Eastbourne **Little Explorers**

With a beautiful setting at the foot of Beachy Head, an area of outstanding natural beauty, our Eastbourne centre overlooks the sea and is the term-time home of Bede's Preparatory School. This compact centre, founded as the first Bede's School in 1895, has the feel of a family home and offers a safe and welcoming environment for our youngest students. The academic, social and cultural programme is carefully designed to educate and inspire our youngest learners.

The Little Explorers course is full of lessons, activities, events and excursions that give students a great introduction to the UK. Lessons are in small classes with a syllabus and materials perfect for young learners. Activities make use of our outstanding facilities and are designed around the interests of younger students.

The evening entertainment programme provides an opportunity for recreation and fun and is designed to immerse students in the English language and culture in a stimulating and innovative way. Excursions enable students to visit places of interest. Students will go on a half-day trip on Wednesday afternoons and full-day trips on Saturdays and Sundays to our exciting range of historic, cultural and fun attractions and destinations.

ACCOMMODATION

Secure boarding houses have bedrooms accommodating 4-8 students that enable new friendships to form and help a sense of community to develop. Students share their bedroom with children of a similar age and from different countries. Bathrooms are shared and in close proximity to bedrooms.

FACILITIES AT EASTBOURNE

- Art Studio
- IT Suite
- Astroturf Playground Mud Garden
- Beach Access
- Sea Views
- Dance Studio
- Sports Fields
- Drama Theatre
- Sports Hall
- Garden Access
- Swimming Pool

LOCATION

Our Eastbourne Little Explorers centre is located at Bede's Preparatory School, situated between the town of Eastbourne, the South Downs National Park and directly in front of the beach.

London: 74 miles/119 km LGW: 50 miles/81 km LHR: 89 miles/143 km

TOP 10 NATIONALITIES 2025

- Belgian
- Chinese
- Italian
- Russian Turkish
- Brazilian
- French
- Japanese
- Spanish
- Ukrainian







Academics

This carefully crafted programme, with 17½ hours of lessons per week, consists of English Skills, StoryTime and Explorations, where students learn English through stimulating subjects such as Science, Maths, Geography, Art and History.

Lessons improve students' general language competencies (including grammar and vocabulary) while placing particular emphasis on communication, fluency and building confidence in the speaker.

ENGLISH LEVELS & CLASSES

| | Little Explorers | |
|-------|--------------------|---|
| A0 | Complete Beginner | • |
| A1 | Beginner | • |
| A1-A2 | Elementary | • |
| A2 | Pre-Intermediate | • |
| B1 | Intermediate | • |
| B2 | Upper Intermediate | • |
| C1 | Advanced | • |
| C2 | Proficiency | • |

For further information on Academics at Bede's Summer School, please see <u>page 12</u> of the Introduction.

ENGLISH SKILLS

These lessons are designed to improve students' general language skills, extend their vocabulary and better their understanding of grammar, to improve accuracy when producing spoken and written English.

STORYTIME

Working on several different children's stories per week, StoryTime lessons stimulate students' natural curiosity, develop their listening and speaking skills and extend their everyday vocabulary.

EXPLORATIONS

These lessons use CLIL methodology to develop students' English skills through a range of stimulating subjects such as Science, Maths, Geography, Art and History to enable the students to explore and develop their interaction skills.

STUDENT AMBASSADORS

Bede's carefully selects high-achieving, year-round students to help in lessons. Under the guidance of our teachers, our ambassadors support students in the development of their communication and interaction skills.



Leisure

SPORTS & ACTIVITIES (AFTERNOONS)

After lessons, students participate in a variety of sports and recreational activities. Students will be able to choose their preferred sport or activity. Creative activities are particularly popular with this age group.

Examples are: Cake Baking, Clay Modelling, Dance, Football, Swimming, Table Tennis and Tie Die T-Shirts.

SOCIAL EVENTS (EVENINGS)

Social events are always the perfect time for students to mix and enjoy themselves with their new friends. At Eastbourne they include: Disco, Egg Drop Challenge, Fashion Show, Karaoke, Messy Games, Mini Olympics, Talent Show, and Treasure Hunt.



EXCURSIONS

Excursions are a great way for Little Explorers to safely venture outside of their campus. We offer students the opportunity to visit places of cultural and historical interest, as well as chances for sightseeing, shopping and amusement.

