

JUNIOR
2024



CENTRE
INTERNATIONAL
D'ANTIBES



ANTIBES DANCE & FITNESS 12-17 y.o.

“ Improve your French and enjoy a healthy activity with dance & fitness on an international campus located on the French Riviera. ”

All-inclusive program from Sunday to Saturday including

- French courses
- Accommodation (campus)
- Full board
- Dance & Fitness lessons
- Transfers
- Security and supervision



From 30 June to 27 July 2024

1280€ / WEEK



All-Inclusive Program



Course



Full Board



International Campus



Dance Lessons



Beach

DESTINATION : ANTIBES



With 300 days of sunshine throughout the year and 25 kilometres of sand beaches, Antibes is an exceptional destination on the French Riviera. Junior students will experience an unforgettable summer in a dynamic classroom atmosphere combined with discovery, animation, and supervision by our camp leaders.





FRENCH COURSE

Our qualified professors offer an approach to teaching that awakens and develops the child's interest in the French language thanks to active pedagogy.

CLASS STRUCTURE

Standard Course - All levels

- **20 morning lessons** of 45 minutes per week, including daily conservational workshop
- **Monday to Friday** (except the first Monday of their stay which is dedicated to the placement test)
- **15 students maximum** in a class

The 3 hours of daily **standard classes** are distributed as follows:

2 hours of classical work: oral and written comprehension, written and oral expression as well as grammar, pronunciation and French civilization.

1 hour of oral activities for a different way of learning with oral linguistic games designed to facilitate learning.

Intensive Course - From level A1

- **25 morning lessons** of 45 minutes per week
- **Monday to Friday** (except the first Monday of their stay which is dedicated to the placement test)
- **15 students maximum** per class

The 3h45 of daily **intensive courses** are designed for motivated students who are willing to progress faster. They offer general French instruction focused on the acquisition of oral, written and grammatical skills essential for each level. Pronunciation and French civilization also complement these skills.

WHERE DO CLASSES TAKE PLACE?

Students take courses on **Campus Leonardo da Vinci**.





FULL BOARD ACCOMMODATION

■ CAMPUS LEONARDO DA VINCI

In the north of Antibes, situated in a quiet and green environment:

- **On site:** classrooms, accommodation, a large self-service restaurant, a mobile swimming pool, and outdoor sports grounds.
- **Full Board:** breakfast, lunch and dinner (buffet style). Packed lunch at weekends.
- **Accommodation in shared room (3 students per room)**
- **A double sink and a shower in each room.** Common toilets on each floor.

NOTES

- **On campus:**
 - **Disposable bed linen is provided** and changed weekly.
 - **A shuttle bus** is provided from the campus to the beaches and the center of Antibes.
 - **Room access is restricted** (schedule posted on site) for safety and security reasons and also to ease cleaning operations.
- **Towels are not provided** in campus.
- **Rooms are completely cleaned once a week.** A quick clean-up takes place during the week.
- **Students are responsible for their rooms** and must keep them clean and tidy.



WEEKLY ACTIVITY PROGRAM

On their arrival, the students receive a welcome pack including a weekly program of activities

DANCE & FITNESS

Students will enjoy 2 hours of dance class every afternoon from Monday to Friday. They will prepare a choreography which will be performed on campus on Thursday during our cabaret evening.

1 FULL-DAY EXCURSION/ACTIVITY AT THE WEEKEND (only available for stays of more than 1 week)

One full day excursion/activity at the weekend such as :

- Excursion to Nice
- Aquasplash or Marineland
- Excursion to Monaco
- Fragonard museum in Grasse + top tree climbing













EVENING ENTERTAINMENT

A «barbecue» on Mondays and each evening themed meal, disco party, games, shows, etc.

NOTES

- Minimum 1 year of dance experience is required.
- After the activities/excursions, students from 13 years old can have some **free time** to enjoy the city or the beach by themselves.
- At the weekend, from 2 weeks stay , all the students will participate in a full day excursion/ activity, on Saturday or on Sunday, according to the activity program. From 13 years old, the second day of the weekend will be free.

EXAMPLE OF WEEKLY ACTIVITY PROGRAM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7.30am	Arrivals: Welcome on board!	Wake up					
8.00am		Breakfast					
9.00am - 12.00am	 <p>French tests for new arrivals on Mondays</p> <p>For new arrivals</p> <p>Sports and activities on campus</p>	<p>Standard course</p> 					<p>Visit of Monaco</p> 
1.00pm		Lunch					
2.00pm - 4.00pm		Dance & Fitness 					
5.00pm	<p>Accompanied beach or pool time with our camp counselors</p> <p>or</p> <p>Free time</p> 						
7.00pm	Dinner						
8.00pm - 10.00pm	 <i>Welcome evening</i>	 <i>Barbeque evening</i>	 <i>Casino evening</i>	 <i>Film evening</i>	 <i>Cabaret</i>	 <i>Disco evening</i>	 <i>Olympics evening</i>

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⚠ Note: this document is a sample of activity program, it may be subject to change due to operational reasons or according to weather forecast.





“KIOSK” ACTIVITIES

We organize extra activities (Kiosk) that provide students with additional fun:

NOTE

in most cases a minimum of participants is required to organize the activity and the prices are subject to change.

Banana Boat	20€
Laser Game	20€
Antibes Land.....	5€
Cinema	8€
Escape Game	25€
Aquasplash	34€
Karting	30€
Snorkeling	30€
Paintball	30€

TRANSFERS

Arrival and departure transfers are included at weekends from/to Nice Airport and Antibes Railway station
Extra cost for transfers on weekdays.

SECURITY AND SUPERVISION

Security 24/7. Students are supervised by our camp leaders who are on the premises round the clock and ready to help and give information.

CURFEW RULES

Accommodation in campus

12 years old students are not authorized to leave campus or go out unaccompanied.

13 - 15 years old: ALL students have AUTOMATIC permission to go out unaccompanied until 7.30pm maximum. NO AUTHORISATION to go out unaccompanied after 7.30 pm.

16 - 17 years old: ALL students have AUTOMATIC permission to leave the school unaccompanied until 7.30pm maximum. FOR THE EVENING, the parents can choose to give evening permission as below:

Option 1: NO evening permission unaccompanied from 7:30 pm

Option 2: EVENING PERMISSION as below:

- Monday - Thursday till 10:00 pm
- Fridays, Saturdays, and days prior to a bank holiday till 01:00 am
- Sundays till 7.30 pm



DATES & PRICES 2024

Arrival Sunday → Departure Saturday

DATES	30 June - 27 July 2024
ALL-INCLUSIVE PROGRAM (price / week / student)	
1280€	
SUPPLEMENTS (price / week / person)	
Extra day full board multiple room	140€
Extra transfer during the week	80€ (airport) / 25€ (train station)
Gluten-free meals	120€
Extra cost for a one-week course	50€

NOTES

No lessons are held on French national holidays.

Lessons are not refunded but replaced by a full-day excursion/activity.

Public holidays: 14.07



MAP OF THE CITY

ANTIBES

