



**GET**  
Global Education Tumulka



**British  
Summer  
School**

# SUMMER 2026

**21st Century English  
Language Learning  
& Professional  
Sports Tuition for  
Students aged 6-18**

**BROCHURE**

future  
ready

# British Summer School

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## Message from our Directors

**Steve Wood**  
Managing Director



**Yolanda Chimeno**  
Principal



British Summer School was founded and is managed by well-known husband-and-wife team Steve and Yolanda.

Steve and Yolanda are first and foremost educators and they have both dedicated their entire professional careers to studying and teaching foreign languages and to working with children.

Steve holds an undergraduate degree in French, a master's degree in French and a PGCE from the University of Cambridge, while Yolanda holds an undergraduate degree in psychology and sciences of education, a master's degree in clinical psychology and the DELTM, a post-graduate diploma in ELT Management.

Having both lived and worked abroad for many years, Steve and Yolanda are seasoned linguists and educators and are both personally acquainted with the many benefits - and occasional challenges - of learning a foreign language in a native country of the language being learned.

Steve and Yolanda have over 40 years' Summer School experience between them and together, they have worked in a multitude of on the ground roles including teacher, welfare manager, and centre director before undertaking more managerial roles.

They are united in their shared passion and belief that children learn best when they feel comfortable and safe, are among friends and are enjoying what they are doing.

British Summer School was born out of the desire to do better for the parents, students and staff that choose us. For many, the BSS brand has become a symbol of quality, of ambition, of progression and of reliability.

Assisted by a dedicated Head Office team, who are as passionate about British Summer School as themselves, Steve and Yolanda run British Summer School in the context of educating children, rather than running a business, and this is what sets us apart.

**We increase our students' ability and confidence to communicate and operate in the 21st century.**

We prepare for

**Cambridge**

English Qualifications  
2025-2026

Accredited by the

**BRITISH COUNCIL**

for the teaching  
of English in the UK



**Quality English**

# Our courses

Our courses are based on the **Framework for 21st Century Learning\*** and are carefully designed not only to develop students' English but also their life, career, learning, innovation, media and technology skills. Every course is **inspiring** and **challenging**.



Our portfolio is designed to be developmental and progressive, adapted to the age range of each course. Students can start their British Summer School journey on any course and if they return, we recommend they progress onto a different course within the series.

Students who attend more than one of our courses over a number of summers will benefit from the academic and personal development structure on which the portfolio is built.

Student numbers, nationalities and language quotas are controlled to provide a personal and carefully managed experience for every student on every course.

\* Source: <https://www.battelleforkids.org/networks/p21> (2009)

Student numbers, nationalities and language quotas are controlled to provide a personal and carefully managed experience for every student on every course.

Explorers  
of the  
future

Adventurers  
of the  
future

Artists  
of the  
future

Citizens  
of the  
future

Academics  
of the  
future

Professionals  
of the  
future

Footballers  
of the  
future

Champions  
of the  
future



## future ready

**OUR AIM:**  
We aim to improve students' English skills and develop their knowledge, life skills and personal qualities to prepare them for success in the future.

CENTRE	EXPECTED CENTRE CAPACITY*	COURSES	TUITION HOURS	ENGLISH LEVELS	AGES	ENGLISH THROUGH	LESSONS	FOCUS OPTIONS
BRAMBLETYPE	70	Explorers	20hrs	A1-C1	6-11	Exploration	Core English Focus Exploration Learning & Innovation	• Exploration • Creation
WORTH	100	Adventurers	20hrs	A1-C1	11-16	Adventure	Core English Focus Exploration Learning & Innovation	• Adventure
		Citizens	20hrs	A2-C1	11-16	Communication	Core English or Community Projects Focus Communication Learning & Innovation	• Communication
OUNBLE	200	Citizens	20hrs	A2-C1	12-17	Communication	Core English or Community Projects Focus Communication Learning & Innovation	• Communication
		Artists	20hrs	A2-C1	12-17	Creative Arts	Core English Focus Arts Learning & Innovation	• Art • Dance • Drama • Music
		Academics	20hrs	B1-C1	12-17	Academic Study	Core English Focus Academic Learning & Innovation	• Business • Engineering • Humanities • Maths • Science • Writing
		Champions	28¾hrs	A2-C1	12-17	Tennis	Core English Focus Sports Science Technical Training	• Sports Science
UPPINGHAM	100	Footballers	31¼hrs	A2-C2	12-18	Football	Workshop or Strength & Conditioning Technical Training	• Football
		Citizens	20hrs	A2-C2	13-18	Communication	Core English or Community Projects Focus Communication Learning & Innovation	• Communication
		Professionals	20hrs	B1-C2	16-18	Professional Study	Elective 1 Focus Professional Elective 2	• Entrepreneurship • International Relations • Leadership • Media & Communications

Our courses are designed to form a developmental and progressive learning strategy for children, teenagers and young adults.

\* Capacity might be lower or higher depending on the weeks attended.



# Our locations

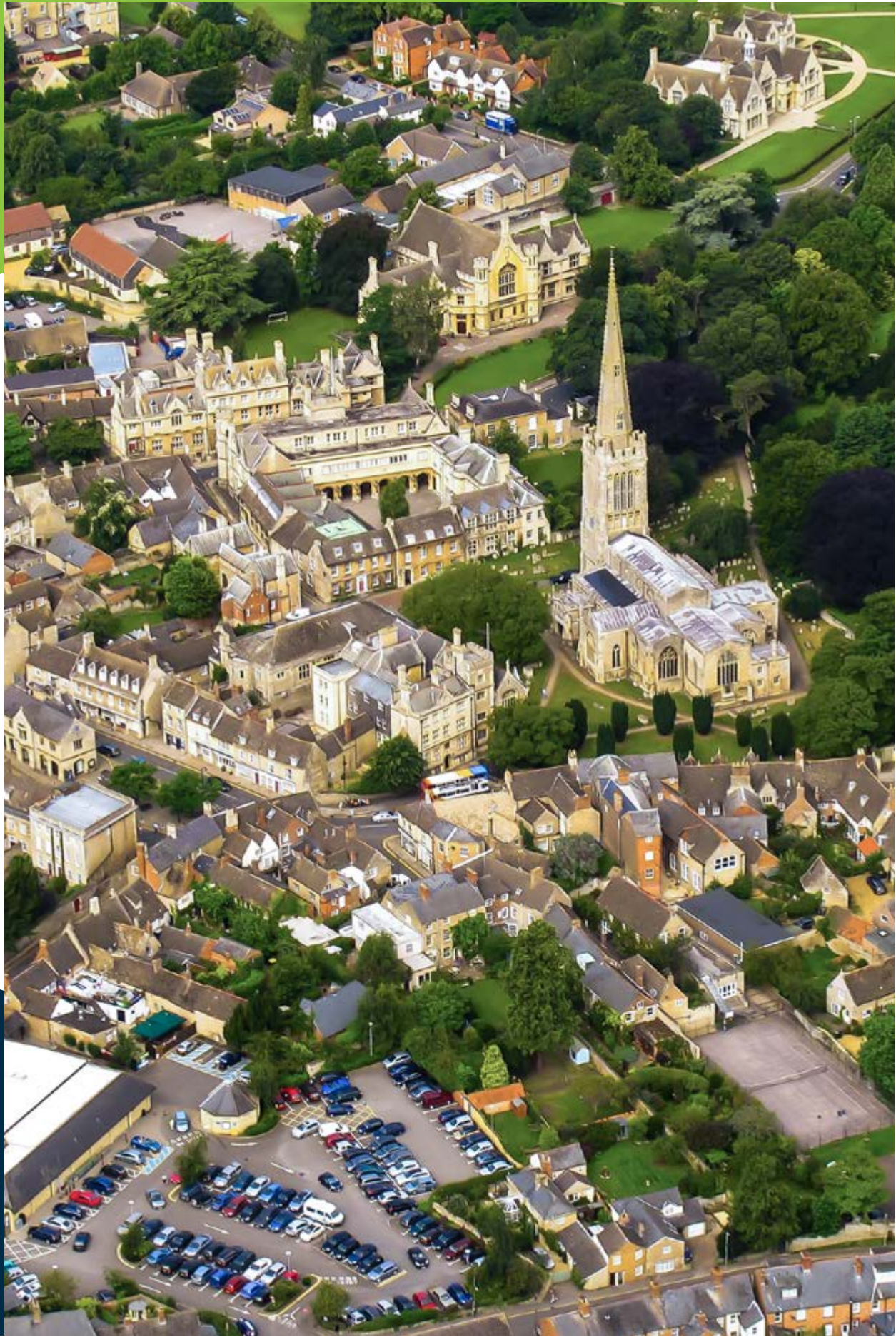
British Summer School courses are hosted at selected boarding schools in central and southern England, within easy reach of London's main airports.

Each centre has been carefully chosen to match the course content and structure.

- 1. **BRAMBLETYE SCHOOL**  
East Grinstead  
RH19 3PD
- 2. **WORTH SCHOOL**  
Crawley  
RH10 4SD
- 3. **OUNDLE SCHOOL**  
Peterborough  
PE8 4EE
- 4. **UPPINGHAM SCHOOL**  
Oakham  
LE15 9QD



Oundle School





# Locations overview

## Brambletye School

### Explorers of the future

Brambletye School is centred on a large country estate overlooking the Ashdown Forest in the South East of England, close to the ancient market town of East Grinstead.



## Worth School

### Adventurers of the future

### Citizens of the future

Worth School is situated in the beautiful West Sussex countryside in the South East of England, close to the town of Crawley and within easy reach of the beautiful seaside and vibrant city of Brighton.



## Oundle School

### Citizens of the future

### Artists of the future

### Academics of the future

### Champions of the future

Oundle School is situated in a charming market town in the heart of Northamptonshire, a beautiful rural county in central England with excellent access to Cambridge.



## Uppingham School

### Footballers of the future

### Citizens of the future

### Professionals of the future

Uppingham School is located in the heart of the market town of Uppingham in the historic county of Rutland just north of Cambridge.





# Brambletye School

Brambletye School is a co-educational preparatory boarding and day school. The school is situated in its own woodlands, giving students the ideal opportunity to explore and learn from the natural world.



## Explorers of the future



### LOCATION

The course takes place at Brambletye School, a welcoming preparatory boarding school located on a large country estate overlooking Sussex' beautiful Ashdown Forest in the Southeast of England.



### CAMPUS

This campus is a truly beautiful natural setting for learning and is shared only with some non-residential activity groups.



### ACCOMMODATION

Boys and girls sleep in suitable boarding accommodation on campus. Students share their bedroom with children of the same sex and of a similar age. Bathrooms are shared.