Examples of excursions are:

Wednesdays (half-day)

Blackberry Farm, Drusillas Park, Knockhatch Adventure Park

Saturdays (London full-day)

London Eye, London Science Museum, The Paddington Experience

Sundays (full-day)

Arundel Castle, Brighton Sealife Centre, Legoland

BEDE'S HOLIDAY CLUB

Bede's Holiday Club is a day activity camp for local British children to spend their summer at Bede's Eastbourne making friends with our Little Explorers!

Summer School students have the opportunity to interact during breaks, afternoon activities and mealtimes with children from the local community. This will help build their confidence and provide excellent practice for their English skills in real-life scenarios.



Academies

FILM & ANIMATION

Bede's Film & Animation Academy is a fun and interesting way to help young students reach their creative potential by creating a short film using Stop Motion animation techniques. Students begin by creating a story, set, and clay characters for their film, which they then photograph and physically move the objects within the frame to tell their story.



Bede's LEGO & Coding Academy gives students the opportunity to combine creative building skills with the power of programming to design interactive and functional LEGO creations. LEGO & Coding is an exciting journey where creativity meets technology. As they explore this dynamic combination, students will expand their language skills, mastering the terminology and language needed to create, code, and communicate in the world of LEGO and technology.

HORSE RIDING

Students on the Bede's Horse Riding
Academy will have a riding lesson and
rides in the local countryside, under close
supervision. The instructors are experienced
in teaching young children for whom this
may be their first time on a horse, as well as
catering for more advanced riders. Students
also have the opportunity to learn about
caring for horses, grooming and stable
management after their rides. Student
height, weight, and experience level are
required for this academy.

INDOOR CLIMBING

Bede's Indoor Climbing Academy enables students to develop strength, agility, and problem-solving skills through rock climbing in a safe indoor environment. With expert instructors guiding them, students will learn climbing techniques, safety protocols, and how to conquer challenging routes. Whether for fun or competitive interest, this academy provides a supportive space for young climbers to grow and push their limits.

SWIMMING

For students who enjoy swimming, the Bede's Swimming Academy will help improve their technique in a fun and structured environment. The academy also teaches water safety knowledge and increases overall confidence in the water.

TFNNIS

Bede's Tennis Academy offers students the opportunity to improve their tennis skills and technique. Sessions will specifically look at offensive and defensive actions as well as how to position on court and improve their tennis ability.

ZOOKEEPER EXPERIENCE

Bede's Zookeeper Experience Academy offers students an opportunity to become a zookeeper at our very own zoo at the Dicker Centre. Students will help to care for the animals and learn about their welfare and behaviour. Bede's Zoo is home to 170 animals including binturongs, squirrel monkeys, lemurs, chinchillas, marmosets, guinea pigs and reptiles.





