUSEKEEPING:

Rooms are completely cleaned once a week (on Saturday). Bed sheets are also changed once a week. A quick clean up takes place during the week but can't be compared to hotel housekeeping in anyway. Students are asked to keep their room tidy and to make their bed.

### SHEET AND TOWELS:

**Sheets** : Provided

**Towels** : **NOT** provided

Laundry (2-4 € on average per wash).

For hygienic reasons, in summer campuses, **only disposable linen** are provided. For more comfort, you can bring your own bedsheets.

### MEDICAL VISITS:

It is possible that your child may need a medical visit. The cost of the visit is his/her responsibility and immediately paid to the doctor who comes to visit him or whom he/she visited:

- Estimated price for a doctor who comes to see the patient: 45€
- Estimated price for a visit to a general practice doctor: 23€
- Estimated price for a visit to a specialised doctor: 45€

### HOSPITAL STAYS:

If you live in the European Union, your child will have to present the European Health Insurance Card but it does not necessarily exempt from paying medical fees at the hospital.

In any case, you must pay of all the costs involved for your child before he/she is released from hospital, then you can contact your health insurance for a refund. You will have to reimburse all medical expenses that could possibly be engaged by CIA for your child within 48 hours.

### POCKET MONEY:

We recommend 80€ to 100€ per week pocket money for the students.

Please note that there are 50€ administration fees if you want to send money to your child through the school.



## 4 - HOW TO GET TO SCHOOL ?

LOCATION	DATES		SCHOOL LOCATION	TRANSPORT
ANTIBES	Easter, Pentecost, Autumn		School « Le Château »	Shuttle*
	SUMMER	July / August	Campus Horticole	On site
		End of August / September	Campus Leonardo da Vinci	On site
CANNES	SUMMER (July/August)		School « Le Château »	Shuttle*
			Campus Carnot	On site

\* A shuttle is organized in the morning. There is no shuttle back to the residence after the lessons as students go with the monitors to activities, excursions or have free time.





## 5 - RESIDENCE AND CAMPUS ADDRESSES

You will find below the addresses of our different campuses/residences/schools:

### IMPORTANT NOTES

**FOR THE CAMPUSES ONLY (Horticole, Leonardo da Vinci, Carnot)  
send your mails to the following postal address only:**

**Centre International d'Antibes, 38 Bd d'Aguillon - 06600 Antibes**

#### ■ **CAMPUS HORTICOLE**

**(Antibes, summer)**

CIA Programme Juniors (LH)  
1285, Avenue Jules Grec  
06 600 ANTIBES

#### ■ **« ECOLE LE CHATEAU »**

**(Antibes, spring & autumn)**

28, Avenue du Château  
06600 Antibes

#### ■ **CAMPUS LEONARDO DA VINCI**

**(Antibes, summer)**

CIA Programme Juniors (LDV)  
214 rue Jean Joannon  
Zone industrielle des Trois Moulins  
06 600 ANTIBES

#### ■ **RESIDENCE « CASTEL ARABEL »**

**(Antibes, spring & autumn)**

3, Chemin de la Pinède  
06160 Antibes Juan-Les-Pins

#### ■ **CAMPUS CARNOT**

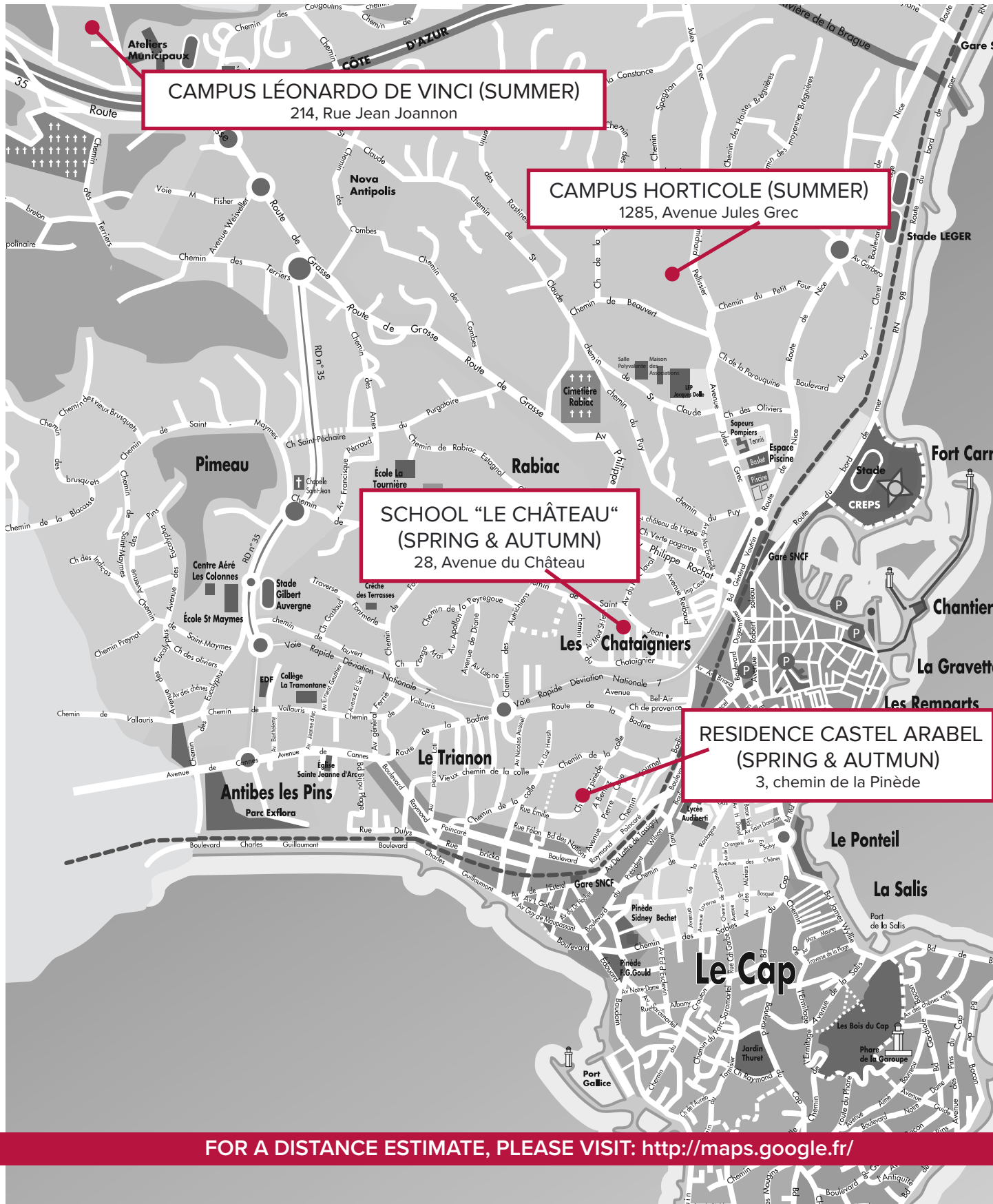
**(Cannes, summer)**

90 Bd Carnot  
06400 Cannes

**Emergency phone number during the weekends:**

**+33 (0)4 92 90 71 70**

6 - MAP OF THE CITY : ANTIBES



6 - MAP OF THE CITY : CANNES