### MEALS

The menu offers a mix of English and international food. Vegetarian and special diets for medical or religious needs are accommodated.



### SPORTS & LEISURE FACILITIES

- Astro turf pitch
- Drama theatre
- Golf course
- Playing fields
- Sports hall
- Swimming pool
- Tennis courts



### CLUBHOUSE

The Clubhouse is a social space where students can relax, socialise, and chat in an informal and comfortable setting.



### WI-FI

Wi-Fi is available in some communal areas across the campus.



## CENTRE OVERVIEW

- Southeast England
- Capacity 70 students
- 6-11 years
- 4-10 beds per room
- Forest School
- No Smoking

[brambletye.co.uk](http://brambletye.co.uk)





## Courses Available

### Explorers of the future

Day  
Course  
Available

Native  
speakers  
from  
Brambletye  
School attend  
in some  
weeks



#### ENGLISH LEVELS

Explorers welcome students with English levels between A1 Beginner and C1 Advanced.



#### LESSONS

20 hours per week:

- Core English
- Focus Exploration (choose between Exploration or Creation)
- Learning & Innovation

The objectives of the lessons are to improve students' receptive and productive language skills and to develop their ability to communicate and operate in the 21st century.



#### MISSION: INTEGRATION!

This takes place on Sunday evenings and consists of icebreakers and getting-to-know-you activities designed to help new students integrate into school life and meet their peers and staff.



#### SPORTS & LEISURE

Students take part in our Leisure programme where they can choose between a selection of different sports and leisure activities.



#### PRO OPTIONS

The Pro Options programme is optional and allows students to specialise in one sport or other recreational activity for the whole week and is designed to increase their skills, techniques, and knowledge in their chosen option.

Available in:

- Gymnastics
- Horse Riding
- Tennis



#### BSS EXPERIENCE

This is our evening entertainment programme that consists of a series of fun challenges, games and social events designed to develop students personal and social skills, self-confidence, and authenticity.



#### CULTURAL PROGRAMME

Saturday and Sunday excursions allow students to visit places of cultural or historical interest or take part in a recreational activity with their friends.



#### DAY COURSE

This course offers a non-residential day option from Monday to Friday 08:30 to 17:00 for families coming to the UK on a family holiday and staying in the local area.



#### COURSE OVERVIEW

- Centre: Brambletye
- 6-11 years
- 20 hours of lessons per week
- English Levels: from A1 to C1
- Core English
- Learning & Innovation
- Focus Exploration
- Sports & Leisure
- BSS Experience
- True Me
- Day Course available

The course focuses on developing and improving students' instinctive curiosity and their growing desire to explore, understand, and learn.



Lessons



CORE ENGLISH

English language lessons are designed to improve students' receptive and productive skills (reading, writing, speaking, listening), extend the scope and range of their vocabulary in both formal and informal contexts and deepen their understanding of grammar to improve spoken and written accuracy.



FOCUS EXPLORATION

These practical lessons are designed to improve students' English and develop their abilities to explore and understand the natural world or develop their creative skills and artistic talents.

Students specialise in either Exploration or Creation each week of their course.

Exploration

Lessons may include:

- Comparing different types of habitats
- Identifying common plants
- Forest school visit
- Nature walk
- Studying the animal kingdom
- Solar system project

Creation

Lessons include a range of practical tasks in the following artistic areas:

- Art
- Dance
- Drama
- Music

LEARNING & INNOVATION

These task-based lessons enable students to work collaboratively to research, discuss and create projects that reflect their knowledge, skills, and personality while developing strategies that are essential for success in the 21st century. The projects have been specially created to help develop the students' capabilities in each of the 4Cs that form the core of the 21st century learning curriculum: Collaboration, Communication, Creativity, and Critical Thinking.

MISSION:  
INTEGRATION!

Sunday evenings offer organised ice-breaker activities that allow new and continuing students to meet each other and start to build new friendships.

TIMETABLE  
A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students</b>
08:00	<b>ARRIVAL DAY</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	<b>DEPARTURE DAY</b>
08:45	Students can arrive at any time, but preferably in the afternoon.	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	Departing students should depart in the morning and cannot attend the excursion.
09:00	<b>Continuing students</b> <b>ALL DAY EXCURSION</b>	<b>Core English (1¼ hrs)</b> Think of a famous person and write clues for your classmates to guess.	<b>Core English (1¼ hrs)</b> Make a list of different jobs / professions and categorise them.	<b>Core English (1¼ hrs)</b> Describe your school at home: buildings, facilities, lessons, timetable, teachers.	<b>Core English (1¼ hrs)</b> Make a list of your 10 favourite foods / meals and compare with your classmate.	<b>Core English (1¼ hrs)</b> <b>Revision Assessment</b> <b>True Me Reflection</b>	<b>Continuing students</b> <b>ALL DAY EXCURSION</b>
10:15	<b>City / Seaside Town Visit</b>	Break	Break	Break	Break	Break	<b>London</b> Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square. <b>and / or</b> Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
10:30	Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	<b>Focus Exploration (1½ hrs)</b> • Exploration • Creation	<b>Focus Exploration (1½ hrs)</b> • Exploration • Creation	<b>Focus Exploration (1½ hrs)</b> • Exploration • Creation	<b>Focus Exploration (1½ hrs)</b> • Exploration • Creation	<b>Focus Exploration (1½ hrs)</b> • Exploration • Creation	
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	
13:00		<b>Learning &amp; Innovation (1¼ hrs)</b> Create a one minute video to introduce yourself.	<b>Learning &amp; Innovation (1¼ hrs)</b> Research and present your favourite emoji.	<b>Learning &amp; Innovation (1¼ hrs)</b> Write a blog about your first day at British Summer School. <b>Arrivals Questionnaire</b>	<b>Learning &amp; Innovation (1¼ hrs)</b> Find your favourite video clip on YouTube Kids and tell your teacher why.	<b>Learning &amp; Innovation (1¼ hrs)</b> Write and send an email to a family member or friend. <b>Departures Questionnaire</b>	
14:15		Break	Break	Break	Break	Break	
14:45		<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Volleyball Model Making <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Athletics Swimming Lego Competition <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Basketball Rounders Jewellery Making	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Table Tennis Tie-dye t-shirt <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Kwik Cricket Swimming Party Decorations <b>Pro Options (1½hrs)</b>	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience (1½ hrs)</b> <b>Mission: Integration!</b> Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	<b>BSS Experience (1½ hrs)</b> <b>Design a Mascot</b> Work as a team to design and create a mascot for BSS.	<b>BSS Experience (1½ hrs)</b> <b>Silly Olympics</b> Compete in a range of 'silly' competitions. Silly Olympics will test your skills, teamwork and agility.	<b>BSS Experience (1½ hrs)</b> <b>Castle Creation</b> Work as a team to design a castle. Bright colours, unique flags, innovative designs.	<b>BSS Experience (1½ hrs)</b> <b>Talent Show</b> Showcase your skills and talent in a fun and safe environment.	<b>BSS Experience (1½ hrs)</b> <b>Let's Celebrate</b> Showcase the projects you have been working on, receive awards and join the disco with friends.	Chill and Chat
20:30	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
21:00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

For illustrative purposes only; actual activities and timings may be different.



# Worth School

Worth School, a loyal partner of British Summer School, is a prestigious co-educational Senior Boarding and Day School. Its academic, leisure and boarding facilities and its vast open spaces and on-site Forest School make Worth School ideal for this course.



Adventurers  
of the future

Citizens  
of the future



## LOCATION

Courses take place at Worth School, a well-equipped senior boarding school located in beautiful West Sussex in the Southeast of England.



## CAMPUS

This campus is a truly beautiful natural setting for learning and is shared with some other residential and non-residential groups.



## ACCOMMODATION

Boys and girls sleep in suitable boarding accommodation on campus. Single and shared bedrooms are available. Some bedrooms are en-suite with private bathroom. Students who share their bedroom are placed with children of the same sex and of a similar age.



## MEALS

The menu offers a mix of English and international food. Vegetarian and special diets for medical or religious needs are accommodated.



## SPORTS & LEISURE FACILITIES

- Astro turf pitch
- Drama theatre
- Playing fields
- Sports hall
- Tennis courts



## CLUBHOUSE

The Clubhouse is a social space where students can relax, socialise, and chat in an informal and comfortable setting.



## WI-FI

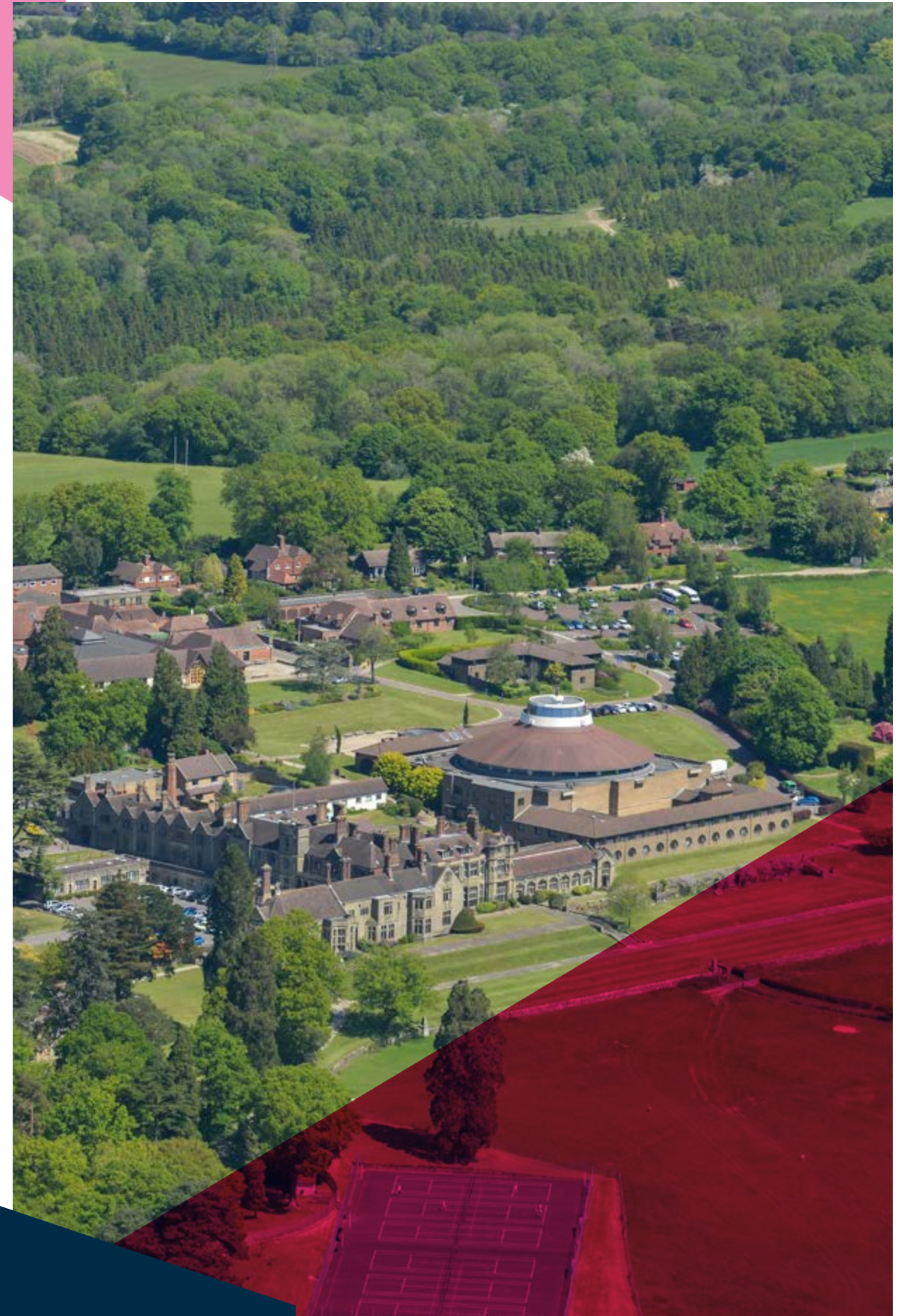
Wi-Fi is available in some communal areas across the campus.