TYPICAL WEEK

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | |
|---|--|---|--|--|--|---|---|--|--|--|--|
| 07.30 | | | | Wake Up | | | | | | | |
| 08.00 | | Breakfast | | | | | | | | | |
| 08.45 | | | | Student Meeting | | | l | | | | |
| Stude anytin recom betwe EXCU Hastin Pirate Stude the 's' entert | ARRIVAL DAY Students can arrive anytime, but we recommend they arrive between 9am and 6pm. EXCURSION Hastings Old Town Pirate Day Event Students can join in the 'swashbuckling' entertainment at the biggest annual Pirate | ENGLISH SKILLS 1 People and places Greetings: Getting to know you. Vocabulary: Continents, countries, languages. Maps: Location. Grammar: Questions with where, what. | ENGLISH SKILLS 1 Describing people: Appearance and personality Vocabulary: Parts of the body, clothes, adjectives. Grammar: Verbs to be, have. Affirmative, negative, questions Short answers. | ENGLISH SKILLS 1 Describing places: My city/town Vocabulary: Shops, places of interest. Grammar: Comparatives, superlatives. Talking about our cities. | ENGLISH SKILLS 1 Situation: In the school dining room Vocabulary: Main dishes, sides, salad bar, vegetarian options. Food items for: Breakfast, Lunch, Dinner, packed lunches. | ENGLISH SKILLS 1 Grammar: Useful questions Can I have more/ another one/a fork/ spoon/glass please? What's in it please? Can you pass me the chocolate spread please? Role-plays. | DEPARTURE DAY AN LONDON EXCURSIO Students depart the centre, preferably in the morning. Departi students do not atter the excursion. EXCURSION Excursion to Shrek Adventure Students will have the opportunity to go on | | | | |
| 09.45 | event in Hastings. | | | Break | | | magical full-day trip | | | | |
| 10.15 | The festivals includes: Street Parades Pirate Ship Rides Displays Live Music Pirate and Craft Markets Walk the Plank The day will also include a seaside Pier | ENGLISH SKILLS 2 Grammar: Likes/dislikes. Quiz: Knowing your classmates. Introducing your classmate to the class. Game: Who is Who? | ENGLISH SKILLS 2 Famous people Vocabulary: Professions, qualities, countries. Famous people/characters. Grammar: Comparatives. | ENGLISH SKILLS 2 Knowing Eastbourne Vocabulary: Location, population, places to visit, things to do, what to eat. | ENGLISH SKILLS 2 Understanding the weekly school menus Grammar: Likes/dislikes. | ENGLISH SKILLS 2 Progress Test. | to London's Shrek's Adventure. They will be fully immersed in the world of Far Far Away, enjoying an interactive journey filled with games, shows, and encounter with their favourite characters, creating lasting memories and strengthening | | | | |
| 10.45 | visit, shopping and a | | | Break | | | friendships outside | | | | |
| 11.00 | | STORYTIME The Princess and the Dragon Warmer: Vocabulary and grammar activities. Listening: The story. Speaking: Choosing a new end. | STORYTIME Ali and the Magic Carpet Introduction to the topic. Order the sections of the story. Listening to and reading the story. Retelling the story. | STORYTIME Monster Shopping Trip Warmer: Vocabulary. Speaking: Students imagine the story. Watching the story. Craft activity: Changing characters. | STORYTIME The Lonely Dinosaur Warmer: Flash cards. Listening to the story. Grammar game. Invent your own dinosaur. | STORYTIME Shrek Online game: Shrek. Vocabulary activities. Reading the story. Shrek puzzle. Warmer: Flash cards. Listening to the story. Grammar game: Invent your own dinosaur. | of the classroom. Sights and day include Big Ben House of Parliament Buckingham Palace. Students will also have the opportunity to visit a few shops to buy some souvenirs. | | | | |
| 12.00 | | Link & Think Collaborative Group Games. | Arrival Questionnaire | Link & Think Collaborative Group Games. | Link & Think Collaborative Group Games. | Departure Questionnaire | | | | | |
| 12.30 | | | | Lunch | | | - | | | | |
| 13.30 | | EXPLORATIONS Science: The Human Body. Vocabulary: Body Parts, Verbs of Senses. Grammar: Present Simple and Present Continuous. Sing and move with Head and Shoulders, Knees and Toes — total Physical Response. | EXPLORATIONS Maths: Numbers All Around Me. Vocabulary: Ages, Birthdays, Counting Objects in the classroom. Birthday classroom chart. | Me. Excursion to Knockhatch Adventure Park. Students can enjoy a thrilling day out participating in a variety of activities, from meeting farm Knockhatch My Country the World N Vocabulary Countries a Nationalitie Speaking: Talk about | EXPLORATIONS Geography: My Country and the World Map. Vocabulary: Countries and Nationalities. Speaking: Talk about where you are from and your country. | EXPLORATIONS Design and Technology: LEGO Animals. Vocabulary: Animals and their habitats. Speaking: Describe animals and habitats. Mini art gallery walk. | | | | | |
| 14.45 | | Break/Stu | ent Meeting | friendships outside | Break/Stud | dent Meeting | | | | | |
| 15.15 | | ACTIVITIES & ACADEMIES Dodgeball, Football, Cooking, Bracelet Making. | ACTIVITIES & ACADEMIES Dance, Handball, Short Tennis, Drama. | of the classroom. | ACTIVITIES & ACADEMIES Stone Painting, Gymnastics, Swimming, Touch Rugby. | ACTIVITIES & ACADEMIES Martial Arts, Football, Athletics, Puppetry. | | | | | |
| 16.45 | | Free Time/Phone Time | | | Free Time/Phone Time | | | | | | |
| 17.30 | | Dinner | | | | | | | | | |
| 8.15 | | | | Evening Registration | | | | | | | |
| 18.30 | SOCIAL EVENTS Welcome Games and Activities. | SOCIAL EVENTS Bede's Got Talent. | SOCIAL EVENTS Treasure Hunt. | SOCIAL EVENTS Pantomime. | SOCIAL EVENTS Colour Run. | SOCIAL EVENTS The Bede's Star Awards, Disco. | SOCIAL EVENTS Movie Night. | | | | |
| | | | | | | | | | | | |
| 0.00 | | | | House Meeting & Free Time | 9 | | | | | | |

This is an example timetable for illustrative purposes only.