

True Me

True Me is an internal philosophy that underpins everything that we do at British Summer School.

True Me is a feeling, a message, an ambition, a vibe and a place of safety and mutual respect to allow students to express themselves, understand themselves, be themselves and live confidently and authentically.

True Me allows students to:

- Improve communication
- Improve self-confidence
- Enhance creativity
- Accept others
- Develop critical thinking skills
- Respect diversity
- Understand the importance of collaboration
- Celebrate difference
- Increase flexibility and adaptability
- Live authentically

EVALUATION & REFLECTION

On Fridays during class time, students receive some self-evaluation time, supervised by their teacher. They reflect on what they have learned about themselves, their performance and how their personal skills, social skills, self-confidence, and authenticity have improved.

“I think it’s a good opportunity to know people, to learn and to improve English at the same time.”

Student, Summer 2025

Care of our students

At British Summer School, we place huge importance on the level of care we provide to all our students while they are away from home. We also understand that different age groups require and benefit from different levels of care and support.

SAFETY

All students receive a safety induction, relevant to their age, on the first or second day after arrival.

Most staff are residential and sleep in the same boarding houses as the students.

Every student has a House Parent, who is responsible for their wellbeing not only in the house but at all times during their stay.

The Welfare Manager is overall responsible for students’ safety and wellbeing.

SUPERVISION

Students are supervised in all lessons and sports and organised leisure activities. Different supervision rules apply according to students’ ages and different rules apply on different courses. On campus, students are not supervised at all times, for example during breaks and free time. Off site, some students have free time away from British Summer School staff. See Student Handbook for more details.

STAFFING RATIOS

British Summer School offers a generous staff to student ratio to ensure the safety and happiness of all students.

Our overall general ratio (staff/students) at each centre is at least 1:5.



MEDICAL

Each centre has staff who are authorised to administer basic and prescription medication to students, under the guidance of the Welfare Manager or Nurse.

FIRST AID

Each centre has a number of First Aiders who are trained to deal with accidents and medical emergencies in the first instance. Each centre is within easy reach of a hospital.

CONTACT

You can contact a member of the British Summer School Head Office Team via at any time.

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