## CENTRE OVERVIEW

- Southeast England
- Capacity 100 students
- 11-16 years
- 1-2 beds per room
- Some bedrooms with private bathroom
- Forest School
- No Smoking

[worthschool.org.uk](http://worthschool.org.uk)





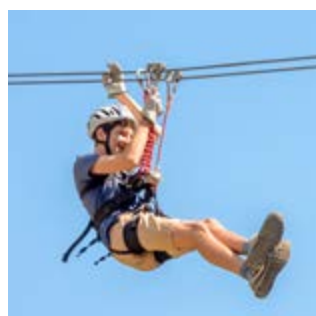
## Courses Available

### Adventurers of the future

### Citizens of the future

Outdoor  
Activity  
Centre  
Visit

Core  
English  
Optional



#### COURSE FORMAT

Students from all courses share the Learning & Innovation lessons, BSS Experience and all recreational activities and cultural excursions.



#### ENGLISH LEVELS

Adventurers with an English level of between A1-C1 are welcomed. Citizens must have a minimum English level of A2.



#### LESSONS

20 hours per week:

##### Adventurers

- Core English
- Focus Adventure
- Learning & Innovation

#### Citizens

- Choose between Core English or Community Projects
- Focus Communication
- Learning & Innovation

The objectives of the lessons are to improve students' receptive and productive language skills and to develop their ability to communicate and operate in the 21st century.



#### MISSION: INTEGRATION!

This takes place on Sunday evenings and consists of icebreakers and getting-to-know-you activities designed to help new students integrate into school life and meet their peers and staff.



#### SPORTS & LEISURE

Students take part in our Leisure programme where they can choose between a selection of different sports and leisure activities.



#### PRO OPTIONS

The Pro Options programme is optional and allows students to specialise in one sport or other recreational activity for the whole week and is designed to increase their skills, techniques, and knowledge in their chosen option.

Available in:

- Horse Riding
- Golf
- Tennis



#### BSS EXPERIENCE

This is our evening entertainment programme that consists of a series of fun challenges, games and social events designed to develop students personal and social skills, self-confidence, and authenticity.



#### CULTURAL PROGRAMME

Saturday and Sunday excursions allow students to visit places of cultural or historical interest or take part in a recreational activity with their friends.



#### COURSE OVERVIEW

- Centre: Worth
- 11-16 years
- 20 hours of lessons per week
- English Levels:  
Adventurers A1-C1  
Citizens A2-C1
- Core English
- Community Projects (Citizens only)
- Learning & Innovation
- Focus Adventure/Communication
- Sports & Leisure
- BSS Experience
- True Me

The Adventurers course  
focuses on stimulating  
students' sense of  
adventure through  
practical outdoor lessons.



Lessons

CORE ENGLISH

English language lessons are designed to improve students' receptive and productive skills (reading, writing, speaking, listening), extend the scope and range of their vocabulary in both formal and informal contexts and deepen their understanding of grammar to improve spoken and written accuracy.

COMMUNITY PROJECTS

These projects are designed to promote language learning through real-life practice, while also engaging students in meaningful activities that address 21st century problems for the benefit of the wider community. Projects may include:

- Prepare a sketch and perform it
- Design a community clean-up project
- Write a short survey about a 21st century problem
- Create a street art mural about the benefits of diversity
- Design a newsletter about the importance of green energy
- Write a story about a community problem such as homelessness
- Write to the local MP about a community problem

FOCUS ADVENTURE

These lessons are designed to improve students' English and at the same time, stimulate their appetite for and sense of adventure, helping them to build their communication skills and self-confidence through a range of different practical outdoor activities. Focus Adventure lessons may include:

- Bush craft activities
- Erecting a tent
- Nature walk
- Orienteering
- Outdoor activity centre visit
- Survival skills
- Tying knots

Students visit an **outdoor activity centre** on Wednesday afternoons to take part in various adventure activities. Examples of activities include:

- Kayaking
- Raft building
- Ziplining
- Rock climbing
- Gladiator Challenge



FOCUS COMMUNICATION

Effective communication is key to success in the 21st century and developing core communication skills is an integral and crucial part of this course.

These lessons are designed to help students develop the skills required to communicate more freely, naturally, and confidently in English in academic, recreational, and professional contexts.

LEARNING & INNOVATION

These task-based lessons enable students to work collaboratively to research, discuss and create projects that reflect their knowledge, skills, and personality while developing strategies that are essential for success in the 21st century. The projects have been specially created to help develop the students' capabilities in each of the 4Cs that form the core of the 21st century learning curriculum: Collaboration, Communication, Creativity, and Critical Thinking.

MISSION:  
INTEGRATION!

Sunday evenings offer organised ice-breaker activities that allow new and continuing students to meet each other and start to build new friendships.



TIMETABLE  
A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students ARRIVAL DAY</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students DEPARTURE DAY</b>
08:00	Students can arrive at any time, but preferably in the afternoon.	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Departing students should depart in the morning and cannot attend the excursion.
08:45		<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	
09:00	<b>Continuing students ALL DAY EXCURSION</b>	<b>Adventurers</b> Core English <b>Citizens</b> Core English or Community Projects <b>(1¼ hrs)</b>	<b>Adventurers</b> Core English <b>Citizens</b> Core English or Community Projects <b>(1¼ hrs)</b>	<b>Adventurers</b> Core English <b>Citizens</b> Core English or Community Projects <b>(1¼ hrs)</b>	<b>Adventurers</b> Core English <b>Citizens</b> Core English or Community Projects <b>(1¼ hrs)</b>	<b>Adventurers</b> Core English <b>Citizens</b> Core English or Community Projects <b>(1¼ hrs)</b>	<b>Continuing students ALL DAY EXCURSION</b>
10:15		Break	Break	Break	Break	Break	
10:30	<b>City / Seaside Town Visit</b> Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	<b>Focus Adventure</b> <b>Focus Communication</b> <b>(1½ hrs)</b>	<b>Focus Adventure</b> <b>Focus Communication</b> <b>(1½ hrs)</b>	<b>Focus Adventure</b> <b>Focus Communication</b> <b>(1½ hrs)</b>	<b>Focus Adventure</b> <b>Focus Communication</b> <b>(1½ hrs)</b>	<b>Focus Adventure</b> <b>Focus Communication</b> <b>(1½ hrs)</b>	<b>London</b> Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square.
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	<b>and / or</b> Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
13:00		<b>Learning &amp; Innovation (1¼ hrs)</b> Create a one minute video to introduce yourself.	<b>Learning &amp; Innovation (1¼ hrs)</b> Research and present your favourite emoji.	<b>Learning &amp; Innovation (1¼ hrs)</b> Write a blog about your first day at British Summer School. <b>Arrivals Questionnaire</b>	<b>Learning &amp; Innovation (1¼ hrs)</b> Find your favourite video clip on YouTube and tell your teacher why.	<b>Learning &amp; Innovation (1¼ hrs)</b> Write and send an email to a family member or friend. <b>Departures Questionnaire</b>	
14:15		Break	Break	Break	Break	Break	
14:45		<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Volleyball Kite flying Model Making <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Basketball Athletics Ultimate Frisbee Lego Competition <b>Pro Options (1½hrs)</b>	<b>Outdoor Activity Centre Visit</b> <b>For all Adventurers and Citizens</b> In small teams, build a raft and take it onto the lake	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Kwik Cricket Table Tennis Swimming (off site) Tie-dye t-shirt <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Basketball Circuits Challenge Party Decorations <b>Pro Options (1½hrs)</b>	
16:30		Free Time	Free Time		Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience Mission: Integration!</b> Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	<b>BSS Experience (1½ hrs) Mummy Challenge</b> Work as a team to design and create a mummy using the materials provided. Will your design survive the mummy dance-off?	<b>BSS Experience (1½ hrs) Colour Run</b> Join your peers in an evening of colour, games and music. Make sure you wear a white top!	<b>BSS Experience (1½ hrs) Murder Mystery</b> Become a BSS detective to solve a crime. Work as a team to solve the clues before the night is over.	<b>BSS Experience (1½ hr) Bench Dodgeball</b> Work as a team to get all opposing players onto your bench by hitting them with a ball. Your balance, strategic skills and teamwork will be tested.	<b>BSS Experience (1½ hr) Let's Celebrate</b> Showcase the projects you have been working on, receive awards and join the disco with friends.	Chill and Chat
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
21:00	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
22:15	Lights Out (11-14yrs)	Lights Out (11-14yrs)	Lights Out (11-14yrs)	Lights Out (11-14yrs)	Lights Out (11-14yrs)	Lights Out (11-14yrs)	Lights Out (11-14yrs)
23:00	Lights Out (15-16yrs)	Lights Out (15-16yrs)	Lights Out (15-16yrs)	Lights Out (15-16yrs)	Lights Out (15-16yrs)	Lights Out (15-16yrs)	Lights Out (15-16yrs)

For illustrative purposes only; actual activities and timings may be different.



