

Lessons

Citizens of the future

CORE ENGLISH

English language lessons are designed to improve students' receptive and productive skills (reading, writing, speaking, listening), extend the scope and range of their vocabulary in both formal and informal contexts and deepen their understanding of grammar to improve spoken and written accuracy.

COMMUNITY PROJECTS

These projects are designed to promote language learning through real-life practice, while also engaging students in meaningful activities that address 21st century problems for the benefit of the wider community. Projects may include:

- Prepare a sketch and perform it
- Design a community clean-up project
- Write a short survey about a 21st century problem
- Create a street art mural about the benefits of diversity
- Design a newsletter about the importance of green energy
- Write a story about a community problem such as homelessness
- Write to the local MP about a community problem



FOCUS COMMUNICATION

Effective communication is key to success in the 21st century and developing core communication skills is an integral and crucial part of this course.

These lessons are designed to help students develop the skills required to communicate more freely, naturally, and confidently in English in academic, recreational, and professional contexts.

Lessons include a range of oral and written communication methods such as:

- Academic essay writing
- Business report writing
- Creative writing
- Debating
- Negotiating
- Networking
- Presenting

LEARNING & INNOVATION

These task-based lessons enable students to work collaboratively to research, discuss and create projects that reflect their knowledge, skills, and personality while developing strategies that are essential for success in the 21st century. The projects have been specially created to help develop the students' capabilities in each of the 4Cs that form the core of the 21st century learning curriculum: Collaboration, Communication, Creativity, and Critical Thinking.

EXAM COURSES

Cambridge Assessment offers a series of globally-recognised exams that accredit students' English level for study and work.

The following Cambridge exam preparation course are available:

- B1 Preliminary
- B2 First
- C1 Advanced

These courses offer dedicated preparation and intensive exam practice instead of Core English & Learning & Innovation.

Students sit the exam at an external testing centre at the end of their course.



MISSION: INTEGRATION!

Sunday evenings offer organised ice-breaker activities that allow new and continuing students to meet each other and start to build new friendships.

TIMETABLE

A typical week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30	New students	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	Departing students
08:00	ARRIVAL DAY	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	DEPARTURE DAY
08:45	Students can arrive at any time, but preferably in the afternoon.	Meeting	Meeting	Meeting	Meeting	Meeting	Departing students should depart in the morning and cannot attend the excursion.
09:00	Continuing students ALL DAY EXCURSION City / Seaside Town Visit Visit a local city or seaside town to explore the town / city, visit local attractions, have a walk along the promenade, go to a café or go shopping.	Core English (1¼ hrs) What does true friendship mean? What attributes does an ideal friend have? How many true friends do you have? or Community Projects Sketch illustrating diversity	Core English (1¼ hrs) In pairs, make a list of the advantages and disadvantages of playing modern computer games. or Community Projects Community clean-up	Core English (1¼ hrs) What domestic and global social media channels do you use, how often and what for? or Community Projects Street Art mural	Core English (1¼ hrs) In pairs, research some basic facts about BREXIT and present your findings to the class. or Community Projects Newsletter about Home Solar Panels	Core English (1¼ hrs) Revision Assessment True Me Reflection or Community Projects Letter to local MP	Continuing students ALL DAY EXCURSION London Walking tour to see some of the famous sites such as 10 Downing Street, Big Ben, Buckingham Palace, Covent Garden, Houses of Parliament, Leicester Square, Oxford Street, Piccadilly Circus, Trafalgar Square. and / or Visit a famous tourist attraction such as Cutty Sark, London Eye, London Transport Museum, Madame Tussaud's, Natural History Museum, Riverboat Cruise, Science Museum or Tower of London.
10:15		Break	Break	Break	Break	Break	
10:30		Focus Communication (1¼ hrs)	Focus Communication (1¼ hrs)	Focus Communication (1¼ hrs)	Focus Communication (1¼ hrs)	Focus Communication (1¼ hrs)	
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	
13:00		Learning & Innovation (1¼ hrs)	Learning & Innovation (1¼ hrs)	Learning & Innovation (1¼ hrs)	Learning & Innovation (1¼ hrs)	Learning & Innovation (1¼ hrs)	
14:15		Break	Break	Break	Break	Break	
14:45		Sports & Leisure (1¼ hrs) <i>Choose between:</i> Football Volleyball Fitness Session Model Making Pro Options (1½hrs)	Sports & Leisure (1¼ hrs) <i>Choose between:</i> Basketball Athletics Tennis Salsa Lesson Pro Options (1½hrs)	Sports & Leisure (1¼ hrs) <i>Choose between:</i> Football Rounders Messy Games Landscape Painting	Sports & Leisure (1¼ hrs) <i>Choose between:</i> Kwik Cricket Tennis Swimming Tie-dye t-shirt Pro Options (1½hrs)	Sports & Leisure (1¼ hrs) <i>Choose between:</i> Football Basketball Circuits Challenge Yoga Pro Options (1½hrs)	
16:30		Free Time	Free Time	Free Time	Free Time	Free Time	
18:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	BSS Experience (1½ hrs) Mission: Integration! Team games, icebreaker activities and challenges to encourage friendship, having fun and getting to know your setting.	BSS Experience (1½ hrs) The Cube Work as a team to partake in a range of challenges all designed to be completed in a small square. Don't let the pressure of the cube distract you from your mission.	BSS Experience (1½ hrs) Capture the Flag Work as a team to capture the opposing team's flag and bring it back to your base without getting tagged. Your strategic skills and teamwork will be tested.	BSS Experience (1½ hrs) Task Master Work as a team to complete creative and bizarre tasks set by the Task Master. This will test your skills, teamwork and agility.	BSS Experience (1½ hrs) Lanterns Work as a team to design and create lanterns for the 'Friday Let's Celebrate' ceremony. Designs represent national pride, your BSS journey and friendship.	BSS Experience (1½ hrs) Let's Celebrate Showcase the projects you have been working on, receive awards and join the disco with friend.	Chill and Chat
20:30	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
21:00	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting
22:15	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)	Lights Out (13-14yrs)
23:00	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)	Lights Out (16-18yrs)

For illustrative purposes only; actual activities and timings may be different.