



YA+ SUMMER  
PROGRAMME

# Young Adult Plus Sample Weekly Schedule

From arrival to departure - see how lessons, meals, and activities fit together each day.

We're excited to meet you! Upon your arrival at the airport, our friendly driver will greet you with big smiles and assist you in settling in to the residence. Here's what will happen next.



## CHECK-IN & SETTLE IN

Our driver will accompany you to the hotel residence. You can meet your new roommates, unpack and take some time to settle in.



## FIRST DAY AT SCHOOL

On Monday morning, begin with a welcome meeting, orientation, and your first lessons before joining activities.



## PROGRAMME KICK-OFF

On Monday morning, begin with a welcome meeting, orientation, and your first lessons before joining activities.

## A FEW TIPS

- Pack swimwear, sunscreen, and casual clothes for the island vibe, plus a notebook and pen for class.
- This is a 24/7 supervised programme - you'll be supported by our leaders throughout your stay.
- Need help? An emergency number will be provided to parents and juniors after registration.

WEEK 1	MORNING	AFTERNOON	EVENING
SAT/ SUN	<b>WELCOMING NEW ARRIVALS</b>		
MON	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45) 12:30 - <b>WELCOME MEETING AT SCHOOL</b>	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>	19:00-20:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:00 <b>DINNER AT TOPAZ</b> 19:30-22:00 <b>WELCOME DRINKS AT O'REILLY'S PUB</b>
TUE	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:00 <b>DINNER AT TOPAZ</b> 19:30 - 22:30 <b>VALLETTA TOUR + WATERFRONT</b> Meeting Point: Topaz Hotel
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
WED	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b> 15:00 - 18:30 <b>BEACH ACTIVITIES</b> Meeting Point: Topaz Hotel	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
THUR	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 - 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 - 13:45 <b>LUNCH AT TOPAZ</b> 14:45 - 18:45 <b>SECRETS OF MALTA TOUR</b> Meeting Point: Topaz Hotel	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
FRI	08:30-09:30 <b>BREAKFAST AT TOPAZ</b> 10:00 - 17:00 <b>MARSAXLOKK, BLUE GROTTTO, MOSTA + MORE TOUR</b> Meeting Point: Topaz Hotel 12:30 - 13:45 <b>LUNCH AT TOPAZ</b>		18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	08:30-09:30 <b>BREAKFAST AT TOPAZ</b>	12:30 - 13:45 <b>LUNCH AT TOPAZ</b> <b>FREE TIME</b>	19:00-20:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
SUN			
SAT			

*This is a sample program. The official version will be uploaded online on the Friday before you arrive in Malta and updated weekly. Activities and schedules may be adjusted due to weather, logistics, or other practical considerations.*

WEEK 2	MORNING	AFTERNOON	EVENING
SAT/ SUN	<b>WELCOMING NEW ARRIVALS</b>		
MON	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45) 12:30 - <b>WELCOME MEETING AT SCHOOL</b>	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	19:00-20:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:00 <b>DINNER AT TOPAZ</b> 19:30-22:00 <b>WELCOME DRINKS AT O'REILLY'S PUB</b>
TUE	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:00 <b>DINNER AT TOPAZ</b> 19:30 – 22:30 <b>3 CITIES TOUR &amp; VITTORIOSA WATERFRONT</b> Meeting Point: Topaz Hotel
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
WED	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
THUR	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
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FRI	07:00 -7:45 - <b>BREAKFAST AT TOPAZ</b> 08:30 - <b>ARRIVAL AT SCHOOL</b> 09:00 – 12:15 <b>ENGLISH LESSONS</b> (Coffee Break 10:30-10:45)	12:15 <b>END OF SCHOOL DAY</b> 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>	18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
	08:30-09:30 <b>BREAKFAST AT TOPAZ</b> 10:00 – 17:00 <b>COMINO 'BLUE LAGOON' CRUISE</b> Meeting Point: Topaz Hotel 12:30 – 13:45 <b>LUNCH AT TOPAZ</b>		18:00-19:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>
SUN	08:30-09:30 <b>BREAKFAST AT TOPAZ</b>	12:30 – 13:45 <b>LUNCH AT TOPAZ</b> <b>FREE TIME</b>	19:00-20:30 <b>DINNER AT TOPAZ</b> <b>FREE TIME</b>

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**BELS**

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