# Oundle School

Oundle School, a loyal partner of British Summer School for residential summer courses, is a co-educational Senior Boarding and Day School. Located in the heart of Oundle, students enjoy a sense of freedom and have easy access to cafés, shops and restaurants.



Citizens  
of the future

Artists  
of the future

Academics  
of the future

Champions  
of the future



## LOCATION

The course takes place at Oundle School, a prestigious senior boarding school with excellent sports facilities situated in the charming market town of Oundle in the heart of Northamptonshire in central England.



## CAMPUS

Whilst sharing this campus with other residential and non-residential groups, British Summer School has dedicated access to many academic, boarding and leisure facilities.



## ACCOMMODATION

Boys and girls sleep in suitable boarding accommodation on campus. Students share their bedroom with children of the same sex and of a similar age. Bathrooms are shared.



## MEALS

The menu offers a mix of English and international food. Vegetarian and special diets for medical or religious needs are accommodated.



## SPORTS & LEISURE FACILITIES

- Astro turf pitch
- Athletics track
- Drama theatre
- Fitness centre
- Playing fields
- Netball courts
- Squash courts
- Sports hall
- Swimming pool (50m)
- Tennis courts



## CLUBHOUSE

The Clubhouse is a social space where students can relax, socialise, and chat in an informal and comfortable setting.



## WI-FI

Wi-Fi is available in some communal areas across the campus.



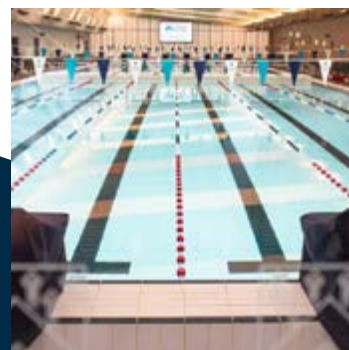
## OUNDLE VILLAGE

Students are allowed into Oundle village in small groups during afternoon free time. See Student Handbook for more details.

## CENTRE OVERVIEW

- Central England
- Capacity 200 students
- 12-17 years
- 1-6 beds per room
- Town setting
- No Smoking

[oundleschool.org.uk](http://oundleschool.org.uk)





# Courses Available

Core  
English  
Optional

## Citizens of the future

## Artists of the future

## Academics of the future



### COURSE FORMAT

Students from all courses share the same Learning & Innovation lessons, BSS Experience and all recreational activities and cultural excursions.



### ENGLISH LEVELS

Citizens and Artists welcome students with English levels between A2 Elementary and C1 Advanced. Academics must have a minimum English level of B1 Intermediate.



### LESSONS

20 hours per week:

#### Citizens

- Choose between Core English or Community Projects
- Focus Communication
- Learning & Innovation

#### Artists

- Core English
- Focus Arts (select specialism)
- Learning & Innovation

#### Academics

- Academic English
- Focus Academic (select specialism)
- Learning & Innovation

The objectives of the lessons are to improve students' receptive and productive language skills and to develop their ability to communicate and operate in the 21st century.



### MISSION: INTEGRATION!

This takes place on Sunday evenings and consists of icebreakers and getting-to-know-you activities designed to help new students integrate into school life and meet their peers and staff.



### SPORTS & LEISURE

Students take part in our Leisure programme where they can choose between a selection of different sports and leisure activities.



### PRO OPTIONS

The Pro Options programme is optional and allows students to specialise in one sport or other recreational activity for the whole week and is designed to increase their skills, techniques, and knowledge in their chosen option.

Available in:

- Aviation Simulator
- Strength & Conditioning
- Tennis



### BSS EXPERIENCE

This is our evening entertainment programme that consists of a series of fun challenges, games and social events designed to develop students personal and social skills, self-confidence, and authenticity.



### CULTURAL PROGRAMME

Saturday and Sunday excursions allow students to visit places of cultural or historical interest or take part in a recreational activity with their friends.



### COURSE OVERVIEW

- Centre: Oundle
- 12-17 years
- 20 hours of lessons per week
- English Levels:  
Citizens & Artists: A2-C1  
Academics: B1-C1
- Core English
- Community Projects (Citizens only)
- Learning & Innovation
- Focus Communication/Arts/Academic
- Sports & Leisure
- BSS Experience
- True Me

Effective communication  
is key to success in  
the 21st century and  
developing these skills  
is an integral and crucial  
part of these courses.



Lessons

CORE ENGLISH

English language lessons are designed to improve students' receptive and productive skills (reading, writing, speaking, listening), extend the scope and range of their vocabulary in both formal and informal contexts and deepen their understanding of grammar to improve spoken and written accuracy.

COMMUNITY PROJECTS

These projects are designed to promote language learning through real-life practice, while also engaging students in meaningful activities that address 21st century problems for the benefit of the wider community. Projects may include:

- Prepare a sketch and perform it
- Design a community clean-up project
- Write a short survey about a 21st century problem
- Create a street art mural about the benefits of diversity
- Design a newsletter about the importance of green energy
- Write a story about a community problem such as homelessness
- Write to the local MP about a community problem

FOCUS COMMUNICATION

Effective communication is key to success in the 21st century and developing core communication skills is an integral and crucial part of this course.

These lessons are designed to help students develop the skills required to communicate more freely, naturally, and confidently in English in academic, recreational, and professional contexts.

Lessons include a range of oral and written communication methods such as:

- Academic essay writing
- Business report writing
- Creative writing
- Debating
- Negotiating
- Networking
- Presenting

FOCUS ARTS

Students choose one Focus Arts specialism per week for the opportunity to practise and refine their artistic skills and talents. The specialisms available are:

- Art
- Dance
- Drama
- Music

Students choose one specialism per week.



MISSION:  
INTEGRATION!

Sunday evenings offer organised ice-breaker activities that allow new and continuing students to meet each other and start to build new friendships.

FOCUS ACADEMIC

These lessons are designed to develop and expand knowledge and understanding of some key concepts and topics in one of six academic specialisms to help them prepare for future academic study.

The specialisms available are:

- Business
- Engineering
- Humanities
- Maths
- Science
- Writing

Students choose one specialism per week.

LEARNING & INNOVATION

These task-based lessons enable students to work collaboratively to research, discuss and create projects that reflect their knowledge, skills, and personality while developing strategies that are essential for success in the 21st century. The projects have been specially created to help develop the students' capabilities in each of the 4Cs that form the core of the 21st century learning curriculum: Collaboration, Communication, Creativity, and Critical Thinking.

EXAM COURSES

Cambridge Assessment offers a series of globally-recognised exams that accredit students' English level for study and work.

The following Cambridge exam preparation course are available:

- B1 Preliminary
- B2 First
- C1 Advanced

These courses offer dedicated preparation and intensive exam practice instead of Core English & Learning & Innovation.

Students sit the exam at an external testing centre at the end of their course.

TIMETABLE  
A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students</b>
08:00	<b>ARRIVAL DAY</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	<b>DEPARTURE DAY</b>
08:45	Students can arrive at any time, but preferably in the afternoon.	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	Departing students should depart in the morning and cannot attend the excursion.
09:00	<b>Continuing students</b> <b>ALL DAY EXCURSION</b>  <b>City / Seaside Town Visit</b>	<b>Citizens</b> Core English or Community Projects <b>Artists</b> Core English <b>Academics</b> Academic English <b>(1½ hrs)</b>	<b>Citizens</b> Core English or Community Projects <b>Artists</b> Core English <b>Academics</b> Academic English <b>(1½ hrs)</b>	<b>Citizens</b> Core English or Community Projects <b>Artists</b> Core English <b>Academics</b> Academic English <b>(1½ hrs)</b>	<b>Citizens</b> Core English or Community Projects <b>Artists</b> Core English <b>Academics</b> Academic English <b>(1½ hrs)</b>	<b>Citizens</b> Core English or Community Projects <b>Artists</b> Core English <b>Academics</b> Academic English <b>(1½ hrs)</b>	<b>Continuing students</b> <b>ALL DAY EXCURSION</b>  <b>London</b> Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square. <b>and / or</b> Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
10:15	Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	Break	Break	Break	Break	Break	
10:30		<b>Focus Communication</b> <b>Focus Arts</b> <b>Focus Academic</b> <b>(1½ hrs)</b>	<b>Focus Communication</b> <b>Focus Arts</b> <b>Focus Academic</b> <b>(1½ hrs)</b>	<b>Focus Communication</b> <b>Focus Arts</b> <b>Focus Academic</b> <b>(1½ hrs)</b>	<b>Focus Communication</b> <b>Focus Arts</b> <b>Focus Academic</b> <b>(1½ hrs)</b>	<b>Focus Communication</b> <b>Focus Arts</b> <b>Focus Academic</b> <b>(1½ hrs)</b>	
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	
13:00		<b>Learning &amp; Innovation</b> <b>(1½ hrs)</b>  Using your mobile phone, record a one-minute video to introduce yourself and show your classmate.	<b>Learning &amp; Innovation</b> <b>(1½ hrs)</b>  Write a blog about your first day at British Summer School and post it online.	<b>Learning &amp; Innovation</b> <b>(1½ hrs)</b>  Find a video clip on YouTube that summarizes how you feel about technology and explain the video and your feelings to the class. <b>Arrivals Questionnaire</b>	<b>Learning &amp; Innovation</b> <b>(1½ hrs)</b>  Program a micro bit to achieve a task of your choice such as controlling a music playlist or creating a visual message for a classmate.	<b>Learning &amp; Innovation</b> <b>(1½ hrs)</b>  Write an email to a family member or friend in English to tell them about achievements so far at British Summer School. <b>Departures Questionnaire</b>	
14:15		Break	Break	Break	Break	Break	
14:45		<b>Sports &amp; Leisure</b> <b>(1½ hrs)</b> <i>Choose between:</i> Football Volleyball Fitness Session Model Making <b>Pro Options</b> <b>(1½hrs)</b>	<b>Sports &amp; Leisure</b> <b>(1½ hrs)</b> <i>Choose between:</i> Basketball Athletics Tennis Salsa Lesson <b>Pro Options</b> <b>(1½hrs)</b>	<b>Sports &amp; Leisure</b> <b>(1½ hrs)</b> <i>Choose between:</i> Football Rounders Messy Games Landscape Painting	<b>Sports &amp; Leisure</b> <b>(1½ hrs)</b> <i>Choose between:</i> Kwik Cricket Tennis Swimming Tie-dye t-shirt <b>Pro Options</b> <b>(1½hrs)</b>	<b>Sports &amp; Leisure</b> <b>(1½ hrs)</b> <i>Choose between:</i> Football Basketball Circuits Challenge Yoga <b>Pro Options</b> <b>(1½hrs)</b>	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience Mission: Integration!</b> Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	<b>BSS Experience</b> <b>(1½ hrs)</b> <b>House Song/ Dance</b> Work as a team to create a performance. Judges are looking for team participation, originality and creativity.	<b>BSS Experience</b> <b>(1½ hrs)</b> <b>Talent Show</b> Showcase your skills and talent in a fun and safe environment. You will also perform your house performance on this night.	<b>BSS Experience</b> <b>(1½ hrs)</b> <b>Escape Room</b> Work as a team in a live action-adventure game where you and your team will solve puzzles, find clues and complete tasks.	<b>BSS Experience</b> <b>(1½ hrs)</b> <b>Olympic Games</b> Compete in a range of sport competitions. The games are designed to test your skills, teamwork and agility.	<b>BSS Experience</b> <b>(1½ hrs)</b> <b>Let's Celebrate</b> Showcase the projects you have been working on, receive awards and join the disco with friends.	Chill and Chat
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
21:00	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
22:15	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)
23:00	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)

For illustrative purposes only; actual activities and timings may be different.



## Courses Available

# Champions of the future

Sports  
Available:  
Tennis



### COURSE FORMAT

Students from all courses share the same Core English lessons, BSS Experience and all recreational activities and cultural excursions.



### ENGLISH LEVELS

Champions welcomes students with English levels between A2 Elementary and C1 Advanced.



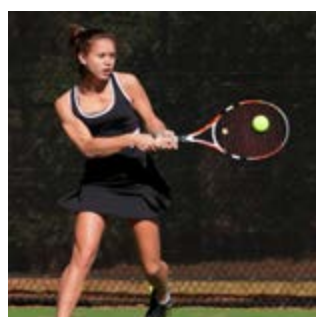
### SPORT LEVEL

Players of all levels are welcome.



### SPORTS AVAILABLE

- Tennis



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### COURSE OVERVIEW

- Centre: Oundle
- 12-17 years
- 28.75 hours of lessons per week
- English Levels: A2-C1
- Core English
- Focus Sports Science
- Technical Training
- BSS Experience
- True Me

Technical training enables students to develop their technical skills and abilities in their chosen sport



### LESSONS

28¾ hours per week:

- Core English
- Focus Sports Science
- Technical Training

The objectives of the lessons are to improve students' receptive and productive language skills and to develop their ability to communicate and operate in the 21st century.



### TECHNICAL TRAINING

Technical training consists of 15 hours of coaching per week and enables students to develop their technical skills and abilities and practise advanced match play strategies.



### MISSION: INTEGRATION!

This takes place on Sunday evenings and consists of icebreakers and getting-to-know-you activities designed to help new students integrate into school life and meet their peers and staff.



### BSS EXPERIENCE

This is our evening entertainment programme that consists of a series of fun challenges, games and social events designed to develop students personal and social skills, self-confidence, and authenticity.



### CULTURAL PROGRAMME

Saturday and Sunday excursions allow students to visit places of cultural or historical interest or take part in a recreational activity with their friends.



29



Lessons



CORE ENGLISH

English language lessons are designed to improve students' receptive and productive skills (reading, writing, speaking, listening), extend the scope and range of their vocabulary in both formal and informal contexts and deepen their understanding of grammar to improve spoken and written accuracy.



FOCUS SPORTS SCIENCE

These lessons are designed to develop and expand knowledge and understanding of some key elements that affect playing sport at an advanced level and competing such as:

- Anatomy & Injury Prevention
- English for Competitive Sport
- Match Play Strategies
- Nutrition
- Sport Psychology
- Personal Responsibility
- Resilience

TECHNICAL TRAINING

These lessons enable students to develop their technical skills and abilities and practise advanced match play strategies in their chosen sport:

- Improve physical fitness
- Develop technical skills and abilities
- Enhance footwork and agility
- Improve positioning
- Practise advanced match play strategies
- Strengthen teamwork and communication
- Set personal performance goals and monitor progress



MISSION:  
INTEGRATION!

Sunday evenings offer organised ice-breaker activities that allow new and continuing students to meet each other and start to build new friendships.



TIMETABLE  
A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students</b>
08:00	<b>ARRIVAL DAY</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	<b>DEPARTURE DAY</b>
08:45	Students can arrive at any time, but preferably in the afternoon.	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	Departing students should depart in the morning and cannot attend the excursion.
09:00	<b>Continuing students</b> <b>ALL DAY EXCURSION</b>	<b>Core English (1¼ hrs)</b> What does true friendship mean? What attributes does an ideal friend have? How many true friends do you have?	<b>Core English (1¼ hrs)</b> In pairs, make a list of the advantages and disadvantages of playing modern computer games.	<b>Core English (1¼ hrs)</b> What domestic and global social media channels do you use, how often and what for?	<b>Core English (1¼ hrs)</b> In pairs, research some basic facts about BREXIT and present your findings to the class.	<b>Core English (1¼ hrs)</b> <b>Revision Assessment</b> <b>True Me Reflection</b>	<b>Continuing students</b> <b>ALL DAY EXCURSION</b>
10:15	<b>City / Seaside Town Visit</b>	Break	Break	Break	Break	Break	<b>London</b> Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square. <b>and / or</b> Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
10:30	Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	<b>Focus Sports Science (1½ hrs)</b> Anatomy & Injury Prevention	<b>Focus Sports Science (1½ hrs)</b> Nutrition	<b>Focus Sports Science (1½ hrs)</b> English for Competitive Sport <b>Arrivals Questionnaire</b>	<b>Focus Sports Science (1½ hrs)</b> Sport Psychology	<b>Focus Sports Science (1½ hrs)</b> Self-Analysis, Goal Setting & Performance Monitoring <b>Departures Questionnaire</b>	
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	
13:00		<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	
14:30		Break	Break	Break	Break	Break	Chill and Chat
15:00		<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	<b>Technical Training (1½ hrs)</b>	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience (1½ hrs)</b> <b>Mission: Integration!</b> Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	<b>BSS Experience (1½ hrs)</b> <b>House Song/ Dance</b> Work as a team to create a performance. Judges are looking for team participation, originality and creativity.	<b>BSS Experience (1½ hrs)</b> <b>Talent Show</b> Showcase your skills and talent in a fun and safe environment. You will also perform your house performance on this night.	<b>BSS Experience (1½ hrs)</b> <b>Escape Room</b> Work as a team in a live action-adventure game where you and your team will solve puzzles, find clues and complete tasks.	<b>BSS Experience (1½ hrs)</b> <b>Olympic Games</b> Compete in a range of sport competitions. The games are designed to test your skills, teamwork and agility.	<b>BSS Experience (1½ hrs)</b> <b>Let's Celebrate</b> Showcase the projects you have been working on, receive awards and join the disco with friends.	
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
21:00	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
22:15	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)
23:00	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)	Lights Out (15-17yrs)

For illustrative purposes only; actual activities and timings may be different.



# Uppingham School

Uppingham School is a co-educational Senior Boarding and Day School. Located in the heart of the market town of Uppingham, students enjoy a sense of freedom and have easy access to cafés, shops and restaurants.



**Footballers  
of the future**

**Citizens  
of the future**

**Professionals  
of the future**



## LOCATION

Courses take place at Uppingham School, a prestigious senior boarding school with good academic, arts and sports facilities situated in the historic county of Rutland in central England.



## CAMPUS

Whilst sharing this campus with other residential and non-residential groups, British Summer School has dedicated access to many academic, boarding and leisure facilities.



## ACCOMMODATION

Boys and girls sleep in suitable boarding accommodation on campus.

Students share their bedroom with children of the same sex and of a similar age. Bathrooms are shared.



## MEALS

The menu offers a mix of English and international food. Vegetarian and special diets for medical or religious needs are accommodated.



## SPORTS & LEISURE FACILITIES

- Astro turf pitch
- Athletics track
- Drama theatre
- Playing fields
- Sports hall
- Swimming pool
- Tennis courts



## CLUBHOUSE

The Clubhouse is a social space where students can relax, socialise, and chat in an informal and comfortable setting.



## WI-FI

Wi-Fi is available in some communal areas across the campus.



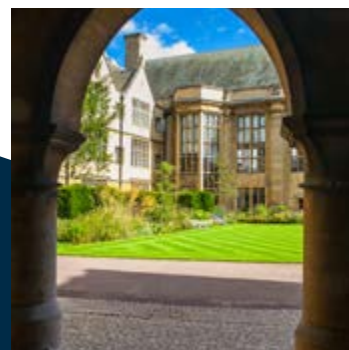
## UPPINGHAM TOWN

Students are allowed into Uppingham village in small groups during afternoon free time. See Student Handbook for more details.

## CENTRE OVERVIEW

- County of Rutland
- Capacity 100 students
- 12-18 years
- 1-6 beds per room
- Town setting
- No Smoking

**uppingham.co.uk**





## Courses Available

### Citizens of the future

### Professionals of the future

Core  
English  
Optional

English  
Lessons  
Optional



#### COURSE FORMAT

Students from both courses may share some English lessons. All students share BSS Experience and all recreational activities and cultural excursions.



#### ENGLISH LEVELS

Citizens welcomes students with English levels between A2 Elementary and C2 Proficiency. Professionals must have a minimum English level of B1 Intermediate.



#### LESSONS

20 hours per week:

#### Citizens

- Choose between Core English or Community Projects
- Focus Communication
- Learning & Innovation

#### Professionals

- Elective 1 (select option)
- Focus Professional (select option)
- Elective 2 (select option)

The objectives of the lessons are to improve students' receptive and productive language skills and to develop their ability to communicate and operate in the 21st century.



#### MISSION: INTEGRATION!

This takes place on Sunday evenings and consists of icebreakers and getting-to-know-you activities designed to help new students integrate into school life and meet their peers and staff.



#### SPORTS & LEISURE

Students take part in our Leisure programme where they can choose between a selection of different sports and leisure activities.



#### PRO OPTIONS

The Pro Options programme is optional and allows students to specialise in one sport or other recreational activity for the whole week and is designed to increase their skills, techniques, and knowledge in their chosen option.

Available in:

- Strength & Conditioning
- Tennis



#### BSS EXPERIENCE

This is our evening entertainment programme that consists of a series of fun challenges, games and social events designed to develop students personal and social skills, self-confidence, and authenticity.



#### CULTURAL PROGRAMME

Saturday and Sunday excursions allow students to visit places of cultural or historical interest or take part in a recreational activity with their friends.



#### COURSE OVERVIEW

- Centre: Uppingham
- 13-18 years
- 20 hours of lessons per week
- English Levels:  
Citizens: A2-C2  
Professionals: B1-C2
- Core English
- Community Projects (Citizens only)
- Learning & Innovation
- Focus Communication/Professional
- Sports & Leisure
- BSS Experience
- True Me

**Effective communication  
is key to success in  
the 21st century and  
developing these skills  
is an integral and crucial  
part of these courses.**



# Lessons

## Citizens of the future

### CORE ENGLISH

English language lessons are designed to improve students' receptive and productive skills (reading, writing, speaking, listening), extend the scope and range of their vocabulary in both formal and informal contexts and deepen their understanding of grammar to improve spoken and written accuracy.

### COMMUNITY PROJECTS

These projects are designed to promote language learning through real-life practice, while also engaging students in meaningful activities that address 21st century problems for the benefit of the wider community. Projects may include:

- Prepare a sketch and perform it
- Design a community clean-up project
- Write a short survey about a 21st century problem
- Create a street art mural about the benefits of diversity
- Design a newsletter about the importance of green energy
- Write a story about a community problem such as homelessness
- Write to the local MP about a community problem



### FOCUS COMMUNICATION

Effective communication is key to success in the 21st century and developing core communication skills is an integral and crucial part of this course.

These lessons are designed to help students develop the skills required to communicate more freely, naturally, and confidently in English in academic, recreational, and professional contexts.

Lessons include a range of oral and written communication methods such as:

- Academic essay writing
- Business report writing
- Creative writing
- Debating
- Negotiating
- Networking
- Presenting

### LEARNING & INNOVATION

These task-based lessons enable students to work collaboratively to research, discuss and create projects that reflect their knowledge, skills, and personality while developing strategies that are essential for success in the 21st century. The projects have been specially created to help develop the students' capabilities in each of the 4Cs that form the core of the 21st century learning curriculum: Collaboration, Communication, Creativity, and Critical Thinking.

### EXAM COURSES

Cambridge Assessment offers a series of globally-recognised exams that accredit students' English level for study and work.

The following Cambridge exam preparation course are available:

- B1 Preliminary
- B2 First
- C1 Advanced

These courses offer dedicated preparation and intensive exam practice instead of Core English & Learning & Innovation.

Students sit the exam at an external testing centre at the end of their course.



## MISSION: INTEGRATION!

Sunday evenings offer organised ice-breaker activities that allow new and continuing students to meet each other and start to build new friendships.

## TIMETABLE

### A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students</b>
08:00	<b>ARRIVAL DAY</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	<b>DEPARTURE DAY</b>
08:45	Students can arrive at any time, but preferably in the afternoon.	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	Departing students should depart in the morning and cannot attend the excursion.
09:00	<b>Continuing students</b> <b>ALL DAY EXCURSION</b> <b>City / Seaside Town Visit</b> Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	<b>Core English (1¼ hrs)</b> What does true friendship mean? What attributes does an ideal friend have? How many true friends do you have? <b>or Community Projects</b> Sketch illustrating diversity	<b>Core English (1¼ hrs)</b> In pairs, make a list of the advantages and disadvantages of playing modern computer games. <b>or Community Projects</b> Community clean-up	<b>Core English (1¼ hrs)</b> What domestic and global social media channels do you use, how often and what for? <b>or Community Projects</b> Street Art mural	<b>Core English (1¼ hrs)</b> In pairs, research some basic facts about BREXIT and present your findings to the class. <b>or Community Projects</b> Newsletter about Home Solar Panels	<b>Core English (1¼ hrs)</b> <b>Revision Assessment</b> <b>True Me Reflection</b> <b>or Community Projects</b> Letter to local MP	<b>Continuing students</b> <b>ALL DAY EXCURSION</b> <b>London</b> Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square. <b>and / or</b> Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
10:15		Break	Break	Break	Break	Break	
10:30		<b>Focus Communication (1¼ hrs)</b>	<b>Focus Communication (1¼ hrs)</b>	<b>Focus Communication (1¼ hrs)</b>	<b>Focus Communication (1¼ hrs)</b>	<b>Focus Communication (1¼ hrs)</b>	
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	
13:00		<b>Learning &amp; Innovation (1¼ hrs)</b>	<b>Learning &amp; Innovation (1¼ hrs)</b>	<b>Learning &amp; Innovation (1¼ hrs)</b>	<b>Learning &amp; Innovation (1¼ hrs)</b>	<b>Learning &amp; Innovation (1¼ hrs)</b>	
14:15		Break	Break	Break	Break	Break	
14:45		<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Volleyball Fitness Session Model Making <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Basketball Athletics Tennis Salsa Lesson <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Rounders Messy Games Landscape Painting	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Kwik Cricket Tennis Swimming Tie-dye t-shirt <b>Pro Options (1½hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b> <i>Choose between:</i> Football Basketball Circuits Challenge Yoga <b>Pro Options (1½hrs)</b>	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience (1½ hrs)</b> <b>Mission: Integration!</b> Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	<b>BSS Experience (1½ hrs)</b> <b>The Cube</b> Work as a team to partake in a range of challenges all designed to be completed in a small square. Don't let the pressure of the cube distract you from your mission.	<b>BSS Experience (1½ hrs)</b> <b>Capture the Flag</b> Work as a team to capture the opposing team's flag and bring it back to your base without getting tagged. Your strategic skills and teamwork will be tested.	<b>BSS Experience (1½ hrs)</b> <b>Task Master</b> Work as a team to complete creative and bizarre tasks set by the Task Master. This will test your skills, teamwork and agility.	<b>BSS Experience (1½ hrs)</b> <b>Lanterns</b> Work as a team to design and create lanterns for the 'Friday Let's Celebrate' ceremony. Designs represent national pride, your BSS journey and friendship.	<b>BSS Experience (1½ hrs)</b> <b>Let's Celebrate</b> Showcase the projects you have been working on, receive awards and join the disco with friend.	Chill and Chat
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
21:00	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
22:15	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)
23:00	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)

For illustrative purposes only; actual activities and timings may be different.



# Lessons

## Professionals of the future

Student choose two Electives and their Focus Lesson.

Elective 1

- Core English
- Digital Marketing
- Life Skills

Focus Professional

- Entrepreneurship
- International Relations
- Leadership
- Media & Communications

Elective 2

- Academic English
- Business English
- Learning and Innovation



ENTREPRENEURSHIP

These lessons cover many key business practices, fundamentals and principles essential for being a company Director or CEO such as accounting, management, finance, marketing, business law, human resources and employment law.



INTERNATIONAL RELATIONS

These lessons are concerned with relations across boundaries of nation-states and include the study of subjects and topics such as international political economy, global governance, intercultural relations, national and ethnic identities, foreign policy analysis, development studies, environment, international security, diplomacy, terrorism, media and social movements.



LEADERSHIP

These lessons are designed to develop the students' understanding of leadership qualities and skills. The course examines the characteristics which are consistently identified with great leaders and are regarded as important for successful business executives, senior managers, and company owners as well as leaders in other areas of life.



MEDIA & COMMUNICATIONS

These lessons are designed to prepare students for a future on this pathway. Students explore communication strategies via different mediums, media literacy and analysis, content creation, and understanding media influence in the modern world.



EXAM COURSES

IELTS is a useful qualification for students seeking a place at a UK or English-speaking university and is used by many multi-national companies to establish applicants' level of English.

Cambridge Assessment offers a series of globally-recognised exams that accredit students' English level for study and work.

The following exam preparation courses are available:

- IELTS
- B1 Preliminary
- B2 First
- C1 Advanced

These courses offer dedicated preparation and intensive exam practice instead of Electives 1 and 2.

Students sit the exam at an external testing centre at the end of their course.

The course focuses on developing students' understanding and practical application of professional qualities and skills to enhance future employability.

## TIMETABLE

### A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students</b>
08:00	<b>ARRIVAL DAY</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	<b>DEPARTURE DAY</b>
08:45	Students can arrive at any time, but preferably in the afternoon.	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	Departing students should depart in the morning and cannot attend the excursion.
09:00	<b>Continuing students</b>	<b>Elective 1 (1¼ hrs)</b>	<b>Elective 1 (1¼ hrs)</b>	<b>Elective 1 (1¼ hrs)</b>	<b>Elective 1 (1¼ hrs)</b>	<b>Elective 1 (1¼ hrs)</b>	<b>Continuing students</b>
	<b>ALL DAY EXCURSION</b>	Core English Digital Marketing Life Skills	Core English Digital Marketing Life Skills	Core English Digital Marketing Life Skills	Core English Digital Marketing Life Skills	Core English Digital Marketing Life Skills	<b>ALL DAY EXCURSION</b>
10:15		Break	Break	Break	Break	Break	
10:30	<b>City / Seaside Town Visit</b>	<b>Focus Professional (1½ hrs)</b>	<b>Focus Professional (1½ hrs)</b>	<b>Focus Professional (1½ hrs)</b>	<b>Focus Professional (1½ hrs)</b>	<b>Focus Professional (1½ hrs)</b>	<b>London</b>
	Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	Entrepreneurship International Relations Leadership Media & Communications	Entrepreneurship International Relations Leadership Media & Communications	Entrepreneurship International Relations Leadership Media & Communications	Entrepreneurship International Relations Leadership Media & Communications	Entrepreneurship International Relations Leadership Media & Communications	Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square.
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	<b>and / or</b>
13:00		<b>Elective 2 (1¼ hrs)</b>	<b>Elective 2 (1¼ hrs)</b>	<b>Elective 2 (1¼ hrs)</b>	<b>Elective 2 (1¼ hrs)</b>	<b>Elective 2 (1¼ hrs)</b>	Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
		Academic English Business English Learning & Innovation	Academic English Business English Learning & Innovation	Academic English Business English Learning & Innovation	Academic English Business English Learning & Innovation	Academic English Business English Learning & Innovation	
14:15		Break	Break	Break	Break	Break	
14:45		<b>Sports &amp; Leisure (1¼ hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b>	<b>Sports &amp; Leisure (1¼ hrs)</b>	
		<i>Choose between:</i> Football Volleyball Fitness Session Model Making	<i>Choose between:</i> Basketball Athletics Tennis Salsa Lesson	<i>Choose between:</i> Football Rounders Messy Games Landscape Painting	<i>Choose between:</i> Kwik Cricket Tennis Swimming Tie-dye t-shirt	<i>Choose between:</i> Football Basketball Circuits Challenge Yoga	
		<b>Pro Options (1½hrs)</b>	<b>Pro Options (1½hrs)</b>		<b>Pro Options (1½hrs)</b>	<b>Pro Options (1½hrs)</b>	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience (1½ hrs)</b>	<b>BSS Experience (1½ hrs)</b>	<b>BSS Experience (1½ hrs)</b>	<b>BSS Experience (1½ hrs)</b>	<b>BSS Experience (1½ hrs)</b>	<b>BSS Experience (1½ hrs)</b>	Chill and Chat
	<b>Mission: Integration!</b>	<b>The Cube</b>	<b>Capture the Flag</b>	<b>Task Master</b>	<b>Lanterns</b>	<b>Let's Celebrate</b>	
	Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	Work as a team to partake in a range of challenges all designed to be completed in a small square. Don't let the pressure of the cube distract you from your mission.	Work as a team to capture the opposing team's flag and bring it back to your base without getting tagged. Your strategic skills and teamwork will be tested.	Work as a team to complete creative and bizarre tasks set by the Task Master. This will test your skills, teamwork and agility.	Work as a team to design and create lanterns for the 'Friday Let's Celebrate' ceremony. Designs represent national pride, your BSS journey and friendship.	Showcase the projects you have been working on, receive awards and join the disco with friend.	
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
21:00	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
22:15	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)
23:00	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)

For illustrative purposes only; actual activities and timings may be different.



# Courses Available

## Footballers of the future



### COURSE FORMAT

Footballers share BSS Experience and some cultural excursions with Citizens and Professionals.



### ENGLISH LEVELS

Footballers of the future welcomes students with English levels between A2 Elementary and C2 Proficiency. This course is also suitable for native speakers.



### FOOTBALL LEVELS

Footballers require some previous football training. This course is suitable for players who are passionate about football, for those who play in a school team or for their local football club and for those who compete at town, regional or national level.



### TRAINING KIT

All players receive a Nike in-line training kit.



### COACHES

All coaches undergo extensive Club training and are FA & UEFA-Qualified and work across both Academy and Player Development Programmes.



### COACHING RATIO

1 coach per 15 players maximum.



### LESSONS

31¼ hours per week:

- Workshops
- Strength & Conditioning
- Technical Training



### TECHNICAL TRAINING

Technical training consists of 25 hours of football coaching per week and enables students to develop their technical skills and abilities and practise advanced match play strategies.

## This course is run in partnership with a Premier League Football Club



### STADIUM / TRAINING GROUND VISITS

Subject to availability and at the discretion of the Football Club, players may be able to visit the Stadium and/or Training Ground.



### MISSION: INTEGRATION!

This takes place on Sunday evenings and consists of icebreaker and get-to-know-you activities to help new students integrate into school life and meet continuing students.



### BSS EXPERIENCE

This is our evening entertainment programme that consists of a series of fun challenges, games and social events designed to develop students personal and social skills, self-confidence, and authenticity.



### CULTURAL PROGRAMME

Saturday and Sunday excursions allow students to visit places of cultural or historical interest or take part in a recreational activity with their friends.



### COURSE OVERVIEW

- Centre: Uppingham
- 12-18 years
- 31.25 hours of lessons per week
- English Levels: A2-C2
- Workshops
- Strength & Conditioning
- Technical Training
- BSS Experience
- True Me

Suitable for players who are passionate about football, for those who play in a school team or for their local football club and for those who compete at town, regional or national level.



# Training Programme

Footballers of the future is designed and delivered in partnership with a Premier League Football Club, and all training sessions are delivered by accredited coaches with a maximum ratio of 1 coach per 15 players.



WORKSHOPS

These sessions, delivered by British Summer School, are designed to develop and expand knowledge and understanding of some key elements that affect playing football at an advanced level and competing such as:

- Anatomy & Injury Prevention
- English for competitive sport
- Match Play Strategies
- Nutrition
- Personal Responsibility
- Resilience
- Sport Psychology



STRENGTH & CONDITIONING

These sessions are designed to improve students' overall fitness, agility and speed to help them play better football:

- Understand the principles of athletic training
- Develop self-discipline and professional training habits
- Enhance physical performance
- Increase aerobic and anaerobic capacity
- Improve core stability & functional movement
- Develop agility, balance and coordination (ABC)



TECHNICAL TRAINING

These lessons enable students to develop their technical skills and abilities and practise advanced match play strategies in their chosen sport:

- Develop advanced football skills and techniques including dribbling, ball control, passing and shooting
- Practise advanced defensive and attacking tactics
- Participate in position-specific training such as goalkeeping, midfield play and defending
- Enhance tactical game play including play formations, special awareness and positioning.
- Improve communication and teamwork through tactical briefings, team discussions, peer collaboration and match reviews.
- Apply the rules and ethics of professional football



Learn to play  
football by FA &  
UEFA-qualified coaches.

## TIMETABLE A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	<b>New students</b>	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	<b>Departing students</b>
08:00	<b>ARRIVAL DAY</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	<b>DEPARTURE DAY</b>
08:45	Students can arrive at any time, but preferably in the afternoon.	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	<b>Meeting</b>	Departing students should depart in the morning and cannot attend the excursion.
09:00	<b>Continuing students</b>	<b>Workshop (1¼ hrs)</b> Anatomy & Injury Prevention	<b>Strength &amp; Conditioning (1¼ hrs)</b>	<b>Workshop (1¼ hrs)</b> Nutrition	<b>Strength &amp; Conditioning (1¼ hrs)</b>	<b>Workshop (1¼ hrs)</b> Sport Psychology	<b>Continuing students</b>
10:15	<b>ALL DAY EXCURSION</b>	Break	Break	Break	Break	Break	<b>ALL DAY EXCURSION</b>
10:30	<b>City / Seaside Town Visit</b> Visit a local city or seaside town to explore the town / city, visit any local attractions, have a walk along the promenade, go to a café or go shopping.	<b>Football Training Session 1 (1½hrs)</b> Advanced Skills Development	<b>Football Training Session 1 (1½hrs)</b> Advanced Skills Development	<b>Football Training Session 1 (1½hrs)</b> Advanced Skills Development	<b>Football Training Session 1 (1½hrs)</b> Advanced Skills Development	<b>Football Training Session 1 (1½hrs)</b> Advanced Skills Development	<b>Stadium Tour</b> Visit a famous football stadium and have an exclusive behind the scenes guided tour.
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	<b>or</b>
12:45		<b>Football Training Session 2 (2hrs)</b> Advanced Defensive Tactics	<b>Football Training Session 2 (2hrs)</b> Advanced Attacking Tactics	<b>Football Training Session 2 (2hrs)</b> Advanced Defensive Tactics	<b>Football Training Session 2 (2hrs)</b> Advanced Attacking Tactics	<b>Football Training Session 2 (2hrs)</b> Advanced Defensive Tactics	<b>London</b> Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square.
14:45		Break	Break	Break	Break	Break	
15:00		<b>Football Training Session 3 (1½ hrs)</b> Tactical Game Play	<b>Football Training Session 3 (1½ hrs)</b> Tactical Game Play	<b>Football Training Session 3 (1½ hrs)</b> Tactical Game Play	<b>Football Training Session 3 (1½ hrs)</b> Tactical Game Play	<b>GAME</b>	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	<b>BSS Experience (1½ hrs)</b> <b>Mission: Integration!</b> Team games, icebreaker activities and challenges to encourage Friendship, have fun and get to know your setting.	<b>BSS Experience (1½ hrs)</b> <b>The Cube</b> Work as a team to partake in a range of challenges all designed to be completed in a small square. Don't let the pressure of the cube distract you from your mission.	<b>BSS Experience (1½ hrs)</b> <b>Capture the Flag</b> Work as a team to capture the opposing team's flag and bring it back to your base without getting tagged. Your strategic skills and teamwork will be tested.	<b>BSS Experience (1½ hrs)</b> <b>Task Master</b> Work as a team to complete creative and bizarre tasks set by the Task Master. This will test your skills, teamwork and agility.	<b>BSS Experience (1½ hrs)</b> <b>Lanterns</b> Work as a team to design and create lanterns for the 'Friday Let's Celebrate' ceremony. Designs represent national pride, your BSS journey and friendship.	<b>BSS Experience (1½ hrs)</b> <b>Let's Celebrate</b> Showcase the projects you have been working on, receive awards and join the disco with friend.	Chill and Chat
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
21:00	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>	<b>House Meeting</b>
22:15	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)	Lights Out (12-14yrs)
23:00	Lights Out (15-18yrs)	Lights Out (15-18yrs)	Lights Out (15-18yrs)	Lights Out (15-18yrs)	Lights Out (15-18yrs)	Lights Out (15-18yrs)	Lights Out (15-18yrs)

For illustrative purposes only; actual activities and timings may be different.



# Academic programme

We select our teachers, coaches and facilitators very carefully to make sure that all students feel happy, engaged and energised in the lessons, as this is how they learn best. And of course, we want them to come back for more!



**CLASS SIZE**

The maximum class size is 14.

**PLACEMENT TEST**

Students are asked to complete an online grammar/vocabulary test 2-4 weeks before arrival. On arrival, they take a short speaking and writing test to confirm all aspects of their English level.

**LEVELS OF ENGLISH**

Seven levels of English are available from A1 (Beginners) to C2 (Proficiency), depending on the course.

**TEACHING STAFF**

All teachers, senior teachers and directors of studies are suitably qualified and / or experienced for the role.

**TEACHING METHODOLOGY**

Our teachers teach in a communicative, open and friendly way. They plan and deliver interesting lessons using relevant and current topics that encourage active and authentic participation from all students.

**EVALUATION**

Students' understanding and progress are monitored by the teachers during the week and every Friday, there is a short assessment to make sure students are improving. The results of this assessment are reviewed by the academic management team in case any adjustments are required for the following week.

**CERTIFICATION**

A digital course attendance certificate, teacher's report and any awards certificates won by the student are sent to parents and/or their representative by email after completion of the course.

CENTRE	COURSE	1	2	3	4	5	6	7
		A1 Beginner	A1-A2 Elementary	A2 Pre-Intermediate	B1 Intermediate	B2 Upper Intermediate	C1 Advanced	C2 Proficiency
Brambletye	Explorers	✓	✓	✓	✓	✓	✓	✗
	Adventurers	✓	✓	✓	✓	✓	✓	✗
Worth	Citizens	✗	✗	✓	✓	✓	✓	✗
	Citizens	✗	✗	✓	✓	✓	✓	✗
Oundle	Artists	✗	✗	✓	✓	✓	✓	✗
	Academics	✗	✗	✗	✓	✓	✓	✗
	Champions	✗	✗	✓	✓	✓	✓	✗
Uppingham	Footballers	✗	✗	✓	✓	✓	✓	✓
	Citizens	✗	✗	✓	✓	✓	✓	✓
	Professionals	✗	✗	✗	✓	✓	✓	✓

# 21st Century Learning

Our courses are based on the principles and content set out in the 21st century learning curriculum.

**META-LEARNING**

“HOW WE SYNTHESISE, REFLECT AND ADAPT”

**KNOWLEDGE**

“What we know & understand”

Interdisciplinarity  
Traditional (i.e. Mathematics)  
Modern (i.e. Entrepreneurship)  
Themes (i.e. Global Literacy)

**SKILLS**

“How we use what we know”

Creativity  
Critical Thinking  
Communication  
Collaboration

**CHARACTER**

“How we behave & engage in the world”

Mindfulness  
Curiosity  
Courage  
Leadership  
Resilience  
Ethics

21ST CENTURY LEARNER

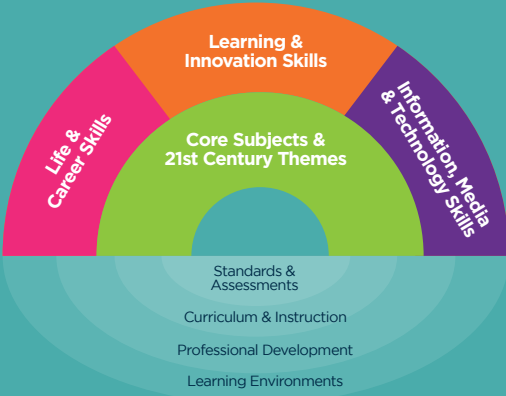
## FRAMEWORK FOR 21ST CENTURY LEARNING

Productivity & Accountability, Leadership & Responsibility, Flexibility & Adaptability, Social & Cross Cultural Skills, Initiative & Self Direction

Creativity, Critical Thinking, Collaboration, Communication

Media Literacy, Information Literacy, Information Communication Technology Literacy

Environmental Literacy, Global Awareness, Financial Literacy, Health Literacy, Civic Literacy





# Leisure programme



We know that learning happens most effectively when interactions are natural and authentic and when students are actively involved. Not only do they learn from their teachers and coaches they also learn from each other - and fast. The time our students spend on their sporting and leisure activities is just as valuable as the time spent on the more academic aspects of our courses.

## SPORTS AND LEISURE

Every day after lessons, students participate in a choice of different sports and recreational activities. These sessions, which are organised and supervised by staff, enable students to continue practising their listening and speaking skills while doing something they enjoy.

Examples are:

### Sports

- Athletics
- Badminton
- Basketball
- Football
- Kwik Cricket
- Rounders
- Squash
- Table Tennis
- Tennis
- Touch Rugby
- Volleyball

### Recreational Activities

- Art
- Board Game Challenge
- Bracelet Making
- Cake Baking
- Chess
- Circuit Training
- Countryside Trek
- Dance Choreography
- Drama Workshop
- Karaoke
- Kite Flying
- Landscape Painting
- Lego Competition
- Make-up Workshop
- Messy Games
- Model Making
- Origami
- Quiz
- Party Decorations Making
- Swimming
- Table Football Tournament
- Tie-dye T-shirt Printing
- Train Set Building
- Ultimate Frisbee
- Yoga



These sessions enable students to practise their listening and speaking skills while doing something they enjoy.

# BSS Experience

BSS Experience is an integral part of the wider BSS programme. Progressing through a series carefully selected ice-breaker activities, challenges, games and social events, students are able to meet their peers, build friendships, enjoy themselves and find their flow.

<b>SUNDAY</b> MISSION: INTEGRATION!	<b>MONDAY</b> CHALLENGES, GAMES & SOCIAL EVENTS	<b>TUESDAY</b> CHALLENGES, GAMES & SOCIAL EVENTS	<b>WEDNESDAY</b> CHALLENGES, GAMES & SOCIAL EVENTS	<b>THURSDAY</b> CHALLENGES, GAMES & SOCIAL EVENTS	<b>FRIDAY</b> LET'S CELEBRATE	<b>SATURDAY</b> CHILL AND CHAT
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On Sundays, students take part in a series of ice-breaker activities to allow and encourage them to meet new people on the campus.

From Monday to Thursday, to cement friendships and build confidence and trust, they take part in team-based challenges, competitions and social activities such as:

- Escape Room Challenge
- International Week
- Murder Mystery
- Olympics Project
- Talent Show
- The Cube

On Friday, we celebrate! This gives students an opportunity to showcase the projects they have been working on, receive awards and achievements, and celebrate their BSS experience in a relaxed and safe environment.

**“I learned about myself, how I treat others, and how I treat myself better.”**

Student, Summer 2025



# Pro Options

This programme is optional and replaces the regular Sports & Leisure programme on several afternoons. It involves 6 hours per week of professional tuition in a range of sports and is designed to increase students' skills, techniques, and knowledge of their chosen option.

These sessions are delivered by a suitably qualified coach or teacher and are available to students of all levels of proficiency.

PRO OPTIONS	BRAMBLETYPE	WORTH	OUNBLE	UPPINGHAM
Aviation Simulator	X	X	✓	X
Golf	X	✓	X	X
Gymnastics	✓	X	X	X
Horse Riding	✓	✓	X	X
Strength & Conditioning	X	X	✓	✓
Tennis	✓	✓	✓	✓

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# Cultural programme



Excursions are an important and compulsory part of the programme and enable students to visit London and other places of cultural and historical interest, go to the seaside as well as provide an opportunity for recreational activities and shopping.

Following a busy week at school, weekend excursions allow students to enjoy their new friendships in a more informal, genuine and relaxed setting.

**SATURDAYS**

These excursions are usually to London (not guaranteed) and can consist of a walking tour to see some of the famous sites and / or a visit a famous tourist attraction, depending on the schedule and time available:

**Walking Tour**

- Big Ben
- Buckingham Palace
- Changing of the Guard
- Covent Garden
- 10 Downing Street
- Houses of Parliament
- Oxford Street
- Piccadilly Circus
- Regents Street
- South Bank
- Trafalgar Square

**Tourist Attractions**

- London Eye
- London Transport Museum
- Madame Tussaud's
- Natural History Museum
- Riverboat Cruise
- Science Museum
- Tower of London

**SUNDAYS**

This excursion usually consists of a visit to a local city or seaside town:

- Explore the town / city
- Visit any local attractions
- Have a walk along the promenade
- Visit the pier
- Go to a café
- Go shopping



Excursions allow students to enjoy their new friendships in a relaxed setting.

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# True Me

True Me is an internal philosophy that underpins everything that we do at British Summer School.

True Me is a feeling, a message, an ambition, a vibe and a place of safety and mutual respect to allow students to express themselves, understand themselves, be themselves and live confidently and authentically.

True Me allows students to:

- Improve communication
- Improve self-confidence
- Enhance creativity
- Accept others
- Develop critical thinking skills
- Respect diversity
- Understand the importance of collaboration
- Celebrate difference
- Increase flexibility and adaptability
- Live authentically

### EVALUATION & REFLECTION

On Fridays during class time, students receive some self-evaluation time, supervised by their teacher. They reflect on what they have learned about themselves, their performance and how their personal skills, social skills, self-confidence, and authenticity have improved.

“I think it’s a good opportunity to know people, to learn and to improve English at the same time.”

Student, Summer 2025

# Care of our students

At British Summer School, we place huge importance on the level of care we provide to all our students while they are away from home. We also understand that different age groups require and benefit from different levels of care and support.

### SAFETY

All students receive a safety induction, relevant to their age, on the first or second day after arrival.

Most staff are residential and sleep in the same boarding houses as the students.

Every student has a House Parent, who is responsible for their wellbeing not only in the house but at all times during their stay.

The Welfare Manager is overall responsible for students’ safety and wellbeing.

### SUPERVISION

Students are supervised in all lessons and sports and organised leisure activities. Different supervision rules apply according to students’ ages and different rules apply on different courses. On campus, students are not supervised at all times, for example during breaks and free time. Off site, some students have free time away from British Summer School staff. See Student Handbook for more details.

### STAFFING RATIOS

British Summer School offers a generous staff to student ratio to ensure the safety and happiness of all students.

Our overall general ratio (staff/students) at each centre is at least 1:5.



### MEDICAL

Each centre has staff who are authorised to administer basic and prescription medication to students, under the guidance of the Welfare Manager or Nurse.

### FIRST AID

Each centre has a number of First Aiders who are trained to deal with accidents and medical emergencies in the first instance. Each centre is within easy reach of a hospital.

### CONTACT

You can contact a member of the British Summer School Head Office Team via at any time.

Different supervision rules apply according to students’ ages and different rules apply on different courses.





# At a glance



CENTRE	EXPECTED CENTRE CAPACITY*	BED/ROOM	COURSES	TUITION HOURS	ENGLISH LEVELS	AGES	ENGLISH THROUGH	LESSON TYPES	FOCUS SPECIALISMS	PRO OPTIONS
BRAMBLETYE	70	4-10	Explorers	20	A1-C1	6-11	Exploration	Core English Focus Exploration Learning & Innovation	• Exploration • Creation	• Gymnastics • Horse Riding • Tennis
WORTH	100	1-2	Adventurers	20	A1-C1	11-16	Adventure	Core English Focus Adventure Learning & Innovation	• Adventure	• Golf • Horse Riding • Tennis
			Citizens	20	A2-C1	11-16	Communication	Core English or Community Projects Focus Communication Learning & Innovation	• Communication	
OUNDLIE	200	1-6	Citizens	20	A2-C1	12-17	Communication	Core English or Community Projects Focus Communication Learning & Innovation	• Communication	• Aviation Simulator • Strength & Conditioning • Tennis
			Artists	20	A2-C1	12-17	Creative Arts	Core English Focus Arts Learning & Innovation	• Art • Dance • Drama • Music	
			Academics	20	B1-C1	12-17	Academic Study	Core English Focus Academic Learning & Innovation	• Business • Engineering • Humanities • Maths • Science • Writing	
			Champions	28.75	A2-C1	12-17	Tennis	Core English Focus Sports Science Technical Training	• Sports Science	
UPPINGHAM	100	1-6	Footballers		A2-C2	12-18	Football	Workshop or Strength & Conditioning Technical Training	• Football	• Strength & Conditioning • Tennis
			Citizens	20	A2-C1	13-18	Communication	Core English or Community Projects Focus Communication Learning & Innovation	• Communication	
			Professionals	20	B1-C2	16-18	Professional Study	Elective 1 Focus Professional Elective 2	• Entrepreneurship • International Relations • Leadership • Media & Communications	

\* Capacity might be lower or higher depending on the weeks attended.

# Who came to BSS last year?

43 different nationalities attended British Summer School in 2025 (across all courses).





